

# January 2025

## HIGH SCHOOL LUNCH MENU



### DAILY OPTIONS

1. Fresh Fruits and/or Whole Fruits
2. Fresh Veggies and/or Fresh-Made Side Salads
3. Milk (1% Milk or 1% Chocolate)
4. Flatbread served with salads on Wednesday & Friday\*

\*Menu is subject to change. **Vegetarian, Locally Grown**

Halal, Sesame-Free & Gluten-Free Menus are also available. This institution is an equal opportunity provider.

	Monday	Tuesday	Wednesday	Thursday	Friday	
			1	2	3	4
5	6 <b>Chicken Wings Bar</b> BBQ or Nashville Hot Sauce Carrot and Celery Sticks	7 <b>Walking Tacos</b> Choice of Beef or <b>Refried Beans</b>	8 <b>Asian Bowl</b> Choice of Chicken or Tofu <b>Veggie Eggroll</b> <b>Soba Noodles or Rice</b>	9 <b>Burger Bar:</b> Hamburger/Halal Burger/Garden Burger <b>Choice of Cheese and Toppings</b>	10 <b>Pasta Bar</b> <b>Alfredo or Marinara</b> <b>Chicken or Meatballs</b>	11
12	13 <b>Mashed Potato Bowl</b> Choice of Chicken or Bacon Roasted Broccoli Corn Chicken Gravy	14 <b>Taco Bar</b> Shredded Chicken or Taco Beef <b>Refried Beans</b> <b>Spanish Rice</b>	15 <b>Chicken Cacciatore</b> Spaghetti Noodles Garlic Breadstick	16 <b>Jerk Chicken Taco</b> Cajun Brown Rice Roasted Broccoli	17 <b>Mac &amp; Cheese Bar</b> <b>Diced Chicken or Bacon</b> <b>Steamed Broccoli</b>	18
19	20 NO SCHOOL	21 <b>Nacho Bar</b> Choice of Beef Taco Meat, Chicken or <b>Refried Beans</b>	22 <b>½ Day</b>	23 <b>½ Day</b>	24 <b>½ Day</b>	25
26	27 <b>Slider Bar</b> Choice of BBQ Shredded Pork, Pulled Chicken or Roasted Vegetables	28 <b>Taco Bar</b> Shredded Chicken or Taco Beef <b>Refried Beans</b> <b>Spanish Rice</b>	29 <b>Mongolian BBQ</b> Choice of Steak, Chicken or Tofu w/ Thai Basil Sauce, Garlic Soy or Sichuan	30 <b>Meatball Sub</b> Meatballs on a sub bun with Marinara Sauce	31 <b>Mac &amp; Cheese Bar</b> <b>Diced Chicken or Bacon</b> <b>Steamed Broccoli</b>	

### Daily Choices:

Hamburger or Cheeseburger  
Spicy Chicken Sandwich,  
Halal Chicken Sandwich  
Italian Hoagie  
Vegan Chickpea Salad  
Turkey and Cheese Wrap

Chicken Nuggets or Halal  
Chicken Nuggets  
Black Bean Burger

Halal Hot Dog  
Vegan Chicken Nuggets  
Cheese or Pepperoni Pizza  
Bosco Sticks  
Italian Hoagie

Caesar Salad  
Garden Salad