

# January 2025

## ELEMENTARY LUNCH MENU- Gluten Free



### DAILY OPTIONS

1. Fresh Fruits and/or Whole Fruits
2. Fresh Veggies and/or Fresh-Made Side Salads
3. Milk (1% Milk or 1% Chocolate)
4. Flatbread served with salads on Monday and Wednesday

\*Menu is subject to change. **Vegetarian**

	Monday	Tuesday	Wednesday	Thursday	Friday	
			1 <b>NO SCHOOL</b>	2 <b>NO SCHOOL</b>	3 <b>NO SCHOOL</b>	4
5	6 Hamburger/Cheeseburger on GF Bun (1) Garden Salad (2) Smiley Face Fries	7 Chicken Nachos (1) Corn & Black Bean Nachos(2) Beef Taco Salad (3) Black Beans	8 Hot Dog on GF Bun (1) Vegan Chickpea Salad (2)	9 Turkey Sausage & Yogurt (1) Fruit and Yogurt (2) Hash Brown	10 Pizza Salad (1) Caprese Sandwich on GF Bread (2)	11
12	13 Grilled Cheese on GF Bread (1) Garden Salad (2) Smiley Face Fries	14 Beef Nachos (1) Cheese Nachos (2) Beef Taco Salad (3) Refried Beans Salsa/Sour Cream	15 Turkey Sandwich on GF Bread (1) Grilled Cheese on GF Bread (2)	16 Turkey Sausage & Yogurt (1) Fruit and Yogurt (2) Hash Brown	17 Pizza Salad (1) Caprese Sandwich on GF Bread (2)	18
19	20 <b>NO SCHOOL</b>	21 Chicken Nachos (1) Corn & Black Bean Nachos (2) Beef Taco Salad (3) Black Beans	22 <b>½ Day No Lunch</b>	23 <b>½ Day No Lunch</b>	24 <b>½ Day No Lunch</b>	25
26	27 Grilled Chicken w/ Mashed Potatoes Without Gravy (1) Garden Salad (2)	28 Beef Nachos (1) Cheese Nachos (2) Beef Taco Salad (3) Refried Beans Salsa/Sour Cream	29 BBQ Chicken on GF Bun (1) Vegan Chickpea Salad (2)	30 Turkey Sausage & Yogurt (1) Fruit and Yogurt (2) Hash Brown	31 Pizza Salad (1) Caprese Sandwich on GF Bread (2)	