

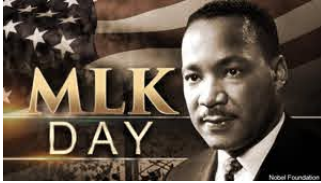



Nord School January 2025 Lunch Menu

Menu subject to change without change

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|---|---|
| 6 | 7 | 8 | 9 | 10 |
|  | WG Chicken Nuggets* Mashed Potatoes Wango Mango Juice Fruit Choices Milk % | Beefy Cheesy Nachos % (Beef, Cheese, Chips) Sweet Corn Refried Beans w/cheese% Fruit Choices Milk % | Romeo's Pizza **% Steamed Broccoli Dragon Punch Fruit Choices Milk % Pudding with whipped topping% | WG Popcorn Chicken* or BBQ Rib on a WG bun* Baked Beans Smiley Fries Fruit Choices Milk% |
| 13 | 14 | 15 | 16 | 17 |
| Cheeseburger on a WG Bun*% or Hot Dog on a WG bun * Sweet Potato Tots Baked Beans Fruit Choices Milk % | WG Mozzarella Sticks*% w/ Marinara Steamed Broccoli Dragon Punch Fruit Choices Milk % | WG Chicken Nuggets* or Meatloaf *% Mashed Potatoes Green Beans Fruit Choices Milk% WG Dinner Roll* |  | WG Cheese Quesadilla*% or Soft Beef Taco*% Lettuce, Cheese, and Salsa Sweet Corn Fruit Choices Milk % |
| NO SCHOOL 20 | 21 | 22 | 23 | 24 |
|  | WG Tangerine Orange Chicken** w/side of rice Sugar Snap Peas Dragon Punch Juice Fruit Choices Milk % WG Fortune Cookie* | Breakfast Sandwich (egg^, cheese% & ham on an English Muffin*) or WG French Toast Sticks** w/sausage Wango Mango Juice, Hash Brown Fruit Choices Milk % |  | WG Chicken Patty on a WG bun* or WG Corn Dog** Celery Sticks w/Ranch** Fruit Choices Milk % |
| 27 | 28 | 29 | 30 | 31 |
| "MACARONI MONDAY" WG Macaroni & Cheese *% or WG Mini Corn Dogs ** Steamed Broccoli Wango Mango Juice Fruit Choices Milk% | WG Mini Pizza Triangles*% Steamed Carrots Edamame Fruit Choices Milk % | Soft Beef Taco * w/ Lettuce, Cheese Cup or WG Fiestada**% Refried Beans w/ cheese % Sweet Corn Fruit Choices Milk % | Romeo's Pizza **% Leafy Green Salad w/ chickpeas Fruit Choices Milk % Fruit Crisp* | Beefy Cheesy Nachos % (Beef, Cheese, Chips) Sweet Corn Refried Beans w/cheese% Fruit Choices Milk % |
| Lunch price of \$3.35 includes 5 components: Protein, Grain, Fruit, Vegetable & Milk. Students must choose 3-5 components, one being a fruit or vegetable. | ALLERGENS: * = gluten ^ = egg % = dairy != peanut These are ONLY a guide | Please visit www.payschoolscentral.com to add money to your child's account, & to complete the Free & Reduced App. | EVERY DAY WE OFFER AN ALTERNATE (MEATLESS) LUNCH THAT INCLUDES ALL 5 COMPONENTS OF A SCHOOL LUNCH | Nord has a la carte options for students to purchase during lunch time. All extras comply with the Federal Smart Snack Guidelines. |

This institution is an equal opportunity provider

Email Deanne Kelbley, RD, LD, SNS with any questions about the National School Breakfast & Lunch Programs:
 deanne_kelbley@amherstk12.org

The following additional allergens may be used as ingredients on our menu: Soy & Sesame.