

	Mon(1.6)	Tue(1.7)	Wed(1.8)	Thu(1.9)	Fri(1.10)
Korean Menu	Stir-fried Pork (ES- w/ Soy Sauce) 1,2,4,5,8,10,12,13,15 Steamed Rice Bean Paste Soup 1,2,4,5,8,10,12,13,15 Stewed Lotus Root 4,5 Cabbage Wrap 4,5 White Kimchi Radish Kimchi 4,7	Tteokbokki (ES-w/ Soy Sauce) 1,2,4,5,8,10,12,13,14,15 Steamed Rice Udon Soup 1,2,4,5,6,7,8,10,12,13,15 Sundae Pickled Radish 17 White Kimchi Kimchi 4,7	Braised Beef (ES-Braised Beef) 1,2,4,5,8,10,12,13,14,15 Multigrain Rice / Steamed Rice Rice Cake Soup 1,2,4,5,6,8,10,12,13,15 Japchae 4,5 Mung Bean Sprout 4,5 White Kimchi Kimchi 4,7	Stir-Fired Chicken (ES-w/ Soy Sauce) 1,2,4,5,8,10,12,13,15,18 Steamed Rice Bean Paste Soup 1,2,4,5,6,8,10,12,13,15 Fried Fish Cake 1,2,4,5,6,8,10,12,13,15 Seasoned Tofu & Green White Kimchi Radish Kimchi 4,7	Spicy Noodle Soup (ES-Clear Noodle Soup) 1,2,4,5,7,8,10,12,13,15 Steamed Rice Sweet Sour Pork 1,2,4,5,8 Zha cai White Kimchi Radish Kimchi 4,7
Intl. Menu	Pad Thai 1,2,4,5,7,8,9,10,12,13,14,15 Spring Roll 4,5 Thai Fried Vegetables (ES-Thai Fried Vegetables) 1,2,4,5,7,8,10,12,13,15	Lemon Cream Chicken 1,2,4,5,8,10,12,13,15 Steamed Rice Broccoli & Onion 1,2,4,5,8,10,12,13,15 Mixed Vegetables 1,2,4,5,8,10,12,13,15	Ragù Pasta 1,2,4,5,8,9,10,12,13,14,15 Garlic Bread 1,2,4,5 Frittata 1,2,4,5 Clear Vegetable Soup 1,2,4,5,8,9,10,12,13,14,15	Pulled Pork Burger 1,2,4,5,8,10,12,13,15 Fired Potato & Ketchup 4,5,10 Mexican Corn 4,5	Japanese Curry 1,2,4,5,8,10,12,13,15 & Fried Garlic & Cheese 2 Grilled Sausage 1,2,4,5,8,10,12,13,15 Fukuzin-zuke
	Mon(1.13)	Tue(1.14)	Wed(1.15)	Thu(1.16)	Fri(1.17)
Korean Menu	Spicy Sausage Stew (ES-Clear Sausage Soup) 1,2,4,5,8,10,12,13,15 Steamed Rice Korean Meat Balls 1,2,4,5,7,8,10,12,13,15 Seasoned Steam of Garlic 4,5 (ES-Stewed Steamed of Garlic) Braised Soybeans 4,5 White Kimchi Radish Kimchi 4,7	Steamed Pork Rib (ES-w/ Soy Sauce) 1,2,4,5,8,10,12,13,15 Steamed Rice / Flying Fish Roe Rice Bean Sprout Soup 4,5 Steamed Egg 1,4,5 Seasoned Green 4,5 White Kimchi Kimchi 4,7	Stewed Chicken (ES-w/ Soy Sauce) 1,2,4,5,8,10,12,13,15 Steamed Rice Bean Paste Soup 4,5 Stir-Fried Mushroom 1,2,4,5,8,10,12,13,15,19 Seasoned Radish 4,5 White Kimchi Radish Kimchi 4,7	Stir-Fried Pork w/ Kimchi (ES-w/ Soy Sauce) 1,2,4,5,7,8,10,12,13,15 1,2,4,5,8,10,12,13,15 Steamed Rice Seaweed Soup 4,5 Steamed Tofu 4,5 Seasoned Green 4,5 White Kimchi Radish Kimchi 4,7	No School
Intl. Menu	Sweet Chili Pork 1,2,4,5,8,10 Steamed Rice Mushroom & Onion 1,2,4,5,8,10,12,13,15,19 Butter Spinach 1,2,4,5,8,10,12,13,15	Chicken Tikka Masala 1,2,4,5,8,10,12,13,15 Steamed Rice Pita Bread 1,2,4,5 Broccoli & Carrot 1,2,4,5,8,10,12,13,15	Fish Caked Skewers Udon (ES-Fish Cake Udon) 1,2,4,5,6,7,8,10,12,13,15 Fried Shrimp 4,5,7 Pickled Ginger & Rakkyo	<Pizza Day> Pepperoni Pizza 1,2,4,5,8,10,12,13,15 & Cheese Pizza 1,2,4,5 Fried Potatoes & Ketchup 4,5,10 Fusilli Pasta 1,2,4,5,10	

[Food Allergy Notice] 1)Egg 2)Milk 3)Peanut 4)Soybean 5)Wheat 6)Mackerel 7)Shrimp 8)Pork 9)Peach 10)Tomato 11)Walnut 12)Chicken 13)Beef 14)Squid 15)Shellfish 16)Buckwheat 17)Sulfite 18)Crab 19)Mushroom 20)Apple

	Mon(1.20)	Tue(1.21)	Wed(1.22)	Thu(1.23)	Fri(1.24)
Korean Menu	Kimchi Tuna Mayo Rice 1,2,4,5,7 (ES-Tuna Mayo Rice) 1,2,4,5 Steamed Rice Kelp & Radish Soup 1,2,4,5,8,10,12,13,15 Corn Dog 1,2,4,5,8,10,12,13,15 Seasoned Bean Sprout 4,5 White Kimchi Radish Kimchi 4,7	Stir-Fried Meat Vegetables w/ Flower Bun (ES-w/ Soy Sauce) 1,2,4,5,8,10,12,13,14,15 Mapa Tofu Rice (ES-w/ Soy Sauce) 1,2,4,5,8,10,12,13,14,15 / Steamed Rice Egg Soup 1,2,4,5,8,10,12,13,14,15 Pickled Radish 17 White Kimchi Kimchi 4,7	Stewed Pork & Egg 1,2,4,5,8,10,12,13,15 Steamed Rice Kimchi Soup 1,2,4,5,7,8,10,12,13,15 (ES-Tofu Soup) 1,2,4,5,8,10,12,13,15 Fried Sweet Potato w/ Honey 4,5 Korean Jelly Salad White Kimchi Radish Kimchi 4,7	Fried Chicken w/ Spicy Sauce (ES-Fried Chicken) 1,2,4,5,12 Radish Kimchi Fried Rice 1,2,4,5,7,8,10,12,13,15 / Steamed Rice Bean Paste Soup 1,2,4,5,8,10,12,13,15 Seasoned Lotus root Seamed seeds 2,4,5 White Kimchi Kimchi 4,7	Beef Bone Soup w/ Noodle 1,2,4,5,8,10,12,13,15 Steamed Rice Kimchi Pancake 1,2,4,5,7 (ES-Corn Pancake) 1,2,4,5 Pumpkin & Crab Stick 1,2,4,5,8,10,12,13,15,18 Seasoned Perilla Leaves 4,5 White Kimchi Radish Kimchi 4,7
Intl. Menu	Barbeque Pork 2,4,5,8,10,12,13,15 Steamed Rice Rosemary Potato 4,5 Braised Bacon Cabbage 1,2,4,5,8,10,12,13,15	Chicken Cutlet 1,2,4,5,12 Steamed Rice Peas & Carrot 2,4,5 Butter Corn 2,4,5	Yakiudon 1,2,4,5,6,7,8,9,10,12,13,14,15 Fried Dumpling 1,2,4,5,8,10,12,13,14,15 Eggplant & Onion 1,2,4,5,8,10,12,13,14,15	Beef Bourguignon w/ Penne 1,2,4,5,8,10,12,13,15 Pickle & Jalapeno Cream of potato Soup 2,4,5,12	Japanese Chicken Rice Bowl 1,2,4,5,8,10,12,13,15 Steamed Rice Sweet Potato Croquette 4,5 Pickled Chili

* This menu can be changed depending on its ingredients.

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January Menu

Salad Bar



GSIS

	Mon	Tue	Wed	Thu	Fri
S a l a d	Lettuce & Romain lettuce & Red cabbage Broccoli Paprika Onion Vegetable Stick Black Olive Baked Beans 4 Oat Dried Cranberry Fruit Dressing 2,4,5	Lettuce & Kale & Red Beet Paprika Onion Vegetable Stick Sweet Corn Blue berry Tofu 4,5 Barley Dried Banana Chips Fruit Dressing 1,4,5	Lettuce & Spinach & Radicchio Broccoli Paprika Onion Vegetable Stick Couscous Chick peas 4 Oat Raisin Fruit Dressing 4,5	Lettuce & Blue Lettuce & Red cabbage Paprika Onion Vegetable Stick Green Olive Sweet Corn Rosted Mushrooms 4,5,19 Barley Dried Cranberry Fruit Dressing 1,4,5	Lettuce & Romain lettuce & Carrot Paprika Onion Vegetable Stick Kidney Beans 4 Egg 1 Oat Dried Banana Chips Fruit Dressing 2,4,5
S a n d w i c h	Ham 2,4,5,8,12 Cheese 2 Tomato 10 Lettuce Milk 2 Juice 20 Corn Tea Butter 2 Strawberry jam Morning roll 1,2,4,5 Bread 1,2,4,5	Ham 2,4,5,8,12 Cheese 2 Tomato 10 Lettuce Milk 2 Juice Barley Tea Butter 2 Strawberry jam Wheat Baguette 1,2,4,5 Bread 1,2,4,5	Ham 2,4,5,8,12 Cheese 2 Tomato 10 Lettuce Milk 2 Juice Corn Tea Butter 2 Strawberry jam Morning roll 1,2,4,5 Bread 1,2,4,5	Ham 2,4,5,8,12 Cheese 2 Tomato 10 Lettuce Milk 2 Juice Barley Tea Butter 2 Strawberry jam Corn Bread 1,2,4,5 Bread 1,2,4,5	Ham 2,4,5,8,12 Cheese 2 Tomato 10 Lettuce Milk 2 Juice Corn Tea Butter 2 Strawberry jam Morning roll 1,2,4,5 Bread 1,2,4,5

[Food Allergy Notice] 1)Egg 2)Milk 3)Peanut 4)Soybean 5)Wheat 6)Mackerel 7)Shrimp 8)Pork 9)Peach 10)Tomato
11)Walnut 12)Chicken 13)Beef 14)Squid 15)Shellfish 16)Buckwheat 17)Sulfite 18)Crab 19)Mushroom 20)Apple

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