



Midland Independent School District

# January 2025

## High School Lunch

**All Lunch meals come  
with a choice of Low Fat  
Milk or Fat Free  
Chocolate Milk, and the  
choice of Fruit of the  
Day or 100% Fruit Juice**

### Daily Options

- A rotating sandwich option each day. The available options include sunflower butter sandwich, Cheese sandwich, grilled cheese sandwich, and toasted turkey and cheese sandwich.
- Cheese & Pepperoni Pizza Basket

**Menus Are Subject to  
Change Without Notice**

MON 6	TUE 7	WED 8	THU 9	FRI 10
		Pork & Cheese Tamales Frito Pie Fiesta Salad Refried Beans	Cheesy Chicken Ranch Wrap Chicken Alfredo Garlic Breadstick Go Garden Salad Sliced Cucumber	WG Chicken Tenders Tachos Dinner Roll Baby Carrots Tater Tots
13 Classic Chicken Sandwich Sunbutter Fun Lunch Baby Carrots Crinkle Cut Fries	14 Boneless Chicken Wings Breaded Beef Fingers Dinner Roll Mashed Potatoes Savory Green Beans	15 Beef Nachos Three Cheese Enchiladas Charro Beans Fiesta Salad	16 Chef Salad Chicken Parmesan Garlic Breadstick Crinkle Cut Fries Sliced Cucumbers	17 Salisbury Steak Three Cheese Macaroni & Cheese Dinner Roll Buttered Carrots Mashed Potatoes
20 Chicken & Waffle Classic American Cheeseburger Sandwich Topper Baby Carrots	21 Mini Chicken Corndogs Honey Sriracha Chicken & Rice Cheesy Broccoli Buttered Carrots	22 Beef, Bean & Cheese Burrito Chicken & Cheese Crispito Fiesta Salad Refried Beans	23 Pasta Bolognese Cheese Stuffed Breadsticks Breadstick Go Garden Salad Sliced Cucumber	24 Country Steak Sandwich WG Breaded Mozzarella Sticks Sandwich Topper Potato Smiles
27 Buffalo Chicken Cavatappi Cricpy Popcorn Chicken Dinner Roll Carrot Sticks Crinkle Cut Fries	28 French Toast Sticks with Sausage Patty Toasted Cheese Sandwich Celery Sticks Cheesy Broccoli	29 Crispy Beef Tacos Totally Taco Triangles Charro Beans Fiesta Salad	30 Beef Lasagna Breaded Traditional Drumsticks Garlic Breadstick Go Garden Salad Buttered Carrots	31 Boneless Chicken Wings Three Cheese Macaroni & Cheese Dinner Roll Mashed Potatoes Cheesy Broccoli

**This Institution Is An Equal Opportunity Provider**