

STRIDE ACADEMY



KINDERGARTEN GUIDE



ABC

Stride Academy
3241 Oakham
Lane, St. Cloud,
MN 56301



(320)230-5340

More Information



strideacademy.org

STRIDE ACADEMY

PRE-ENROLLMENT CHECKLIST



According to Minnesota statute, a child is ready for kindergarten when he/she:

- Is at least 5 years of age by Sept. 1 of the child's start of kindergarten
- Has received early childhood screening
- Has received medically acceptable immunizations



EARLY CHILDHOOD SCREENING

Charter Schools highly recommend Early Childhood Screening for all children entering kindergarten. Ideally, your child should complete this between the ages of 3 ½ and 4. If your child has NOT completed this FREE screening, please contact Early Childhood Education at 320-370-8250.



UPDATE YOUR CHILD'S IMMUNIZATIONS

For the safety of all children, Minnesota state law requires that your child has been immunized against: 5 DTP (diphtheria, tetanus, pertussis), 4 Polio, 2 MMR (measles, mumps, rubella), Series of 3 hepatitis B and 2 varicella. Immunization records must be returned to your child's school nurse by Aug. 15. If your child has a medical reason for not receiving immunizations, a signed statement from your physician or clinic is needed. Families who object to the immunizations must provide a notarized declination form (available upon request).

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PREPARING FOR KINDERGARTEN



Is your soon-to-be kindergartner prepared for kindergarten? Below are examples of knowledge and skills that contribute to children's success in school. This list shows examples of children's development.

LANGUAGE & LITERACY SKILLS

- Likes books and being read to
- Knows that letters have sounds
- Sings and knows rhymes Shows interest in sounds and words
- Holds a book and turns pages
- Knows upper and lower case letters
- Knows words that rhyme and joins rhyming games
- Talks to kids and adults in full sentences

SMALL & LARGE MOTOR SKILLS

- Holds scissors correctly
- Cuts straight and curved lines with some skill
- Holds pencil, crayon and marker in the right way
- Writes name with only the first letter capital
- Catches and throws a ball
- Hops on one foot and gallops

STUDENT SELF-HELP SKILLS

- Eats a mix of healthy foods
- Sleeps 10-11 hours per night
- Says full name
- Uses toilet without help
- Washes and dries own hands
- Blows nose and covers sneezes and coughs
- Tells others what they need
- Puts on own shoes and coat

MATH SKILLS

- Knows numbers 0-10 in any order
- Counts to 20 or higher Knows basic shapes (circle, square, triangle, etc.)
- Names 10 colors
- Counts a group of 10 objects
- Sees and completes simple patterns (red, blue, red, blue)

SOCIAL & EMOTIONAL SKILLS

- Listens to adults and follows rules
- Keeps hands and feet to self
- Gets along with other children
- Plays with other children and solves problems with kindness
- Sits and listens for a short time
- Names feelings and controls actions
- Listens to a story without interrupting
- Stays with task even when difficult
- Tries new things

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MANY WAYS TO ENROLL

OPEN HOUSE Jan. 23rd 4-6pm



KINDERGARTEN ENROLLMENT IS UNDERWAY!

Enrolling in kindergarten is required and is a separate enrollment process from preschool and early childhood screening.

1 OPEN HOUSE

Join us at a Kindergarten Open House!

STRIDE Academy, Jan. 23rd, 4:00p - 6:00p

3 SCREENING Recommended

Visit the Welcome Center and enroll in-person at Quarryview Education Center, 800 7th St S, Waite Park.
OR Call 320-370-8250

Monday - Friday

7:30am-4:30pm

2 ONLINE

Enroll your soon-to-be kindergartener from the comfort of your home by using our online enrollment feature available 24 hours a day, 7 days a week.



Go to: www.strideacademy.org/enroll



320-230-5340. (English, Somali, and Spanish)

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HOW WILL MY CHILD GROW?



STRIDE Academy offers several programming options for your child to learn and develop within a safe and caring environment. We focus on each child's success in school and learning. Our outstanding teachers and staff look forward to partnering with you as your child experiences a wide variety of learning opportunities.

SOCIAL/EMOTIONAL GROWTH

Develops positive, constructive relationships

- Builds self-confidence, self-respect and respect for others
- Learns to cooperate, negotiate, follow directions and problem-solve
- Sees themselves as part of a diverse community

PHYSICAL GROWTH

- Develops small and large motor skills
- Develops independence and self-help skills

INTELLECTUAL GROWTH

English Language Arts

- Reading, writing, rhyming, sight vocabulary, sequencing and retelling, alphabet and sounds

Math

- Numbers, counting, graphs, measuring, patterns, estimation, addition, subtraction, shapes, classification, money and telling time

Social Studies/Science/Health

- Community helpers, careers, maps and globes, family, diversity, seasons, weather, environment and healthy eating habits

Social Studies/Science/Health

- Art, music, dance, and physical education



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WHAT IS KINDERGARTEN LIKE?



Kindergarten involves:

INTERACTING WITH MORE PEOPLE

Kindergarten is usually part of a larger school. So, your child may interact with more teachers, school staff and children.

NEW EXPERIENCES & ACTIVITIES

For the first time in his or her life, your child may:

- Use a school library
- Play in a gym
- Eat in a cafeteria
- Ride a school bus

GROUP SETTING

Your child may be in a class with up to 20 children. This may mean less individual attention, but it also means a chance to:

- Develop independent work habits
- Learn to work and play with a group
- Learn from the diversity of classmates

MORE FOCUS ON LEARNING

Compared to preschool or daycare, your child may spend more time doing:

- Science and math activities
- Reading and writing activities
- Pencil and paper exercises

Changes like these can help your child grow in many ways. Talk about them in a positive way.

MORE STRUCTURE

Kindergarten classrooms have daily routines.



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SCHOOL SERVICES



TRANSPORTATION

Transportation for kindergarten students is provided to families who reside in a school's attendance area and live farther than one mile from that school. Transportation registration forms and information can be obtained from our student service support. (Chris Lichy)

Trobec's Bus Service: 320-251-1202

Palmer Bus Service: 320-204-1189

Spanier Bus Service: 320-251-3313



NUTRITIONAL SERVICES

New Horizon caters our food for STRIDE Academy daily. We follow the AGA guidelines and a menu is provided each month online. Your child can bring their own lunch if they prefer.

