

# Calhoun County Schools

### January 2025

Monday	Tuesday	Wednesday	Thursday	Friday
		Wed - 1/1/2025 New Year's Holiday	Thu - 1/2/2025 New Year's Holiday	Fri - 1/3/2025 New Year's Holiday
Mon - 1/6/2025 New Year's Holiday	Tue - 1/7/2025 Ham and Cheese Croissant Juice Fruit 1% Milk Chocolate Milk	Wed - 1/8/2025 Emoji Waffles Sausage Link Syrup Fruit Juice 1% Milk Chocolate Milk	Thu - 1/9/2025 Breakfast Bagel Fruit Juice 1% Milk Chocolate Milk	Fri - 1/10/2025 Biscuit & Gravy Juice Fruit 1% Milk Chocolate Milk
Mon - 1/13/2025 Poptart String Cheese OR Cereal Yogurt Juice Fruit 1% Milk Chocolate Milk	Tue - 1/14/2025 Bacon & Cheese Egg Bites NutriGrain Bar Juice Fruit 1% Milk Chocolate Milk	Wed - 1/15/2025 Breakfast Sausage Pizza Juice Fruit 1% Milk Chocolate Milk	Thu - 1/16/2025 Chicken Biscuit Fruit Juice 1% Milk Chocolate Milk	Fri - 1/17/2025 Sausage & Pancake Stick Syrup Juice Fruit 1% Milk Chocolate Milk
Mon - 1/20/2025 M.L.King Day	Tue - 1/21/2025 Cherry Frudel Yogurt Juice Fruit 1% Milk Chocolate Milk	Wed - 1/22/2025 Soft Cinnamon Toast Bar Yogurt Juice Fruit 1% Milk Chocolate Milk	Thu - 1/23/2025 Egg and Cheese Biscuit Fruit Juice 1% Milk Chocolate Milk	Fri - 1/24/2025 Oatmeal Bar Yogurt Fruit Juice 1% Milk Chocolate Milk
Mon - 1/27/2025 Poptart String Cheese OR Cereal Yogurt Juice Fruit 1% Milk Chocolate Milk	Tue - 1/28/2025 Apple Strudel Yogurt Fruit Juice 1% Milk Chocolate Milk	Wed - 1/29/2025 Ham and Cheese Croissant Juice Fruit 1% Milk Chocolate Milk	Thu - 1/30/2025 Breakfast Bagel NutriGrain Bar Fruit Juice 1% Milk Chocolate Milk	Fri - 1/31/2025 CinnaMinis Yogurt Fruit Juice 1% Milk Chocolate Milk

Meals must have 1/2 cup fruit or vegetable.  
Menu is subject to change.

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient.

**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.