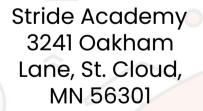
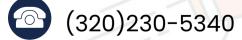
KINDERGARTEN GUIDE











More Information



strideacademy.org

PRE-ENROLLMENT CHECKLIST



According to Minnesota statute, a child is ready for kindergarten when he/she:

- Is at least 5 years of age by Sept. 1 of the child's start of kindergarten
- Has received early childhood screening
- Has received medically acceptable immunizations





SCREENING

Charter Schools highly recommend Early Childhood Screening for all children entering kindergarten. Ideally, your child should complete this between the ages of 3 ½ and 4. If your child has NOT completed this FREE screening, please contact Early Childhood Education at 320-370-8250.



UPDATE YOUR CHILD'S IMMUNIZATIONS

For the safety of all children, Minnesota state law requires that your child has been immunized against: 5 DTP (diphtheria, tetanus, pertussis), 4 Polio, 2 MMR (measles, mumps, rubella), Series of 3 hepatitis B and 2 varicella. Immunization records must be returned to your child's school nurse by Aug. 15. If your child has a medical reason for not receiving immunizations, a signed statement from your physician or clinic is needed. Families who object to the immunizations must provide a notarized declination form (available upon request).

PREPARING FOR KINDERGARTEN



Is your soon-to-be kindergartner prepared for kindergarten? Below are examples of knowledge and skills that contribute to children's success in school. This list shows examples of children's development.

LANGUAGE & LITERACY SKILLS

- Likes books and being read to
- Knows that letters have sounds
- Sings and knows rhymes Shows interest in sounds and words
- Holds a book and turns pages
- Knows upper and lower case letters
- Knows words that rhyme and joins rhyming games
- Talks to kids and adults in full sentences

SMALL & LARGE MOTOR SKILLS

- Holds scissors correctly
- Cuts straight and curved lines with some skill
- Holds pencil, crayon and marker in the right way
- Writes name with only the first letter capital
- Catches and throws a ball
- Hops on one foot and gallops

STUDENT SELF-HELP SKILLS

- Eats a mix of healthy foods
- Sleeps 10-11 hours per night
- Says full name
- Uses toilet without help
- Washes and dries own hands
- Blows nose and covers sneezes and coughs
- Tells others what they need
- Puts on own shoes and coat

MATH SKILLS

- Knows numbers 0-10 in any order
- Counts to 20 or higher Knows basic shapes (circle, square, triangle, etc.)
- Names 10 colors
- Counts a group of 10 objects
- Sees and completes simple patterns (red, blue, red, blue)

SOCIAL & EMOTIONAL SKILLS

- Listens to adults and follows rules
- Keeps hands and feet to self
- Gets along with other children
- Plays with other children and solves problems with kindness
- · Sits and listens for a short time
- Names feelings and controls actions
- Listens to a story without interrupting
- Stays with task even when difficult
- Tries new things

MANY WAYS TO ENROLL

OPEN HOUSE Jan. 23rd 4-6pm



KINDERGARTEN ENROLLMENT IS UNDERWAY!

Enrolling in kindergarten is required and is a separate enrollment process from preschool and early childhood screening.

OPEN HOUSE

Join us at a Kindergarten Open House!

STRIDE Academy, Jan. 23rd, 4:00p - 6:00p

ONLINE

Enroll your soon-to-be kindergartener from the comfort of your home by using our online enrollment feature available 24 hours a day, 7 days a week.

Go to: www.strideacademy.org/enroll



320-230-5340. (English, Somali, and Spanish)

SCREENING Reccomended

Visit the Welcome Center and enroll inperson at Quarryview Education Center, 800 7th St S, Waite Park. OR Call 320-370-8250

Monday - Friday

7:30am-4:30pm

HOW WILL MY CHILD GROW?



STRIDE Academy offers several programming options for your child to learn and develop within a safe and caring environment. We focus on each child's success in school and learning. Our outstanding teachers and staff look forward to partnering with you as your child experiences a wide variety of learning opportunities.

SOCIAL/EMOTIONAL GROWTH

Develops positive, constructive relationships

- Builds self-confidence, self-respect and respect for others
- Learns to cooperate, negotiate, follow directions and problem-solve
- Sees themselves as part of a diverse community

PHYSICAL GROWTH

- Develops small and large motor skills
- Develops independence and self-help skills



INTELLECTUAL GROWTH

English Language Arts

 Reading, writing, rhyming, sight vocabulary, sequencing and retelling, alphabet and sounds

Math

 Numbers, counting, graphs, measuring, patterns, estimation, addition, subtraction, shapes, classification, money and telling time

Social Studies/Science/Health

 Community helpers, careers, maps and globes, family, diversity, seasons, weather, environment and healthy eating habits

Social Studies/Science/Health

• Art, music, dance, and physical education

WHAT IS KINDERGARTEN LIKE?



Kindergarten involves:

INTERACTING WITH MORE PEOPLE

Kindergarten is usually part of a larger school. So, your child may interact with more teachers, school staff and children.

NEW EXPERIENCES & ACTIVITIES

For the first time in his or her life, your child may:

- Use a school library
- Play in a gym
- Eat in a cafeteria
- Ride a school bus

GROUP SETTING

Your child may be in a class with up to 20 children. This may mean less individual attention, but it also means a chance to:

- Develop independent work habits
- Learn to work and play with a group
- Learn from the diversity of classmates

MORE FOCUS ON LEARNING

Compared to preschool or daycare, your child may spend more time doing:

- · Science and math activities
- Reading and writing activities
- Pencil and paper exercises

Changes like these can help your child grow in many ways. Talk about them in a positive way.

MORE STRUCTURE

Kindergarten classrooms have daily routines.



SCHOOL SERVICES



TRANSPORTATION

Transportation for kindergarten students is provided to families who reside in a school's attendance area and live farther than one mile from that school. Transportation registration forms and information can be obtained from our student service support. (Chris Lichy)

Trobec's Bus Service: 320-251-1202 Palmer Bus Service: 320-204-1189 Spanier Bus Service: 320-251-3313



NUTRITIONAL SERVICES

New Horizon caters our food for STRIDE Academy daily. We follow the AGA guidelines and a menu is provided each month online. Your child can bring their own lunch if they prefer.

