



Great Neck Public Schools

Where Discovery Leads to Greatness

Recreation Department Fall/Winter 2024-2025 Programs



Great Neck Public Schools

Recreation Department

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GNPS Recreation Department-Fall/Winter 2024-2025 Programs

Program Information

The GNPS Recreation Department welcomes students to join and participate in instructive recreation programs that are grade specific and available to Great Neck district children. A variety of programs are available on Saturdays, Sundays and weekday evenings.

All activities are tailored to the abilities and interests of all age levels. Students will learn skills taught by professional instructors, in an interactive setting with other students.

Class size limited, early registration recommended.

Programs Offered:

- Acting Workshop
- Badminton Recreation Program
- Basketball Clinic
- Basketball League
- Chess Instruction
- Coding/Computer Classes
- Creative Problem Solving & AMC8
- Creative Writing Workshop
- Dance Fusion
- Fencing Clinic
- LEGO Robotics for kids
- Self -Defense-A+ Martial Arts
- Swim Instruction
- Table Tennis
- Tennis Instruction
- Yoga and Mindfulness



Weeknight Programs

Title: **Badminton Recreation Program-Friday Nights**

Dates: November: 15, 22 December: 6, 13, 20 January: 3, 10, 17, 24, 31 February: 7, 28
March: 7, 14, 28 April: 4, 11

Day: Fridays

Location: South Middle School-Gym 1

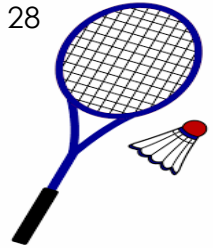
Time/Grade: 6:00pm-7:30pm. Gr. 6-8
7:45pm-9:15pm. Gr. 9-12

Fee: \$102

Description: This program provides students an opportunity to play Badminton, improve skills and have fun. A recreational supervisor is present to assist students organize and set-up game play.

This program is available to Great Neck district students, 6th thru 12th grade only.

Registration Deadline: Tuesday November 12, 2024.



Title: **Basketball-Beginner/Intermediate Clinic – Grades K-3**

Dates: Oct. 15, 22 Nov. 12, 19 Dec. 3, 17 Jan. 7, 21, 28

Day: Tuesdays

Location: E.M. Baker-Gym

Time/Grade: 6:30pm-7:30pm. Gr. K-1
7:30pm-8:30pm. Gr. 2-3

Fee: \$180

Instructor: Long Island Basketball

Reg. Max: 20

Description: With over 15 years of Basketball Coaching experience on the elementary school, middle school, high school, and NCAA levels, Coach Jake Ellis and his staff of professionally trained USA Basketball certified trainers and coaches are excited to help enhance your child's basketball experience. The curriculum varies depending on age group, but is based in the development of skill and passion for the game of basketball. Players will go through rigorous workouts which work on skill specific parts of basketball and will always end with competitive game play.

We are conscious that there are players of all different levels and skills but also understand that the elementary school age group is where the true love of basketball is developed.

Registration Deadline: Wednesday, October 9, 2024.



Title: **Basketball Intermediate/Adv. Clinic – Grades 2-5**

Dates: Oct. 17, 24, 31 Nov. 7, 21 Dec. 5, 12, 19 Jan. 2, 9, 16, 23

Day: Thursdays

Location: E. M. Baker-Gym

Time/Grade: 6:30pm-7:30pm. Gr. 2-3
7:30pm-8:30pm. Gr. 4-5

Fee: \$240

Instructor: Long Island Basketball

Reg. Max: 20

Description: With over 15 years of Basketball Coaching experience on the elementary school, middle school, high school, and NCAA levels, Coach Jake Ellis and his staff of professionally trained USA Basketball certified trainers and coaches are excited to help enhance your child's basketball experience. The curriculum varies depending on age group, but is based in the development of skill and passion for the game of basketball. Players will go through rigorous workouts which work on skill specific parts of basketball and will always end with competitive game play.

Registration Deadline: Wednesday, October 9, 2024.



Title: Dance Fusion: Re-MixX HiPp-HoP

Dates: Tuesdays: Oct. 8, 15, 22, 29 Nov. 12 Dec. 3, 10, 17 Jan. 7, 14, 21, 28
Thursdays: Oct. 17, 24, 31 Nov. 21 Dec. 5, 12, 19 Jan. 2, 16, 23, 30 Feb. 6

Location: Parkville School-Auditorium

Day/Time/Grade/Fee: Tuesdays: 5:30pm-7:00pm. Gr. 1. \$216
Tuesdays: 7:00pm-8:30pm. Gr. 4-5. \$216
Thursdays: 5:30pm-7:30pm. Gr. 2-3. \$276

Instructor: Anwar Berry

Reg. Max: 20

Description: This Dance/Fitness/all-level Breakdancing program is aimed at today's youths to broaden their awareness with experiencing the art of learning various movements as it relates to Dance Theory in the form of various dance-warmups, dance-combinations, dance-drills & dance-routines. With this different approach to dance, [Re-MixX HiPp-HoP](#) is the fusion of unique full body movements accompanied with basic human gestures. Re-MixX HiPp-HoP is inspired by classic 80's, 90's & early 2000's hip-hop styles along with a few of today's popular family-oriented styles. It also draws inspirations from dance genre such as: ballet, jazz, modern, complementary & tap. Through the combination of various movements students will improve their motor skills, focus, self-confidence and self-esteem.

Registration Deadline: Tuesday, October 1, 2024.



Title: Fencing Clinic

Session 1: Dates: October. 8, 15, 21, 22, 28, 29 November. 4, 12, 18, 19

Day: Mondays and Tuesdays

Location: South Middle School-gym-1

Time/Grade: 6:30pm-8:00pm: Grades K-4
8:00pm-9:30pm: Grades 5-8

Fee: \$350

Session 2: Dates: December. 2, 3, 16, 17 January. 6, 7, 13, 14

Day: Mondays and Tuesdays

Location: South Middle School-gym-1

Time/Grade: 6:30pm-8:00pm: Grades K-4
8:00pm-9:30pm: Grades 5-8

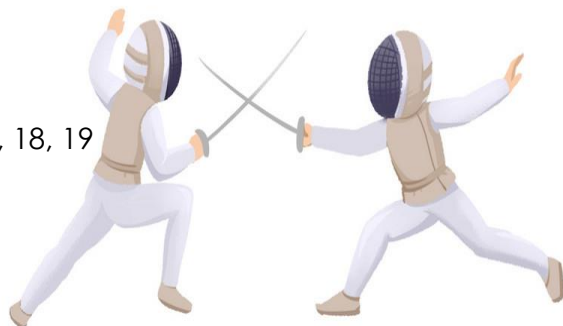
Fee: \$280

Instructor: Brooke Appelman, Gregory Rupp

Reg. Max: 16

Description: This program offers beginner to intermediate skills in all 3 weapons of the Olympic sport of fencing mixing in depth learning and fun. The athlete will gain the techniques and skills to be successful in fencing. Included in this course is footwork, blade-work, knowledge of the rules, and gaining confidence on the strip. Equipment is provided for this course.

Registration Deadline: Session 1- October 1, 2024. Session 2- November 21, 2024.



Title: Table Tennis Training Program-Beginner/Intermediate

Dates: Oct. 10, 17, 24, 31 Nov. 7, 14, 21 Dec. 5, 12, 19

Days: Thursdays

Location: South Middle School-table tennis room

Grade: 3-8

Time: 7pm-8:30pm

Fee: \$420

Reg. Max: 12

Description: This program is designed to teach students proper form and techniques so they can play table tennis recreationally or competitively. Students will rotate through several stations to practice



various skills, which may include: forehand and backhand hits, pushes, flicks, loops, spinning the ball, and serving. Our certified coaches aim to provide a positive table tennis experience for all players.

Equipment: All students are expected to bring a high-quality table tennis paddle to optimize training. Paddles are also available for purchase from the coach.

Coaches: American Youth Table Tennis Organization. Coaches are highly ranked players with National and Inter-National championship titles. The coaches have experience teaching hundreds of students with a focus on individual skill development and competitive play.

Table Tennis classes also available Sunday Mornings at the North Middle School.

Registration Deadline: Tuesday, October 8, 2024

Title: Yoga and Mindfulness

Dates: Oct. 15, 22 **Nov.** 12, 19 **Dec.** 3, 17

Day: Tuesdays

Location: EMB-Auxiliary Gym

Time/Grade: 5:00pm-6:00pm. Gr. K-2
6:00pm-7:00pm. Gr. 3-5

Fee: \$114.00

Instructor: Yoga Mind LI.

Reg. Max: 15

Description: Join us for a super fun yoga experience! With Yoga Mind Li.

Yoga and mindfulness activities can improve self-control, confidence, problem-solving, focus, and empathy. Kids will practice basic and challenging yoga poses, partner poses, group poses, acro-yoga poses, yoga games and mindfulness activities, important breathing exercises and more! We'll dance, sing, play, create and chill through yoga! We'll also collaborate, connect and create community!

Kids will expel a lot of energy and leave feeling calm and relaxed. Mind Body Fun!

Registration Deadline: Thursday, October 10, 2024.



Saturday Programs at SMS– 12 Sessions

Dates: Oct. 19, 26 **Nov.** 2, 9, 16, 23 **Dec.** 7, 14 **Jan.** 4, 11, 18, 25

Registration Deadline: Tuesday, October 15, 2024.

Title: Acting Workshop

Day: Saturdays

Location: South Middle School-Room 601

Grade(s): 4-8

Time: 10am-11am
11am-12pm

Fee: \$200

Teacher: Daniel Pitt Stoller

Reg. Max: 10

Description: Lose your inhibitions and let your voice be heard!

In this workshop we will do physical and vocal warm-ups, fun improvisations, theatre games and scene studies. Students will receive coaching/direction from the teacher and the workshop will culminate in a public performance.



Title: Basketball Tournament League – Grades 3-6

Day: Saturdays

Location: South Middle School-Gym 2

Time/Grade: 10:00am-12:00am.

Fee: \$340

Instructor: Long Island Basketball

Reg. Max: 40 (10 players per team)



Description: This program is intended to teach kids valuable basketball skills in a competitive game setting. Intramural basketball league includes professional coaches, teams, referees, standings, playoffs, and much more! This program is recommended for students who play and enjoy competitive basketball. With over 15 years of Basketball Coaching experience on the elementary school, middle school, high school, and NCAA levels, Coach Jake Ellis and his staff of professionally trained USA Basketball certified trainers and coaches are excited to help enhance your child's basketball experience.

Title: Chess Program

Day: Saturdays

Location: South Middle School. Room 602

Fee: \$230

Instructor: Treasure Chess

Reg. Max: 16



9am -10am: (LEVEL-1) Beginner Class Grades K – 1: Students will learn basic rules and concepts of chess suitable for all kids who do not know how to play.

10am-11am: (LEVEL-2) Beginner-Intermediate Class Grades K-3: Students will learn more complexed basic principles and is a stepping-stone to the intermediate class. Focus will be on understanding various checkmates and game finishing strategies.

11am-12pm: (LEVEL-3) Intermediate Class Grades K-6: This class is designed to teach students about fundamental and critical tactical ideas which are essential for inexperienced chess player development. After this class, students will be considered seasoned players and can match other players with greater knowledge and confidence.

12pm-1pm: (LEVEL-4) Intermediate-Advanced Class Grades K-9: This class was created to explain advanced ideas for tactical play. Material will be focusing on complex multi-move combinations and advanced pattern recognition improvement. Players on this level should already play with 600 USCF rating strength (not a requirement, just a clarification of student chess strength measured by rating levels of United States Chess Federation.)

1pm-2pm: (LEVEL-5) Advanced Class Grades 1-9: This chess class is designed for players who are trying to learn more about strategy principles, basic endgame and opening ideas. This level is for a serious chess student and its targeting all those who are interested in more chess knowledge. This level is targeting those who are knowledgeable and passionate in learning more about serious chess. Players at this level would be around 900 United Chess Federation rating.



Title: Learn to Swim Program

Day: Saturdays

Location: South Middle School-Pool

Grades: K-8

Reg. Max: 10

Times: Choose Level/Time. (40-minute class.)

Fee: \$230

Description: The American Red Cross Learn-to-Swim Program is a group instructional program aimed at helping students gain confidence in the water and learn proper swimming techniques. Staff includes certified Water Safety Instructors, Lifeguard/Swim instructors and Swim instructor assistants. The five-level program is designed to progress students through the levels at their own pace, mastering the skills in one level before advancing to the next. Each swim session is forty minutes long. Pool temperature usually set between 80-82 degrees.

Equipment and Clothing Required: Bathing Suit, Towel, Swim Goggles.



Level 1, 3 & 4: 10:00am - 10:40am

Level 1, 2 & 3: 10:50am - 11:30am

Level 2, 3 & 4: 11:40am - 12:20pm

Level 2, 3 & 5: 12:30pm - 1:10pm

**Please read the Course Level prerequisites carefully.*

Course Level	*Prerequisites	Skills taught & necessary to advance
Level 1: Introduction to Water Skills	-No skill prerequisites. -Previous exposure to pool water.	Students learn to enter and exit the water safely, submerge mouth, nose and eyes, exhale and open eyes underwater, roll over from front to back and back to front with support, explore floating on front and back with support, explore swimming using arm and leg actions with support.
Level 2: Fundamentals Aquatic Skills	-Enter water independently. Bob 5 times. Travel at least 5 yards, swimming or walking. -Glide on front 2 body lengths, roll to a back float for 5 seconds & recover to a vertical position.	Students learn to submerge entire head, blow bubbles (bobbing), open eyes underwater, float on front and back, front and back glides, roll over from front to back and back to front, tread water, and swim on front, back and side using combined arm and leg actions.
Level 3: Stroke Development Deep water instruction	-Swim on front/back for 5 body lengths, shallow and deep end. -Back float for 15 seconds, roll to front, and recover to a vertical position. -Push off and swim using combined arm and leg actions on front for 5 body lengths, roll to back, float for 15 seconds, roll to front, continue swimming for 5 body lengths.	Deep water instruction: Students learn to jump into deep water, dive in, bob with the head fully submerged, rotary breathing, front and back glides, float on front and back in deep water, change from horizontal to vertical position on front and back, front and back crawl.
Level 4: Stroke Improvement Deep water instruction	-Jump into deep water from the side, recover to the surface, maintain position by treading or floating for 1 minute, rotate one full turn, turn toward exit, level off, swim front crawl and/or elementary back stroke for 25 yards. -Push off in a streamline position, swim from crawl for 15 yards, change position and direction, swim back stroke for 15 yards.	Deep water instruction: Students learn to perform standing dive, swim underwater, feet-first surface dive, open turns on front and back treading water, front and back crawl. Introduction to breaststroke, butterfly and elementary backstroke.
Level 5: Stroke Refinement Deep water instruction	-Enter deep water feet first, swim front crawl 25 yards & swim elementary backstroke 25 yards. -Swim breaststroke for 15 yards, and swim back crawl for 15 yards. -Submerge and swim a distance of 3-5 body lengths underwater.	Deep water instruction: Students learn and perform the following: Standing shallow dive, tuck and pike surface dives, front and back flip turns, front and back crawl, butterfly, breaststroke, elementary backstroke, and survival swimming.

Title: Lego® Robotics Program

Days: Saturdays

Location: South Middle School-Room 603

Time/Grade: 9am. Gr. K-1

10am. Gr. 2-3

11am. Gr. 4-5

Fee: \$280

Instructor: Bricks 4 Kidz

Reg. Max: 16-18 per class

Description: Get ready for robotics! Bricks 4 Kidz® LEGO® Robotics program takes students through a science-filled adventure, building robots that crawl, drive, launch, race and much more! This is a hands-on class where students build machines, buildings, vehicles and other structures out of LEGO® Bricks. Each class begins with an instructor-led discussion related to the model of the day. Students work as a team, building a new project each week. While exploring principles of engineering, architecture, physics and more, students will develop problem solving and critical thinking skills. Once the project is complete, children use the rest of their time to modify their model builds and collaborate with one another. All materials are provided.



Title: MathSolid-Creative Problem Solving

Day: Saturdays

Location: South Middle School-Room 604

Grades: 4-5

Times: 9am-10am

Fee: \$380

Instructor: Math109 Academy

Reg. Max: 15

Description: Math Problem solving is one of the top skills in school study, future career and daily life. This course is designed to help students advance their problem-solving skills by solving typical math problems and provide an opportunity for students to build more positive attitudes and higher confidence towards analytical thinking and mathematical problem solving. This session will cover a few NEW topics out of the series including age problems, logical questions, area problems, square numbers, simple equations, angles & triangles, patterns & intervals, chicken & rabbit problems, remainder problems, counting problems, cubes, and solving using models.



Title: Prep course for AMC8-Creative Problem Solving

Day: Saturdays

Location: South Middle School -Room 604

Grades: 6-8

Times: 10am-11am

11am-12pm

Fee: \$380

Instructor: Math109 Academy. **Reg. Max:** 15 per class

Description: Math problem solving is one of the top skills in school study, future career, and our daily life. This course is designed to help students develop advanced problem-solving skills by solving typical math problems, and provide an opportunity for students to build more positive attitudes and higher confidence towards analytical thinking and mathematical problem solving.

This session will cover a few NEW topics out of the series including GCF & LCM, bridge technique in Geometry, non-negative or positive integer solutions, angle bisector questions, counting geometric figures, ratios and proportions, factoring methods, pythagorean theorem, exponents, similar triangles, quadratic equations, sets and Venn diagrams, etc.

Grade 5 Students with advanced math skills and placement test may participate. Call Recreation Office for Registration.



Title: Tennis for Kids**Days:** Saturdays**Location:** South Middle School (Gym1/Courts)**Time/Grade:** 9:15am. Gr. K-1

10am-11am. Gr. 2-3

11am-12pm. Gr. 4-5

Fee: \$230**Instructor:** United States Tennis Association**Reg. Max:** 18 per class

Description: Kids are introduced to tennis in a comfortable setting where the emphasis is on fun. With kids-sized equipment, adapted courts, and slower-moving & lower-bouncing tennis balls, the youth tennis format allows kids to rally and play easier right from the start. This helps to develop confidence since kids can rally successfully with appropriate swing patterns, grips and better racquet control. The modified courts can help develop tactical and technical skills better and sooner. In addition, tennis becomes more enjoyable for the kids!

**Title: Video Game Design Foundation (VGDF)****Day:** Saturdays**Location:** South Middle School-Room 709**Time/Grade:** 9am-10am. Gr. 3-4 (Beginner)

10am-11am. Gr. 4-8 (Intermediate/Advanced)

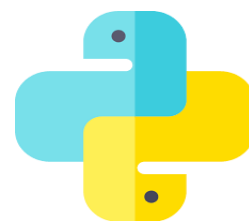
Fee: \$300**Instructor:** Bricks 4 Kidz**Reg. Max:** 15

Description: Design and code your own video games! In this introductory level course, students will learn the foundations of video game development. Students will design and program a fully functional video game from start to finish, complete with unique characters, levels, backgrounds, and a wide array of custom features. Through the development of their games, students will learn about all of the artistic and technical aspects of creating video games and will apply basic math and science concepts to code their games to life in an extremely fun way! Each student will come away with a finished PC video game able to be shared with friends and family, as well as a huge boost in self-confidence knowing that they can make games themselves!

**Title: Python Programming****Day:** Saturdays**Location:** South Middle School-Room 709**Grades:** 4-8**Time:** 11am-12pm**Fee:** \$420**Instructor:** Bricks 4 Kidz**Reg. Max:** 15

Description: Ever wonder how YouTube, Google, Instagram, or Spotify were created? Introducing Python! Students will be introduced to computer programming and put new concepts to use by developing fun and educational programs. Students will build a series of Python applications and games with text-based and graphical interfaces. By learning the basics of Python programming, students can expand their abilities to build even more complicated games using graphics, animation, and sound.

Python is a powerful and widely used language. This course will give your child a solid set of skills in one of today's top programming languages. Today's biggest companies (and smartest startups) use Python, including Google, Facebook, Instagram, Amazon, IBM and NASA. Python is increasingly being used for scientific computations and data analysis. Sign up for this course and learn the skills you need to rub shoulders with today's tech industry giants.



Title: Artificial Intelligence & Machine Learning

Day: Saturdays

Location: South Middle School-Room 709

Grades: 4-8

Time: 12pm-1pm

Fee: \$420

Instructor: Bricks 4 Kidz

Reg. Max: 15

Description: Are your kids curious about the fascinating world of Artificial Intelligence and Machine Learning? This hands-on and engaging course is designed for curious young minds between the ages of 10 and 18 who want to explore the wonders of artificial intelligence and its applications in a fun and interactive way.

In this course, students will embark on an innovative learning journey using real-life projects and activities. With the guidance of experienced instructors, students will learn the fundamentals of Machine Learning while developing critical problem-solving, programming, and data analysis skills.

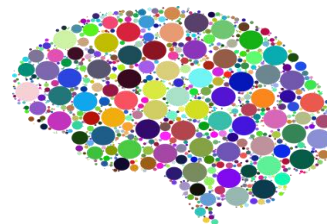
Throughout the course, young learners will be introduced to various captivating projects such as:

1. **Teaching a Computer to Recognize Pictures:** Students will dive into the fascinating world of image recognition, training their own AI model to identify and classify different objects and animals from pictures.
2. **Chatbots and Conversational AI:** Kids will have a blast creating interactive chatbots, teaching them how to respond intelligently to user input and engage in dynamic conversations.
3. **Sentiment Analysis of Text:** Participants will analyze text data to determine the sentiment and emotions expressed in a piece of writing, opening doors to understand how AI can interpret human emotions.
4. **Teaching AI to Play Games:** Students will explore the world of gaming and AI by developing intelligent agents that can play and excel in various games.

By the end of this course, students will not only have completed a series of captivating and diverse projects but also gained a solid understanding of the principles behind Machine Learning and its practical applications in real-life scenarios.

No prior programming experience is required; we'll guide each student through the basics and gradually introduce advanced concepts.

Join us on this extraordinary journey to unlock the mysteries of Machine Learning and unleash your creative potential in the world of artificial intelligence. Enroll now and be a part of shaping the future!



Title: Drone Legends® - Learn to Code - Fly – Certify

Day: Saturdays

Location: South Middle School-Room 709

Grades: 4-8

Time: 1pm-2pm

Fee: \$420

Instructor: Bricks 4 Kidz

Reg. Max: 16

Description: Unlock the exciting world of drones and coding in this immersive course. Through engaging hands-on experiences, students will master the fundamentals of coding and drone piloting, equipping themselves for a range of exciting missions. From grasping the essentials of drone flight to crafting code that simulates drone missions and taking the controls of actual drones, students will develop the skills to navigate both virtual skies and real-world horizons.

Throughout the course, participants will unveil the core principles of drone technology, examining their components and exploring their diverse applications across various domains. The curriculum will empower students to chart and simulate drone flight paths for a spectrum of missions, including aerial



photography, search and rescue operations, vital supply deliveries during natural disasters, precision agriculture, and environmental monitoring. This exploration will intertwine with a deep dive into the mathematical and physical underpinnings of drone flight, unraveling concepts like altitude, pitch, roll, and yaw, and their pivotal roles in shaping drone movements.

Guided by experienced instructors, students will gain hands-on proficiency in drone piloting. By taking the reins of actual drones, they will master drone operation essentials, adhere to safety protocols, and execute flight maneuvers, all within a controlled environment that ensures an exhilarating yet secure learning environment. This immersive experience will foster the development of robust problem-solving skills as participants grapple with authentic real-world scenarios.

Unlock a gateway to a captivating fusion of technology, creativity, and problem-solving through this course. Whether driven by a passion for programming, an interest in aviation, or a simple thirst for exploring uncharted frontiers, the Drone Programming and Simulation Adventure will empower you to elevate your ambitions and ascend to unparalleled heights.

Sunday Programs at NMS – 12 Sessions

Dates: Oct. 20, 27 Nov. 3, 10, 17, 24 Dec. 8, 15 Jan. 5, 12, 19, 26

Registration Deadline: Tuesday, October 15, 2024.

*Sunday program fees reflect Sunday facility usage

Title: Chess Program

Day: Sundays

Location: North Middle School-Room 137

***Fee:** \$252

Instructor: Treasure Chess

Reg. Max: 16



9am -10am: (LEVEL-1) Beginner Class Grades K – 1: Students will learn basic rules and concepts of chess suitable for all kids who do not know how to play.

10am-11am: (LEVEL-2) Beginner-Intermediate Class Grades K-3: Students will learn more complexed basic principles and is a stepping-stone to the intermediate class. Focus will be on understanding various checkmates and game finishing strategies.

11am-12pm: (LEVEL-3/4) Intermediate/Advanced Class Grades K-8: This class is created to explain advanced ideas for tactical play and will focus on complex multi-move combinations and advanced pattern recognition improvement.

Title: Creative Writing Program: Literature, Language, and Rhetoric

Day: Sundays (No Class December 8th)

Location: North Middle School-Room130

Grades: 3-5

Times: 9am-10am & 10am-11am

***Fee:** \$297 (11 Sessions)

Instructor: Math109 Academy

Reg. Max: 8



Description: NEW and different topics will be covered in this series. As poet Rita Dove once said, "creative writing and literacy go hand and hand". Writing is a principal skill that is necessary for school, daily life, future careers, and beyond. **This course is designed mainly to help students prepare for select writing competitions and introduce them to the submission process for youth writing magazines and contests.** The course will advance their creative writing skills through detailed explanations regarding various writing

concepts and topics, writing exercises, interactive writing discussions, and activities geared toward developing positive attitudes and greater confidence in creative writing. Covering areas such as poetry, dramatic writing, fiction, and creative nonfiction, and teaching elements such as characterization, conflict, plot, and the writing and revision process, this program will expand the insight and imagination of students, to ultimately build a finer and more sophisticated grasp of the English language.

Title: Self-Defense-A+ Martial Arts

Day: Sundays

Location: North Middle School-Wrestling Room

Program Fee: \$410

Instructor: A+ Martial Arts

Time/Grade: 9:00am-9:40am. Gr. K-2

9:45am-10:25am. Gr. 3-5

10:30am-11:25am. Gr. 6-9

Reg. Max: 15

Description: Get active with our world class martial arts program! With Olympic level instructors who are passionate about teaching. Our students will learn discipline, respect, focus, and gain all the physical benefits. A true workout of the mind, body and spirit. Classes include Strength training exercises, karate & self defense foundation/Basic training and cool down with fun based karate drills.

Program includes promotional exam fee where students will have an opportunity to earn a belt/degree in Self Defense.

Uniform Fee: \$90.00 (Pants, Jacket & Belt), paid to the instructor first day of class.



Title: Table Tennis Training Program

Sunday Morning @ NMS-Beginner/Intermediate Table Tennis Program

Days: Sundays

Location: North Middle School-table tennis room 25

Grade: 1-8

Time: 10am-11:30am

***Fee:** \$528

Reg. Max: 14

Description: This program is designed to teach students proper form and techniques so they can play table tennis recreationally or competitively. Students will rotate through several stations to practice various skills, which may include: forehand and backhand hits, pushes, flicks, loops, spinning the ball, and serving. Our certified coaches aim to provide a positive table tennis experience for all players.

Equipment: All students are expected to bring a high-quality table tennis paddle to optimize training. Paddles are also available for purchase from the coach.

Coaches: Gold Coast Table Tennis. Coaches are highly ranked players with National and Inter-National championship titles. The coaches have experience teaching hundreds of students with a focus on individual skill development and competitive play.

Table Tennis classes also available Thursday evenings at the South Middle School.



IMPORTANT INFORMATION:

1. When registering online, you will receive an email confirmation with class information.
2. Payment is by Credit Card through MySchoolBucks, check, money order or OnePay only.
3. Payment by Credit Card adds a 3.95% processing fee and guarantees placement at time of registration. OnePay has an annual Fee.
4. Paying by Check or Money Order must be received within three business days after online registration or risks automatic cancellation of that course(s).
5. Registration deadline is one week prior to start date.
6. A \$10.00 processing fee will be deducted from any refund requested prior to the registration deadline. NO REFUNDS after the program registration deadline.
7. In the event of program cancellation due to low enrollment a full refund will be issued.
8. If the district closes operations due to inclement weather or any other reason, all Recreation programs will be canceled for that day. All reasonable efforts will be made to reschedule cancelled programs.
9. Registration priority is given to district residents.
10. Parents are responsible for transportation to and from the recreation programs.
11. For additional inquiries, contact the Recreation Office (516) 441-4045 or rec.phipps@greatneck.k12.ny.us

Online Registration Instruction:

1. Register on-line through FamilyID: <https://www.familyid.com/great-neck-school-year-recreation-programs>
2. To find your program, click on the link provided by the Organization above and select the registration form under the word *Programs*.
3. Next click on the blue *Register Now* button and scroll, if necessary, to the *Create Account/Log In* blue buttons. If this is your first time using FamilyID, click *Create Account*. Click *Log In*, if you already have a FamilyID account.
4. *Create* your secure FamilyID account by entering the account owner First and Last names (parent/guardian), E-mail address and password. Select *I Agree to the FamilyID Terms of Service*. Click *Create Account*.
5. You will receive an email with a link to activate your new account. (If you don't see the email, check your E-mail filters (spam, junk, etc.).
6. Click on the link in your activation E-mail, which will log you in to FamilyID.com
7. Once in the registration form, complete the information requested. All fields with a red* are required to have an answer.
8. Click the *Continue* button when your form is complete and review your registration summary.
9. Locate the blue *Submit* button. After selecting Submit, the registration will be complete. You will receive a completion email from FamilyID confirming your registration.
10. If paying with check/money order, print receipt and include a copy with your check or money order payment, payable to "Great Neck Public Schools" mailed or dropped at:

The Phipps Administration Bldg.
345 Lakeville Rd. Great Neck, NY 11020
C/O: Recreation Dept.

At any time, you may log in at www.familyid.com to update your information and to check your registration(s). To view a completed registration, select the Registrations tab in the blue menu bar at the top of your screen.

SUPPORT:

- If you need assistance with registration, contact FamilyID at: support@familyid.com or 1-800-311-4060 x 3.
- FamilyID is part of the ArbiterSports (www.arbitersports.com) family. Customer Assistance will identify themselves as "ArbiterSports". Support is available 5 days per week, Monday through Friday, and messages will be returned promptly.