

January 2025

MIDDLE SCHOOL LUNCH MENU



DAILY OPTIONS

1. Fresh Fruits and/or Whole Fruits
2. Fresh Veggies and/or Fresh-Made Side Salads
3. Milk (1% Milk or 1% Chocolate)
4. Flatbread served with salads on Wednesday & Friday*

*Menu is subject to change. **Vegetarian, Locally Grown**

Halal, Sesame-Free & Gluten-Free Menus are also available. This institution is an equal opportunity provider.

	Monday	Tuesday	Wednesday	Thursday	Friday	
5	6 Chicken Drumsticks w/ Mashed Potatoes, Gravy Biscuit Corn	7 Nacho Bar Choice of Beef or Refried Beans	8 Orange Bowl Choice of Chicken or Veggie Eggroll Soba Noodles or Rice	9 Slider Bar Hamburger/Halal Burger/Garden Burger	10 Pasta Bar Alfredo or Marinara Chicken or Meatballs	11
12	13 Mashed Potato Bowl Choice of Chicken or Bacon Roasted Broccoli Corn Chicken Gravy	14 Taco Bar Shredded Chicken or Taco Beef Refried Beans Spanish Rice	15 Asian Dumpling Bowl Choice of Chicken or Veggie Soba Noodles or Rice	16 Pancake Bar w/ Strawberry Topping Turkey Sausage Hash Brown Patty	17 Mac & Cheese Bar Diced Chicken or Bacon Steamed Broccoli	18
19	20 NO SCHOOL	21 Nacho Bar Choice of Beef or Refried Beans	22 ½ Day	23 ½ Day	24 ½ Day	25
26	27 Slider Bar Choice of BBQ Shredded Pork, Pulled Chicken or Roasted Vegetables	28 Taco Bar Shredded Chicken or Taco Beef Refried Beans Spanish Rice	29 Mongolian BBQ Choice of Steak, Chicken or Tofu w/ Thai Basil Sauce, Garlic Soy or Sichuan	31 Meatball Sub Meatballs on a sub bun with Marinara Sauce	31 Mac & Cheese Bar Diced Chicken or Bacon Steamed Broccoli	

Daily Choices:

Hamburger or Cheeseburger
Spicy Chicken Sandwich
Halal Chicken Sandwich
Fruit Parfait
Turkey and Cheese Wrap

Chicken Nuggets or Halal
Chicken Nuggets
Black Bean Burger
Halal Hot Dog
Italian Hoagie

Vegan Chicken Nuggets
Cheese or Pepperoni Pizza
Bosco Sticks
Halal Chicken Caesar Salad

Garden Salad
Vegan Chickpea Salad