

ALL STUDENTS EAT FOR FREE!!

Gateway Unified School District

Adult Lunch \$5.75

Adult Breakfast \$4.25

Mt. Lakes High School

CHILLED 1% WHITE MLK AND NONFAT CHOCOLATE MLK & OTHER FLAVORS ARE SEASONAL (no high fructose corn syrup in chocolate milk)
ALL MENU'S SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY

STUDENTS CHOOSE 3 OF 5 COMPONENTS FOR LUNCH

(IE. PROTEIN, GRAIN, VEGETABLE, FRUIT, MILK)

AN ENTREE ITEM MAY ENCOMPASS 2 COMPONENTS

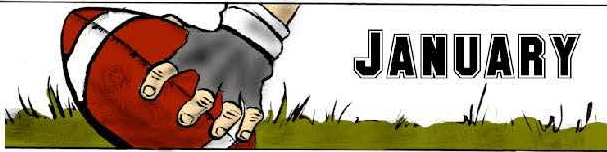
(IE. PROTEIN/GRAIN)

STUDENTS MUST TAKE 1/2 CUP OF FRUIT OR VEGETABLE AT THE

MINIMUM; MORE IS ALLOWED AND BOTH ARE ALLOWED

NUTRITIONAL INFORMATION AVAILABLE FROM

DISTRICT NURSE OR DISTRICT OFFICE, FOOD SERVICE



LUNCH INCLUDES FRESH FRUIT (CANNED MAY BE AVAILABLE) FRESH SALAD AND/OR FRESH

VEGETABLES

PLEASE COME AND JOIN US FOR A NUTRITIOUS, HEALTHY BREAKFAST AND LUNCH! WE PROUDLY SERVE FRANZ BREAD ITEMS THAT ARE WHOLE WHEAT AND WHOLE GRAIN
WE ALSO PROUDLY SERVE PRODUCER'S MILK AND DAIRY ITEMS

Monday

Tuesday

Wednesday

Thursday

Friday

 	<p>7 BIG DADDY'S PIZZA CHOICES BURRITO CHOICES CORN DOG SUB SAND. (ALL ABOVE ARE LIMITED QUANTITIES) SOFT TACO (BEEF) SPANISH RICE</p>	<p>8 BIG DADDY'S PIZZA CHOICES BURRITO CHOICES CORN DOG SUB SAND. (ALL ABOVE ARE LIMITED QUANTITIES) SUB SANDWICH SUN CHIPS</p>	<p>9 BIG DADDY'S PIZZA CHOICES BURRITO CHOICES CORN DOG SUB SAND. (ALL ABOVE ARE LIMITED QUANTITIES) SALISBURY STEAK w/MASHED POTATOES & ROLLS</p>	<p>10 BIG DADDY'S PIZZA CHOICES BURRITO CHOICES CORN DOG SUB SAND. (ALL ABOVE ARE LIMITED QUANTITIES) ORANGE CHICKEN OR EGG ROLLS</p>
<p>13 BIG DADDY'S PIZZA CHOICES BURRITO CHOICES CORN DOG (ALL ABOVE ARE LIMITED QUANTITIES) SPICY CHICKEN SAND. STEAMED BROCCOLI</p>	<p>14 BIG DADDY'S PIZZA CHOICES BURRITO CHOICES CORN DOG SUB SAND. (ALL ABOVE ARE LIMITED QUANTITIES) PULLED PORK SAND. TORTILLA SOUP</p>	<p>15 BIG DADDY'S PIZZA CHOICES BURRITO CHOICES CORN DOG SUB SANDWICH (ALL ABOVE ARE LIMITED QUANTITIES) HOT DOG ON A BUN CRINKLE CUT FRIES</p>	<p>16 BIG DADDY'S PIZZA CHOICES BURRITO CHOICES CORN DOG SUB SANDWICH (ALL ABOVE ARE LIMITED QUANTITIES) 8 WAY BAKED CHICKEN MAC N CHEESE</p>	<p>17 BIG DADDY'S PIZZA CHOICES BURRITO CHOICES CORN DOG SUB SAND. (ALL ABOVE ARE LIMITED QUANTITIES) ORANGE CHICKEN OR EGG ROLLS BROWN RICE</p>
<p>20 -----NO SCHOOL-----</p>	<p>21 BIG DADDY'S PIZZA CHOICES BURRITO CHOICES CORN DOG SUB SAND. (ALL ABOVE ARE LIMITED QUANTITIES) CHICKEN FAJITA SPANISH RICE</p>	<p>22 BIG DADDY'S PIZZA CHOICES BURRITO CHOICES CORN DOG SUB SAND. (ALL ABOVE ARE LIMITED QUANTITIES) CHEESEBURGER W/ BUN POTATO WEDGES</p>	<p>23 BIG DADDY'S PIZZA CHOICES BURRITO CHOICES (ALL ABOVE QUANTITIES ARE LIMITED) LASAGNA ROLLS, GREEN BEANS</p>	<p>24 BIG DADDY'S PIZZA CHOICES BURRITO CHOICES CORN DOG SUB SAND. (ALL ABOVE ARE LIMITED QUANTITIES) EDAMAME KUNG PAO CHICKEN OR EGG ROLL SEASONED RICE</p>
<p>27 BIG DADDY'S PIZZA CHOICES BURRITO CHOICES CORN DOG (ALL ABOVE ARE LIMITED QUANTITIES) CHICKEN TENDERS ROLLS; STEAMED BROCCOLI</p>	<p>28 BIG DADDY'S PIZZA CHOICES BURRITO CHOICES CORN DOG SUB SAND. (ALL ABOVE ARE LIMITED QUANTITIES) SUPER NACHOS (BEEF) SPANISH RICE</p>	<p>29 BIG DADDY'S PIZZA CHOICES BURRITO CHOICES CORN DOG SUB SAND. (ALL ABOVE ARE LIMITED QUANTITIES) CHEESEBURGER W/ BUN POTATO WEDGES</p>	<p>30 BIG DADDY'S PIZZA CHOICES BURRITO CHOICES CORN DOG SUB SAND. (ALL ABOVE ARE LIMITED QUANTITIES) TURKEY W/MASHED POTATOES, GRAVY, DINNER ROLLS</p>	<p>31 BIG DADDY'S PIZZA BURRITO CHOICES CORN DOG SUB SAND. (ABOVE ITEMS ARE LIMITED QUANTITIES) SPICY SICHUAN CHICKEN EGG ROLLS BROWN RICE</p>