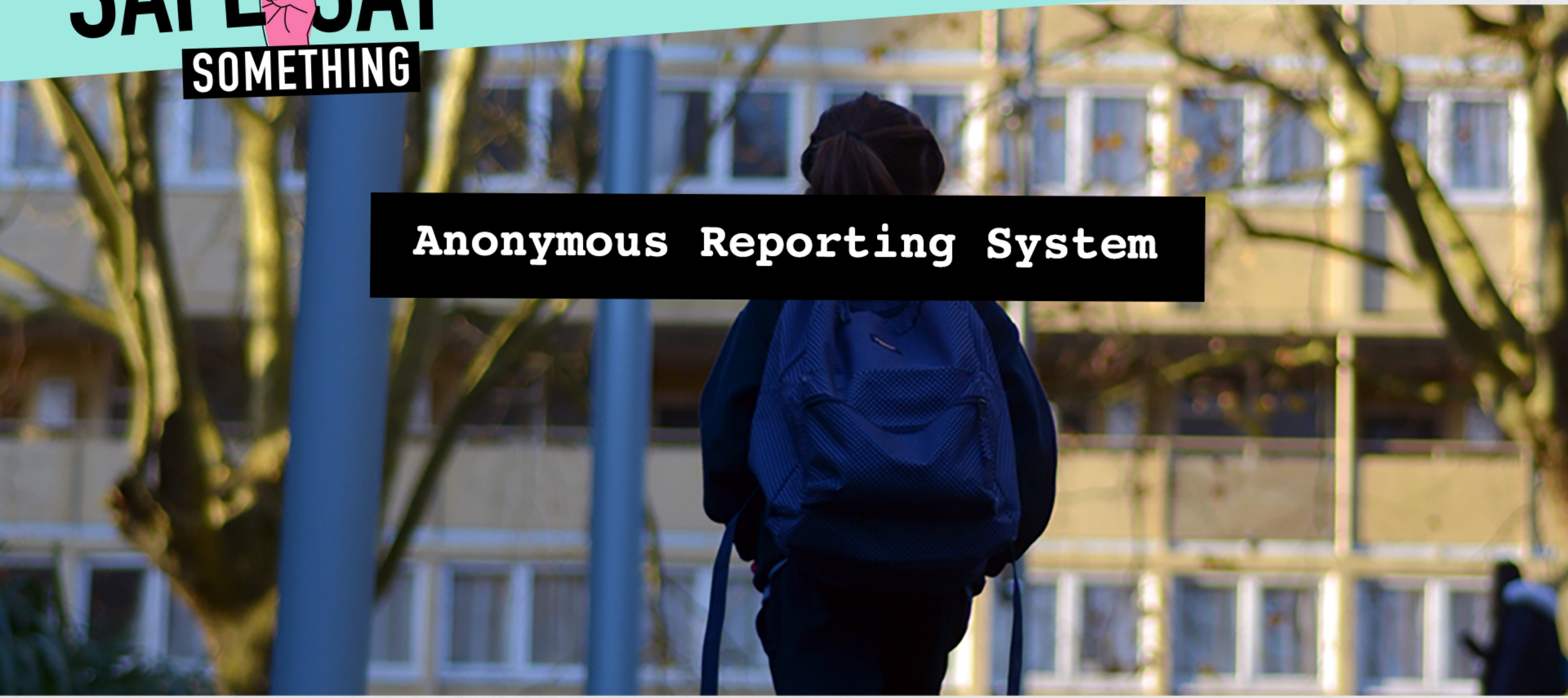
SAFE SAY SOMETHING



"SHE HAS BEEN ALL OVER TWITTER THREATENING REVENGE."

"I KNEW THIS WOULD HAPPEN."

"I SAW HIS PLANS BUT DIDN'T BELIEVE HE WOULD EVER DO THIS."

"HE TOLD ME HE WAS GOING TO."

SAFE SAY™
SOMETHING

WHY DIDN'T THEY

SAY SOMETHING

SAFE SAY SOMETHING



TODAY

YOU WILL LEARN HOW TO
SAY SOMETHING TO PROTECT
YOURSELF, CLASSMATES
AND COMMUNITY AND HELP

PREVENT VIOLENCE

SUICIDES AND THREATS.

1

LOOK FOR

WARNING SIGNS

SIGNALS AND THREATS



SAFE2SAY SOMETHING

2

ACT

IMMEDIATELY

TAKE IT SERIOUSLY



SAFE SAY SOMETHING

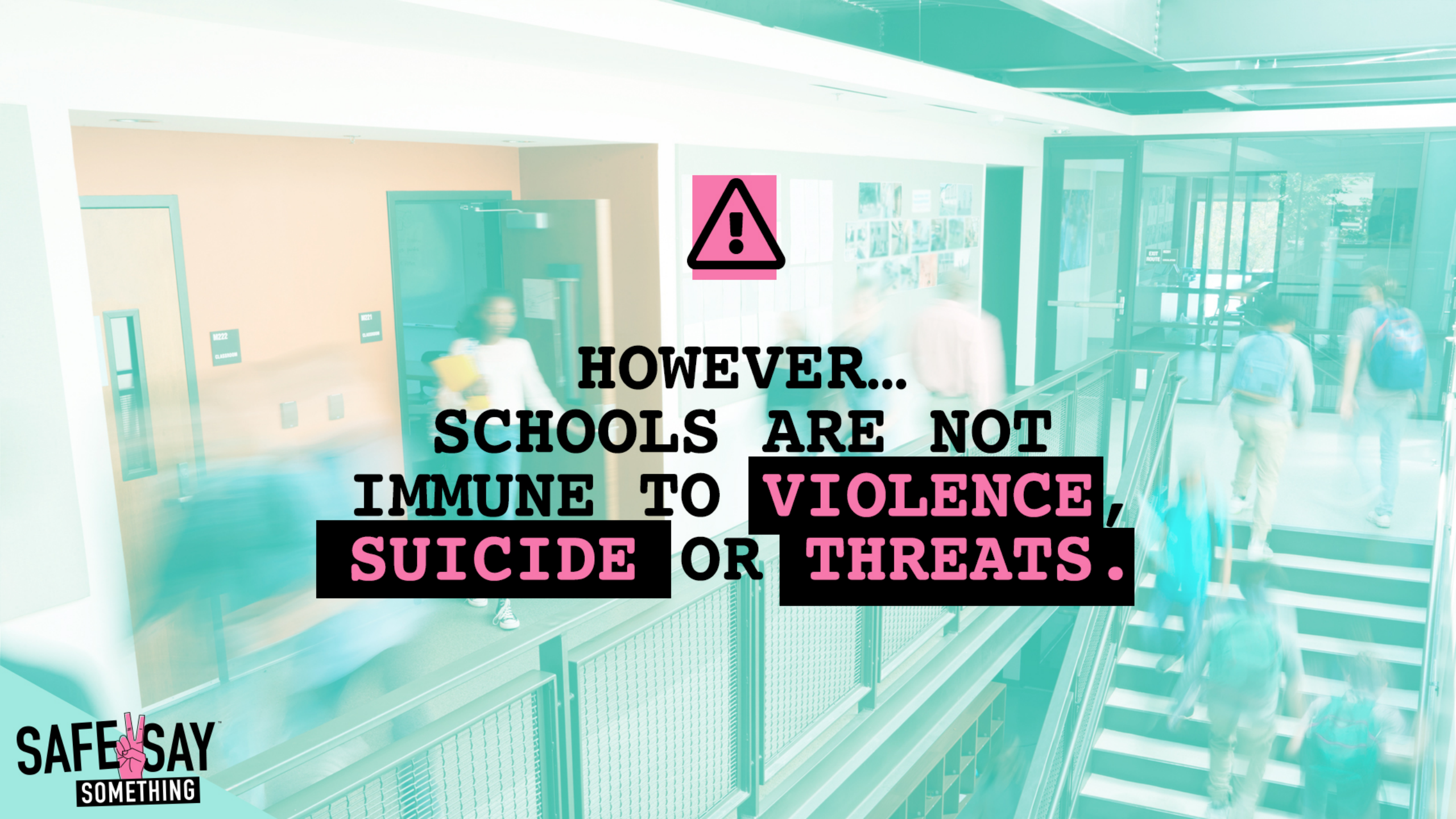
3

SAY SOMETHING



SAFE SAY SOMETHING


SCHOOLS ARE SAFE
SAFE SAY SOMETHING


HOWEVER...
SCHOOLS ARE NOT
IMMUNE TO VIOLENCE,
SUICIDE OR THREATS.
SAFE SAY
SOMETHING

1-IN-3

students report being sad or hopeless for 2+ weeks in the last 12 months

1,000,000

students did not go to school 1+ days in the last 30 days because they felt unsafe at or on their way to and from school

ONE MILLION

students were harassed, threatened or subject to other forms of cyberbullying

SAFE SAY SOMETHING



THERE ARE STEPS YOU CAN TAKE TO PROTECT YOURSELF, CLASSMATES AND COMMUNITY AND HELP

PREVENT VIOLENCE

SUICIDES AND THREATS.

SAFE SAY SOMETHING

GOOD NEWS...

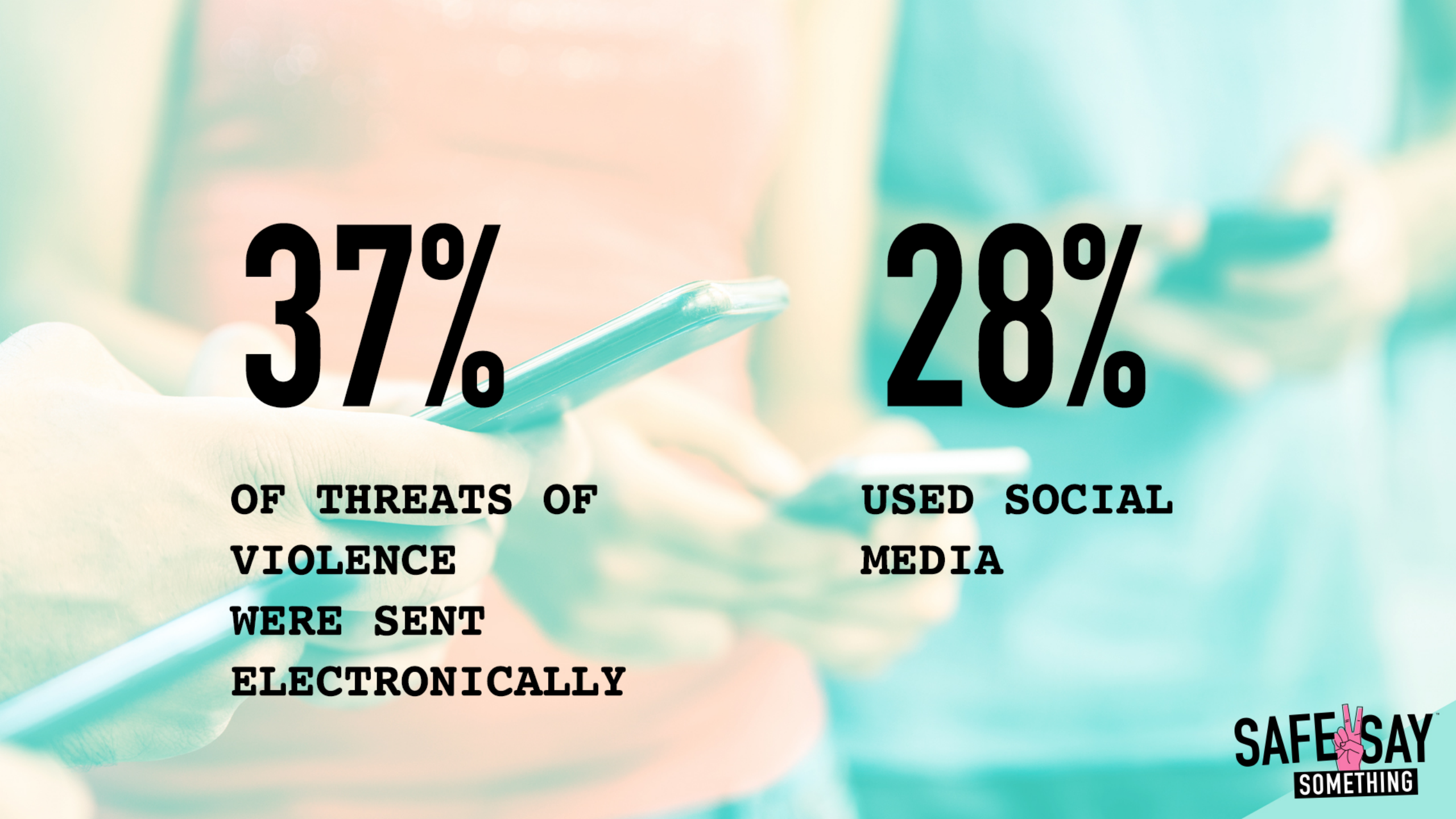
INDIVIDUALS OFTEN SHOW WARNING SIGNS AND SHARE INFORMATION BEFORE THEY ARE VIOLENT, ATTEMPT SUICIDE OR MAKE THREATS



SAFE SAY SOMETHING



IN 3 SEPARATE STUDIES, RESEARCHERS FOUND...


37%
OF THREATS OF VIOLENCE WERE SENT ELECTRONICALLY
28%
USED SOCIAL MEDIA
SAFE SAY SOMETHING



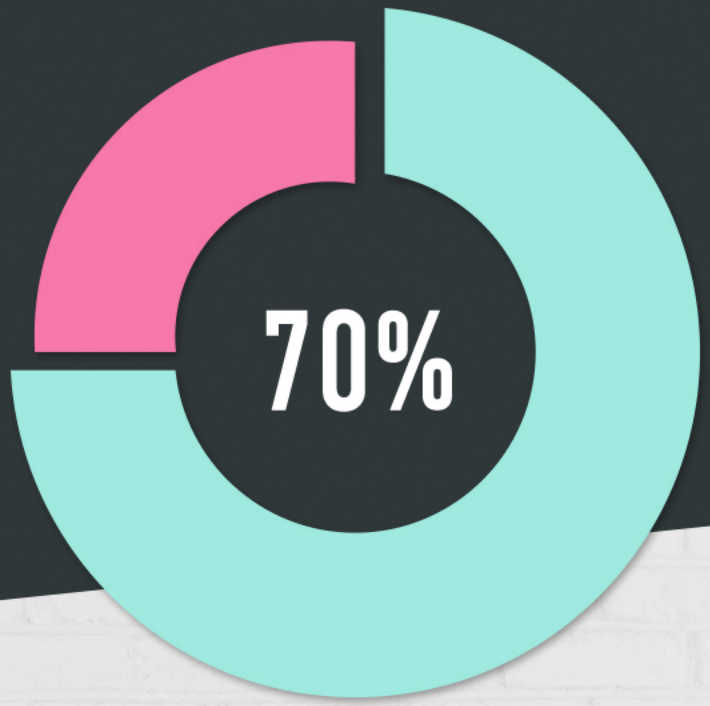
MOST MASS SHOOTINGS ARE PLANNED FOR

6+ MONTHS

IN NEARLY EVERY CASE, WARNING SIGNS WERE GIVEN.

SAFE2SAY SOMETHING





70% OF PEOPLE WHO COMPLETE SUICIDE TELL SOMEONE OF THEIR PLANS OR GIVE SOME OTHER **WARNING SIGN.**

SAFE 2 SAY SOMETHING

IF WE TEACH YOU HOW TO:

1. LOOK for warning signs, signals & threats.
2. ACT immediately. Take it seriously.
3. SAY something.

WE WILL GET BETTER AT:

1. REDUCING violence, threats & tragic consequences.
2. CREATING safer, healthier schools & communities.

SAFE SAY SOMETHING

1

LOOK FOR

WARNING SIGNS

SIGNALS AND THREATS



SAFE2SAY SOMETHING



WHAT IS A WARNING SIGN?

Thoughts, feelings and behaviors that INDICATE significant change and that an individual may be in NEED OF HELP

SAFE SAY SOMETHING



WHAT IS A WARNING SIGN?

- Withdrawal from others
- Bullying or Hitting
- Negative Role Models
- Excessive Anger
- Impulsive intimidating
- Extreme mood changes
- Thoughts or plans of harming self or others
- Blames others for own failures
- Fear of riding the bus / going to school
- Will not forgive or forget the wrongs of other people
- Significant personality change
- Excessive feelings of isolation or rejection

SAFE2SAY SOMETHING



WHAT IS A WARNING SIGNAL?

Gestures or ACTIONS that transmit information which can be either OVERT or VAGUE in nature

SAFE2SAY SOMETHING



WHAT IS A WARNING SIGNAL?

- Give away possessions
- Fascination with suicide
- Rigid beliefs or ideologies
- Brag about access to guns
- Fascination with weapons
- Fascinated with school shootings
- Fascination and/or writings and drawings of death
- Recruit friend to join an attack
- Warn a friend to stay away from school or an event
- Bragging about an upcoming attack

SAFE SAY SOMETHING



WHAT IS A THREAT?

Any communication directly or through a third party which has the **intent to HARM** themselves or someone

SAFE2SAY SOMETHING



WHAT IS A THREAT?

- “Somebody should do that here.” (supporting violent act)
- “Someone should blow this place up.”
- “Life isn’t worth living.”
- “I am going to take her and her friends out.”
- “You’d be better off without me.”
- “They will regret they ever met me.”

SAFE SAY SOMETHING

WHERE ARE WARNING SIGNS, SIGNALS AND THREATS FOUND?

SAFE SAY SOMETHING



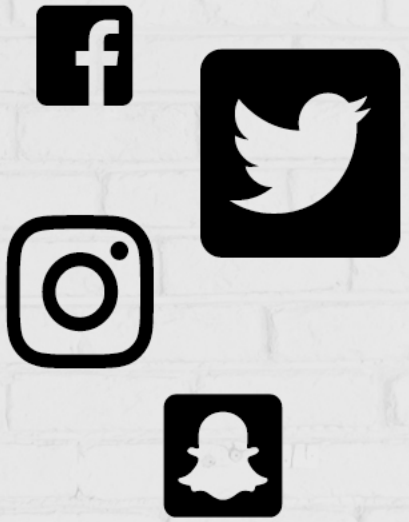
SOCIAL MEDIA

is a PRIMARY SOURCE of signs, signals and threats,followed by hallways,lunchrooms and classrooms.

SAFE SAY SOMETHING

IN WHAT FORM ARE THEY FOUND?

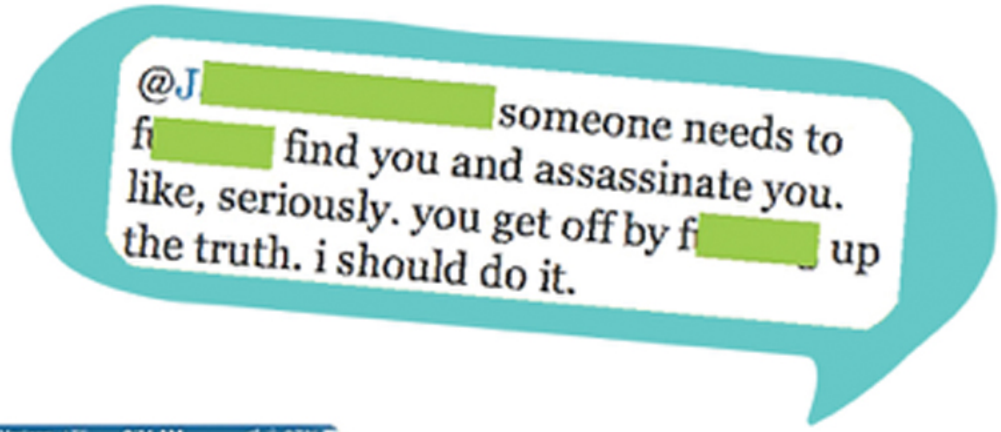
- SPOKEN
- PHOTOS
- VIDEOS
- WRITTEN
- GESTURES
- ACTIONS & BEHAVIORS



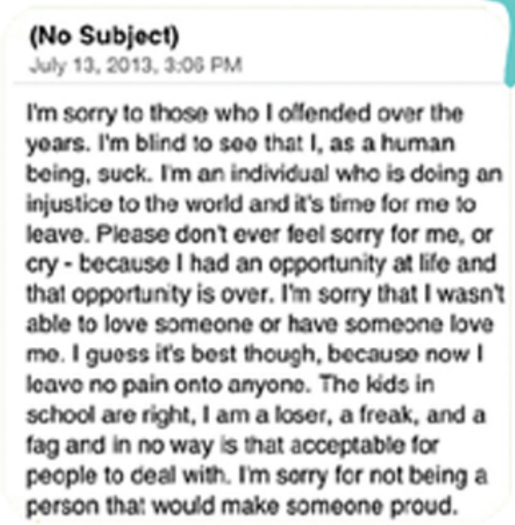
SAFE SAY SOMETHING

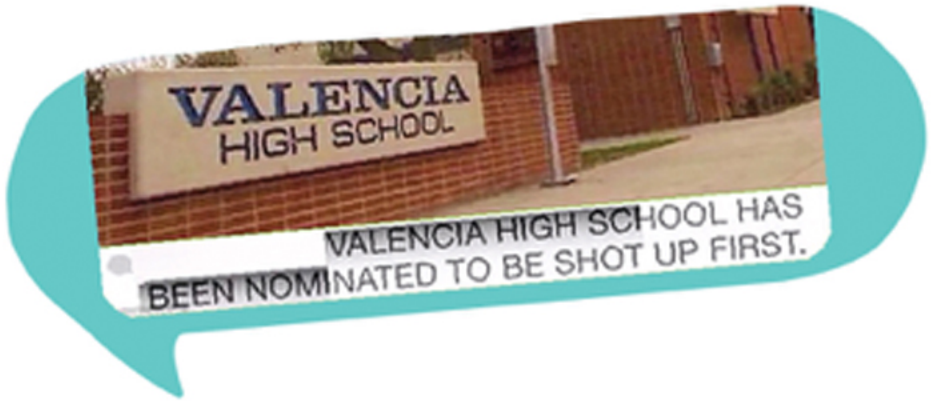
IN WHAT FORM ARE THEY FOUND?















SAFE SAY SOMETHING

IT'S NOT JUST ABOUT VIOLENCE AND SUICIDE.

YOU CAN ALSO HELP WITH OTHER PROBLEMS.

- X MAY HAVE AN EATING DISORDER
- X SUBSTANCE ABUSE OR ADDICTION PROBLEM
- X BULLYING OR BEING BULLIED
- X MAY BE A SEXUAL PREDATOR/BEING PREYED ON
- X ABUSING OR BEING ABUSED (VERBALLY/ PHYSICALLY)

SAFE SAY SOMETHING

2

ACT

IMMEDIATELY

TAKE IT SERIOUSLY



SAFE SAY SOMETHING

WHEN SHOULD YOU ACT?

WHEN YOU SEE, HEAR OR READ A WARNING SIGN, SIGNAL OR THREAT,

ACT IMMEDIATELY

AND SEEK HELP.

SAFE SAY SOMETHING



WHAT DELAYS ACTING IMMEDIATELY

- "We all spoke to him and he said he would never do that."
- "I thought someone else would tell someone."
- "I thought they would feel better tomorrow."
- "They are too young to hurt themselves or others."
- "He just wants attention.It's not real."
- "I would say something if it was a big enough deal."
- "I am waiting for the right moment to say something."
- "If he was going to do something, why would he announce it publicly?"

SAFE SAY SOMETHING

ACT

IMMEDIATELY

TAKE IT SERIOUSLY!

- There is no “Entry Age”
- Let the experts assess the sign, signal or threat
- Individuals often announce their planned actions
- Be an up-stander, not a bystander



SAFE SAY SOMETHING



WHAT STOPS ACTING IMMEDIATELY

If you tell on someone, you will be labeled a traitor, rat and/or risk of being alienated or physically hurt.

SAFE SAY SOMETHING

SAY SOMETHING

VS.

TELLING ON SOMEONE

- Getting someone help for their own safety and well-being and to protect yourself and others from harm.
- You want to help them.

- Purposely trying to get someone in trouble for your own gain.
- You want to get them in trouble.

SAFE SAY SOMETHING



ACT

IMMEDIATELY

TAKE IT SERIOUSLY

- When you act, you could save someone's life or the lives of others
- When you do not act (out of fear), you risk losing a friend or a classmate
- Individuals want to be helped – they may not understand that they need it, or don't know how to get it

SAFE SAY SOMETHING

3

SAY SOMETHING



SAFE SAY SOMETHING

ALWAYS CALL

911

IF AN EMERGENCY

SAFE SAY SOMETHING


SAY
SOMETHING
TO A TRUSTED ADULT

WHO DO I SAY SOMETHING TO?

SAY SOMETHING to a trusted adult. They have the experience, knowledge and means to know how to get help for an individual.

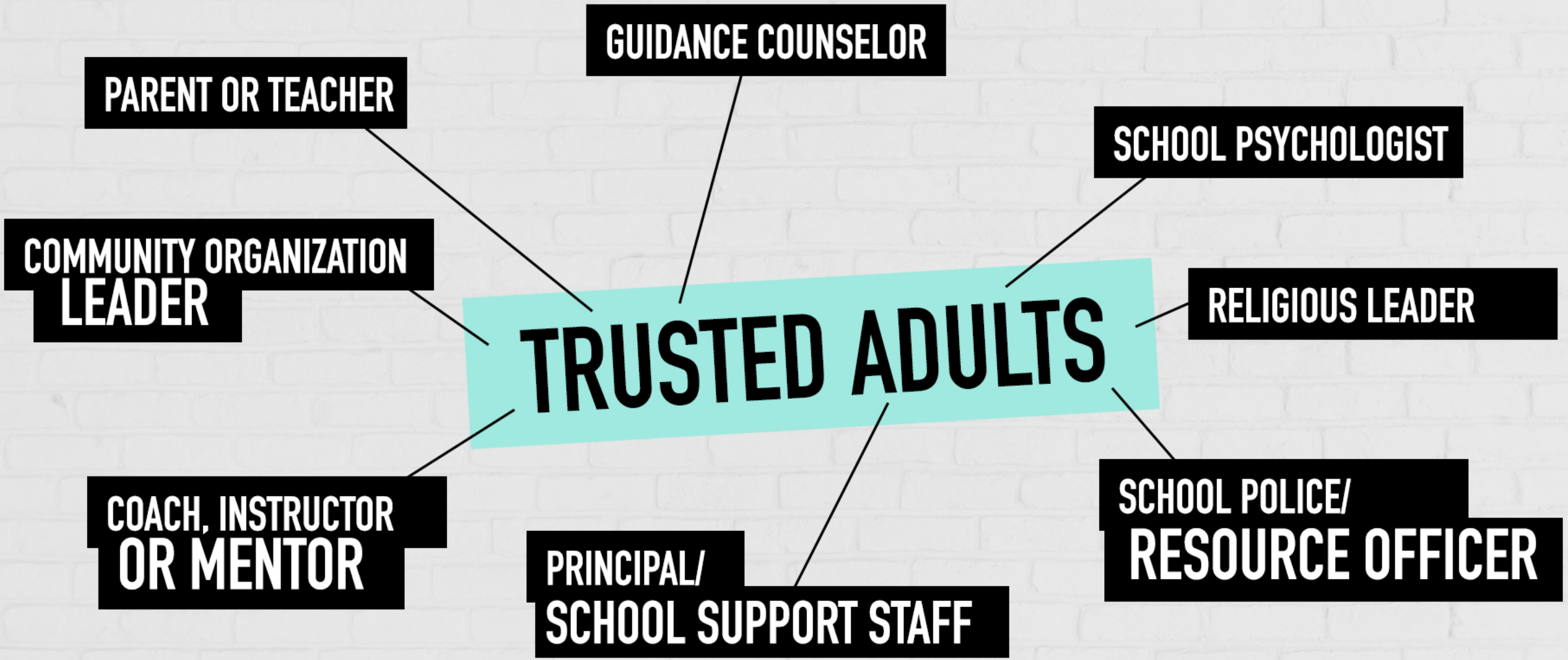


WHO DO I SAY SOMETHING TO?

Examples of trusted adults



SAFE SAY SOMETHING



SAFE SAY SOMETHING



HOW TO HAVE A

CONVERSATION

Before talking to an adult, gather any texts, photos, videos or other communication. If all or some portions were spoken,then write down what you heard.

SAFE SAY SOMETHING



HOW TO HAVE A

CONVERSATION

1

"I must talk to you about (name of individual)"

2

"She/He has threatened (explain)"

"I am noticing (explain) warning signs or signals."

Share support or personal notes

3

"I need your help now to get her/him help."

Share where adult can find the individual, parent's name and contact information (if known)

SAFE SAY SOMETHING

WHAT IF YOU CAN'T TELL A TRUSTED ADULT OR YOU WANT TO REMAIN ANONYMOUS?

SAFE SAY SOMETHING

HOW DOES IT WORK?

1

Report an anonymous tip.

2

Crisis Center may ask a few questions to understand the what's going on.

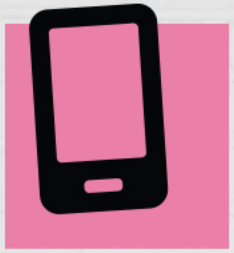
3

Within seconds the right people will be notified.

SAFE 2 SAY SOMETHING

1 SUBMIT YOUR TIP ANONYMOUSLY

24/7 — 365 Days a Year





mobile app



1-844-SAF2SAY



Safe2SayPA.org

SAFE SAY SOMETHING

2 TIPS SENT TO 24/7 CRISIS CENTER

1. Analyst ensures tip has enough information
2. MAY ask more questions via “2-way anonymous dialogue”
3. Forwards tip to school officials and 911 (as needed)

SAFE SAY SOMETHING

3 INTERVENE AND HELP

1. School Officials and 911 (as needed) immediately assess, intervene and take action to protect students

2. School Officials report outcomes into the Safe2Say Something system to ensure accountability and follow-up of tips

HOW DO I USE THE APP?

DOWNLOAD THE APP ONTO YOUR PHONE OR MOBILE DEVICE

GET IT ON Google play

Download on the App Store



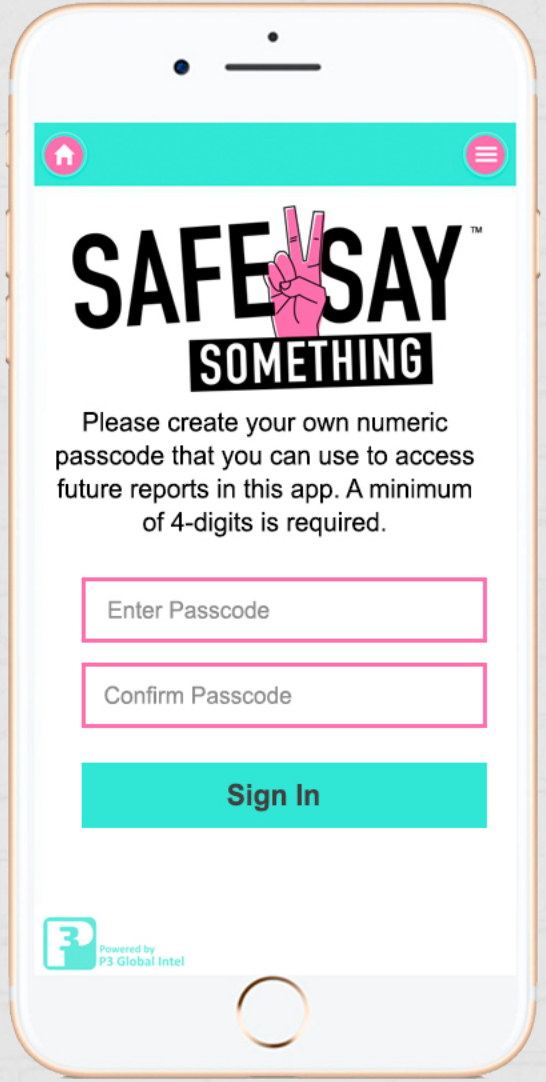
Search for "Safe2Say Something"

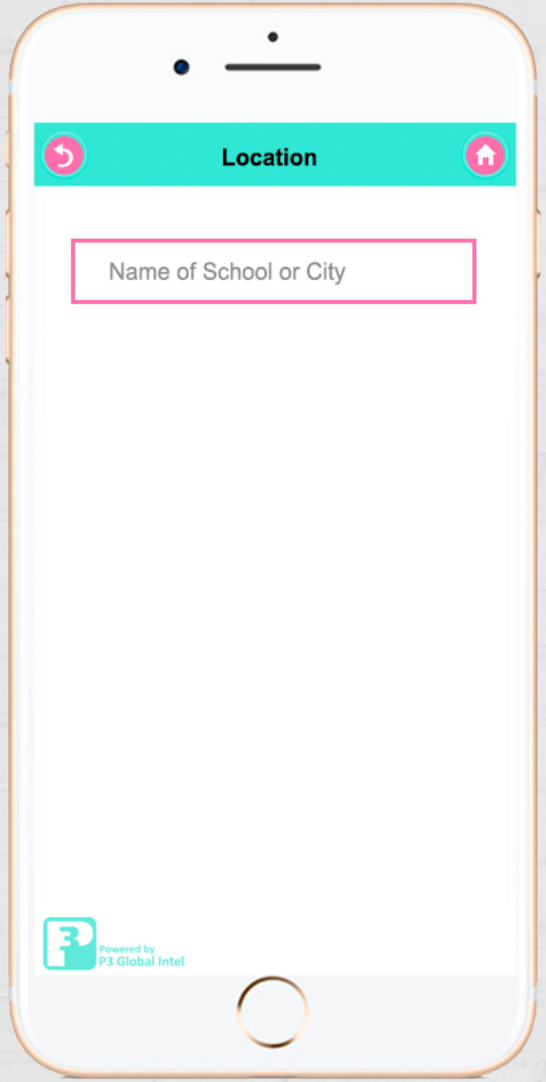
SAFE2SAY SOMETHING

HOW DO I USE THE APP?

1

CREATE AND ENTER A 4-DIGIT PASSCODE WHEN PROMPTED





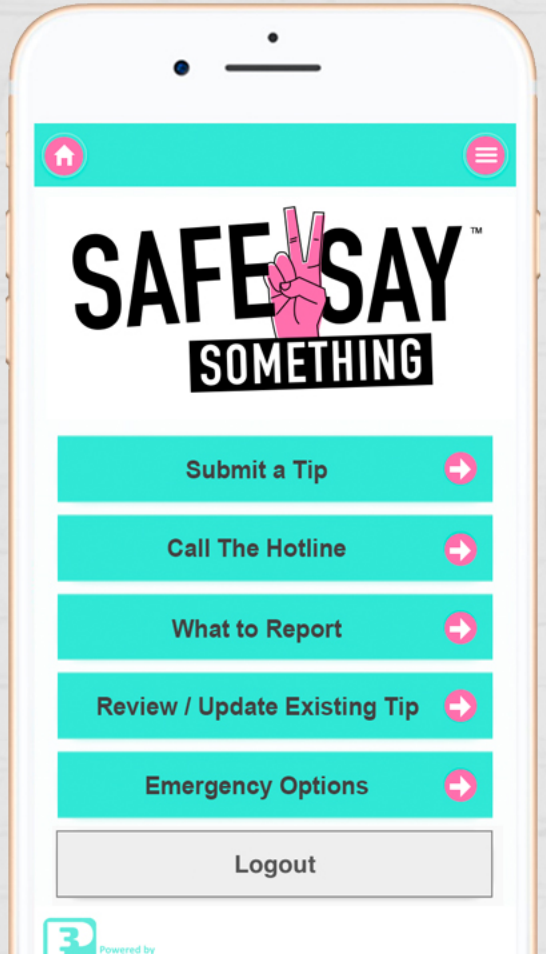
2

ENTER THE SCHOOL NAME YOU ATTEND BU TYPING IN ITS NAME OR SEARCHING BY CITY OR TOWN

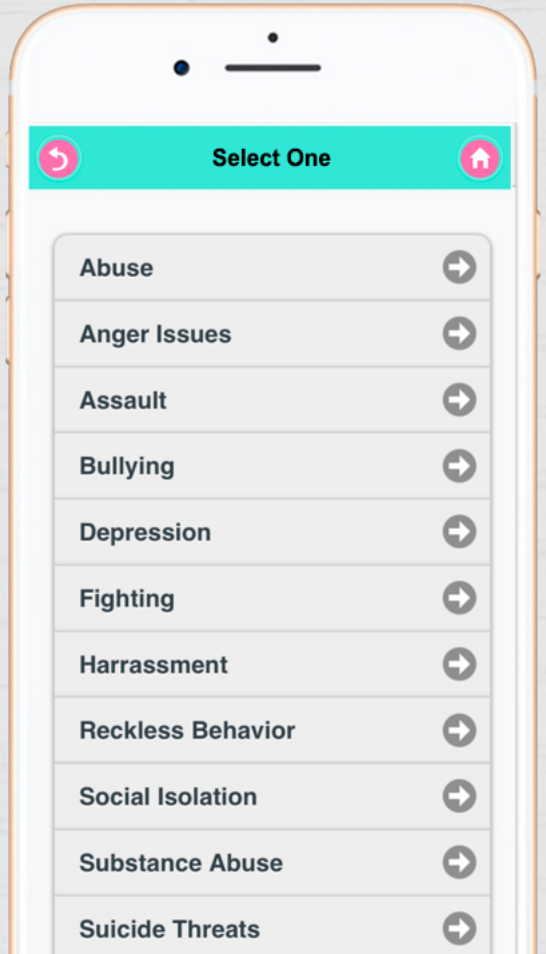
SAFE SAY SOMETHING

HOW DO I USE THE APP?

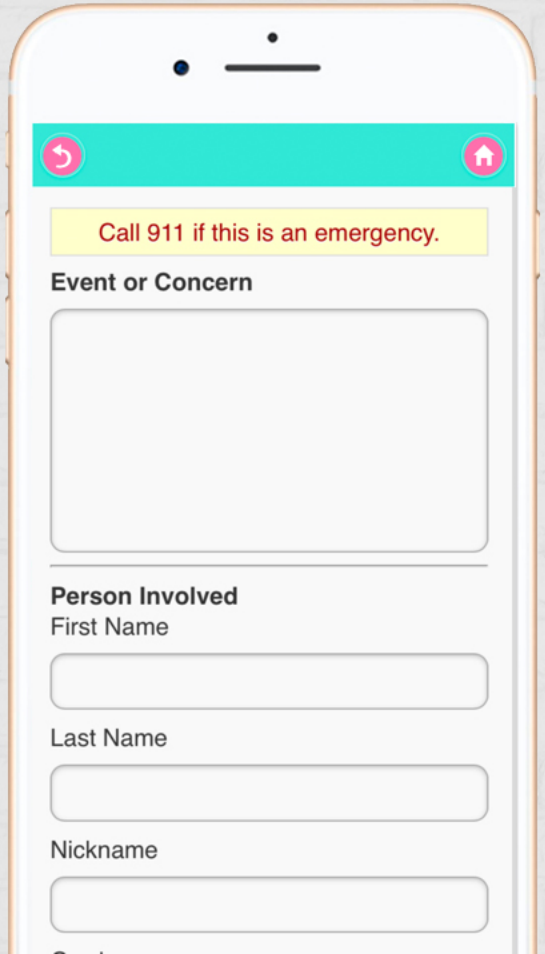
1. Select "Submit a Tip"



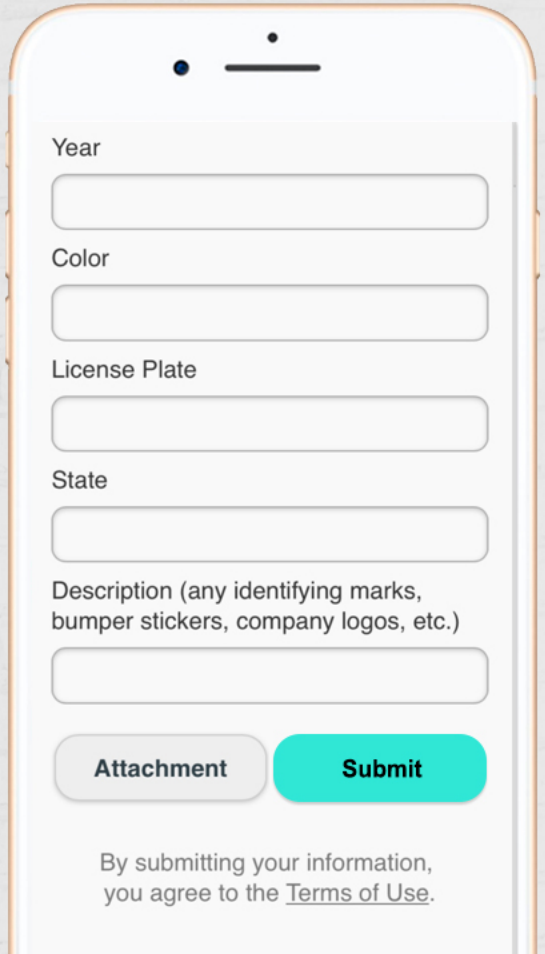
2. Select a "Concern"



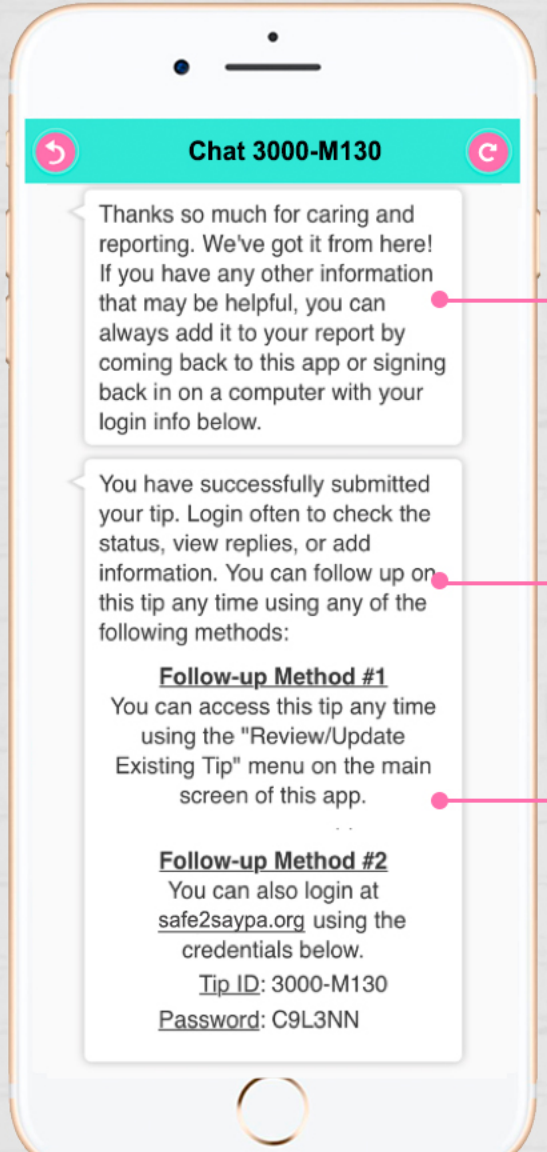
3. Provide Details (Scrolling Down)



4. Attach Photos, Videos or Sound Files and Submit Tip



HOW DO I USE THE APP?



AFTER YOU SUBMIT A TIP YOU WILL RECEIVE

Acknowledgement and thanks for submitting tip

Statement on how to check the status,view replies or add more information to a submitted tip

TWO methods to check status, view replies or add information:

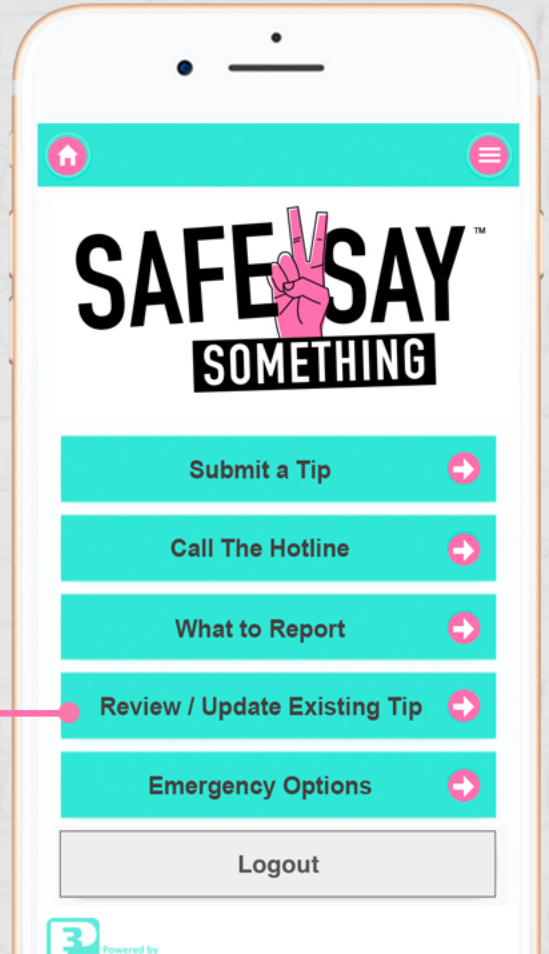
1. Via the app and the "review/update existing tip"
2. Via website by inputting the provided tip ID number

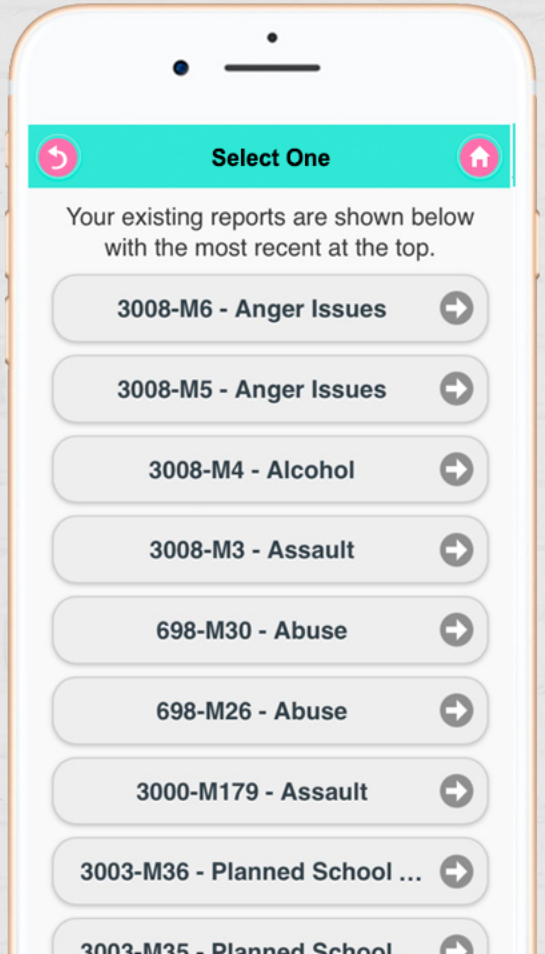
HOW DO I USE THE APP?

To Review / Update a Tip and 2-Way Anonymous Dialog

1

SELECT "REVIEW" AND UPDATE EXISTING TIP





2

SELECT TIP AND READ REQUEST OR UPDATE INFORMATION AND/OR ADD ATTACHMENT

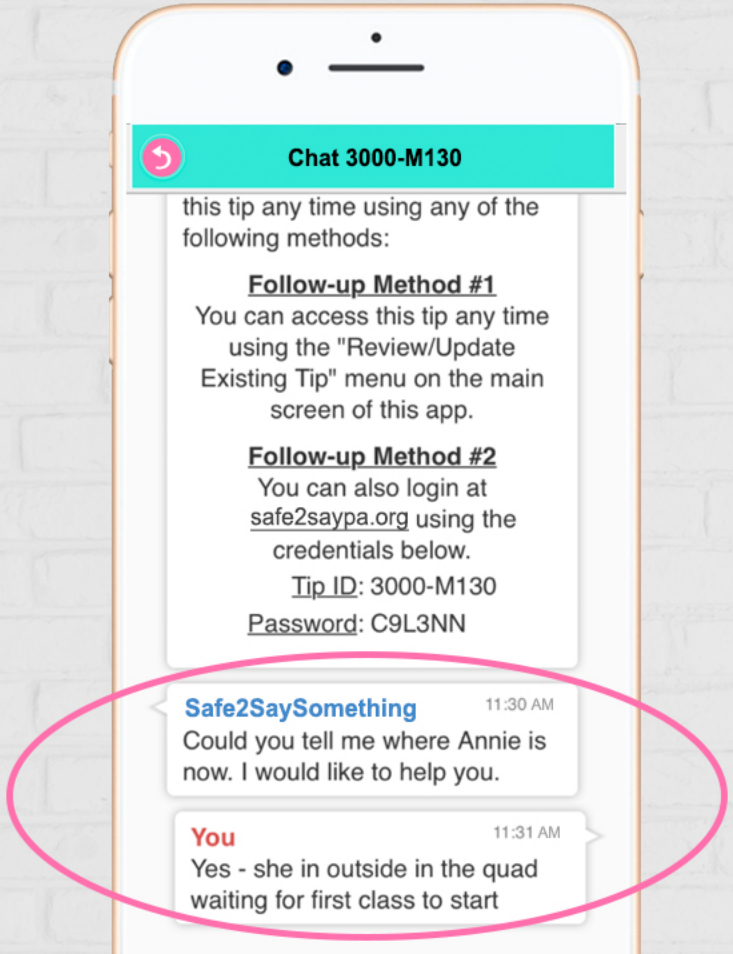
SAFE SAY SOMETHING

HOW DO I USE THE APP?

To Review / Update a Tip and 2-Way Anonymous Dialog

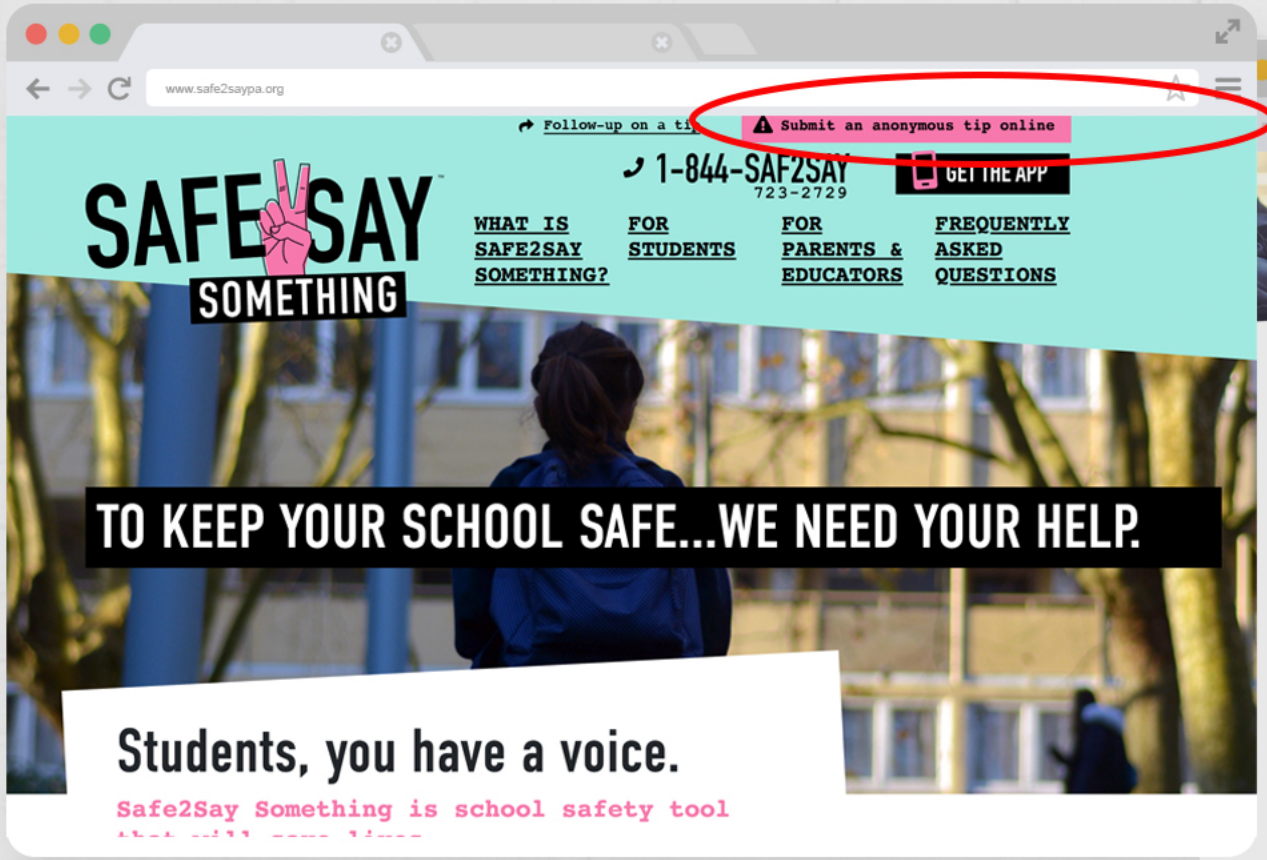
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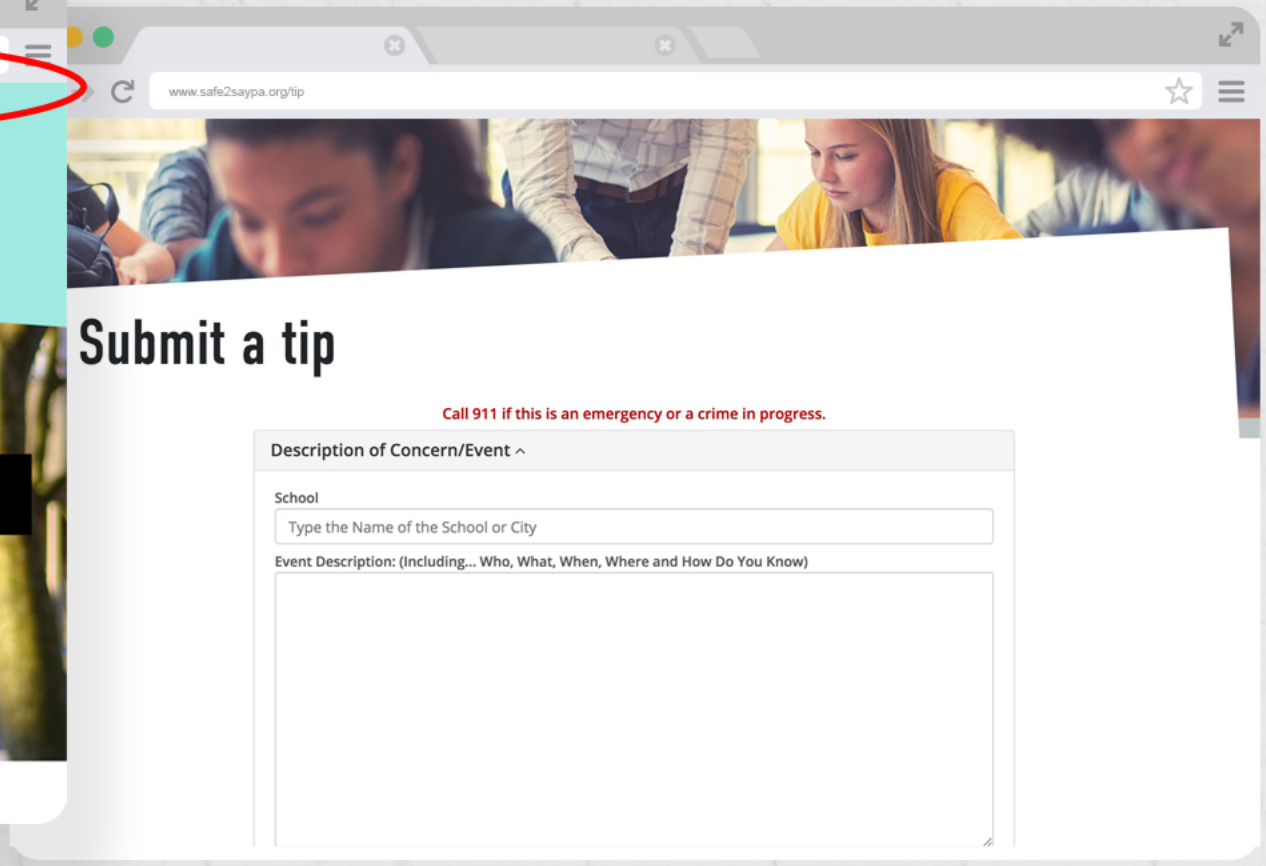
USE 2-WAY ANONYMOUS DIALOG BOX TO UPDATE TIP AND/OR ANSWER QUESTIONS



HOW DO I SUBMIT A TIP ON THE WEBSITE?

GO TO SAFE2SAYPA.ORG – SELECT "SUBMIT A TIP" THEN COMPLETE FORM:

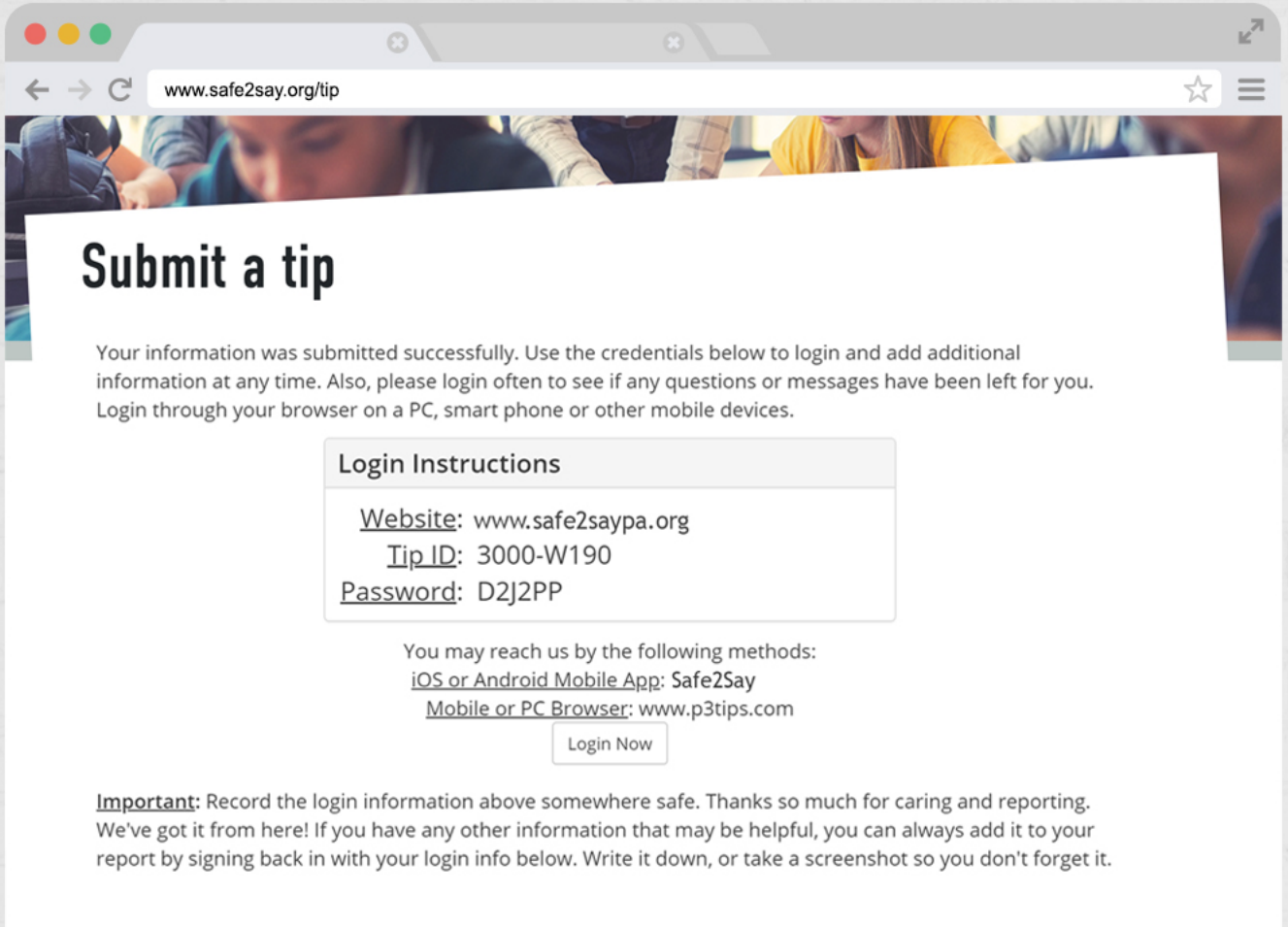




HOW DO I SUBMIT A TIP ON THE WEBSITE?

ONCE SUBMITTED, YOU RECEIVE A TIP NUMBER / PASSWORD TO ALLOW YOU TO:

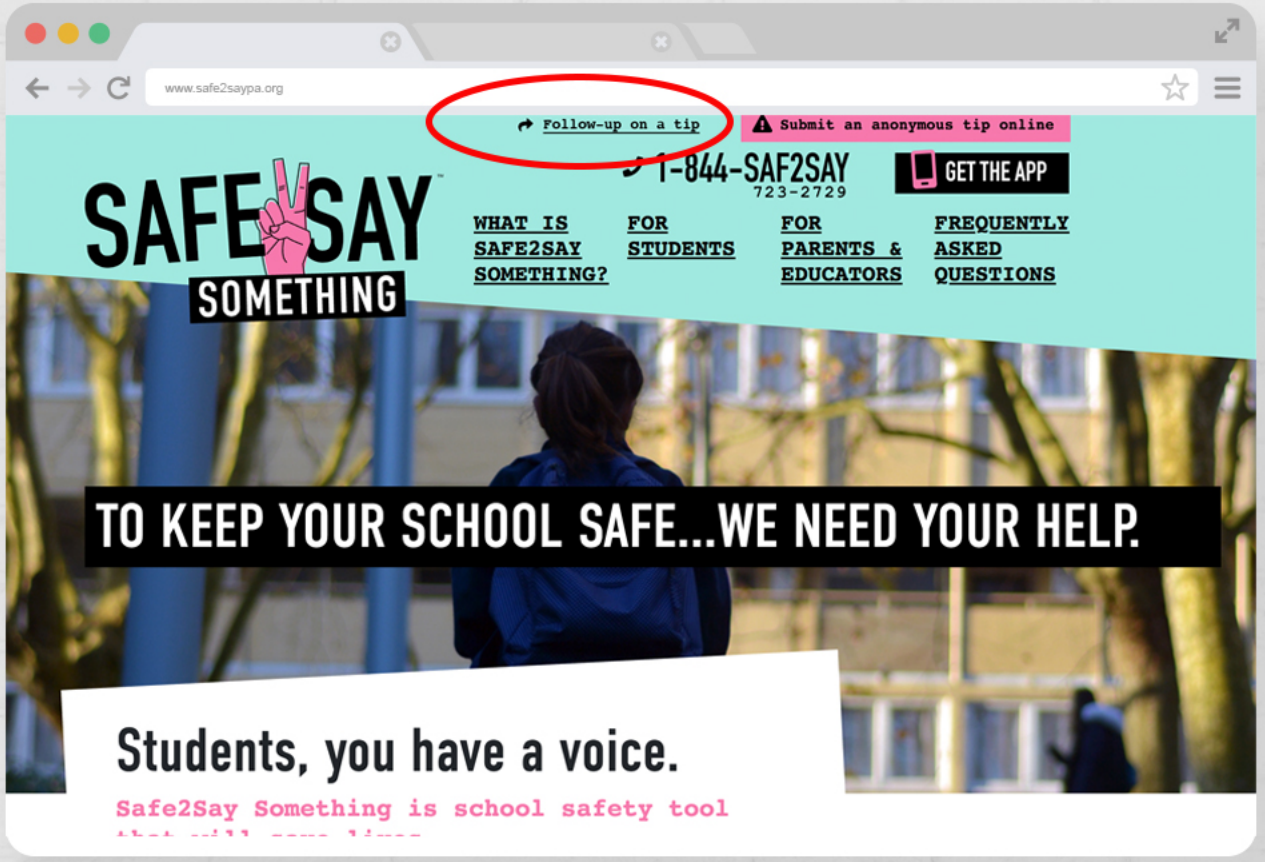
- **PROVIDE NEW AND/OR ADDITIONAL INFORMATION BY LOGGING IN ANONYMOUSLY**



SAFE2SAY SOMETHING

TO UPDATE TIP/RESPOND TO INQUIRY USING 2-WAY ANONYMOUS DIALOG

Select “Follow-Up on a Tip” and enter tip ID # and password



SAFE2SAY SOMETHING



HOW DO I SUBMIT A TIP

BY PHONE

SAFE2SAY SOMETHING

1 CALL 1-844-SAF2SAY (1-844-723-2729)

2 AN ANALYST WILL ASK A SERIES OF QUESTIONS – SUCH AS:

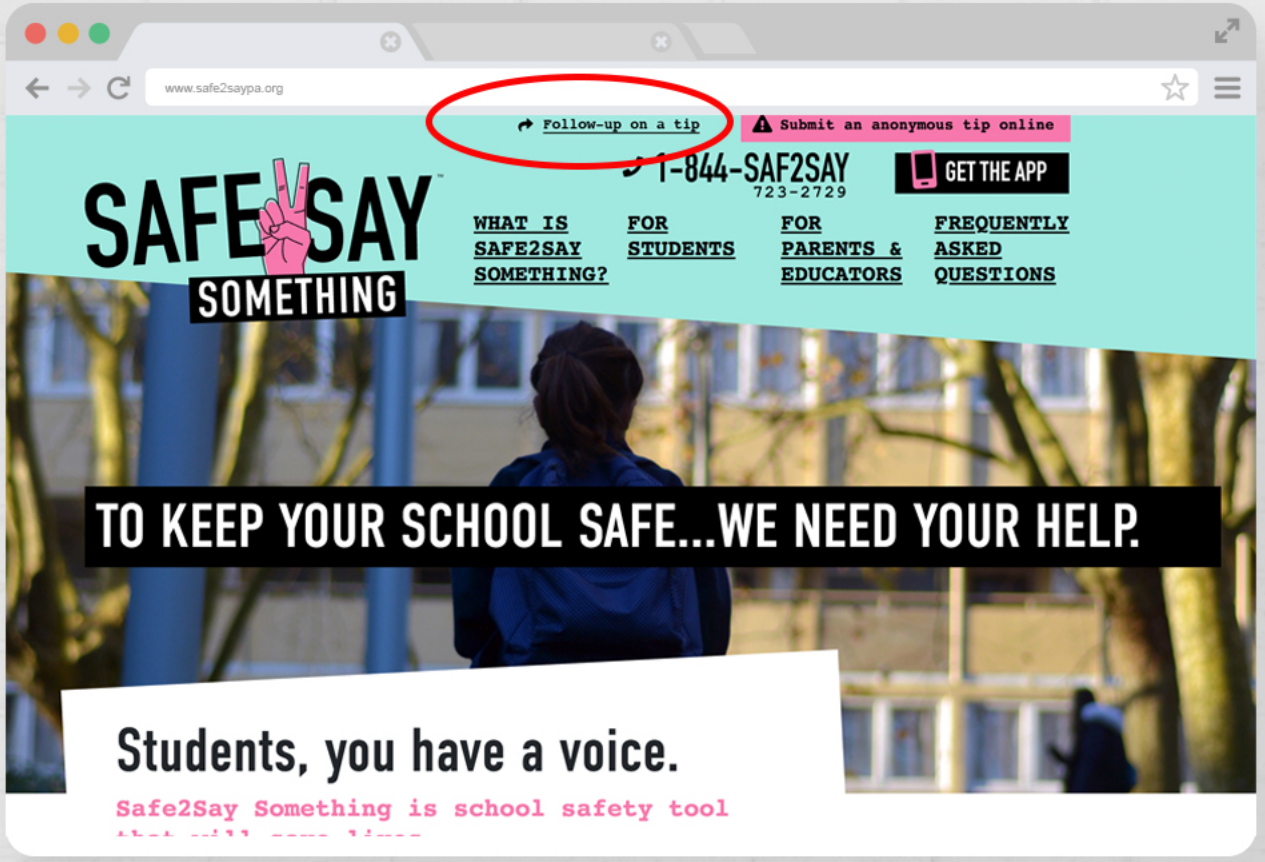
- Name of school you attend and its location
- Description of situation, individuals involved
- Location (as needed) and other details to assess the situation

3 AT THE END OF THE CALL, YOU WILL RECEIVE A TIP NUMBER AND PASSWORD TO ALLOW YOU TO:

- Login online or call back and provide new and/or additional information
- View or listen to private messages requesting additional anonymous information from you

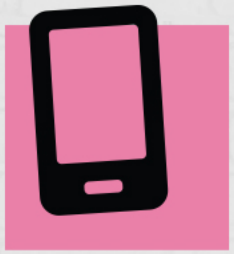
TO UPDATE TIP/RESPOND TO INQUIRY USING 2-WAY ANONYMOUS DIALOG

Go to safe2saypa.org
Select "Follow-Up on Tip" and enter tip ID # and password



SAFE2SAY SOMETHING

SUBMIT YOUR TIP ANONYMOUSLY









mobile app **1-844-SAF2SAY** **Safe2SayPA.org**

SUBMIT SECURE AND ANONYMOUS SAFETY CONCERNS 24/7, 365 DAYS A YEAR.

SAFE SAY SOMETHING

WHY

SAY SOMETHING?

YOU ARE THE EYES AND EARS OF OUR SCHOOL.



SAFE SAY SOMETHING


WHY
SAY
SOMETHING
?
YOU SEE AND HEAR THINGS
OTHERS DON'T.
SAFE SAY
SOMETHING


WHY
SAY
SOMETHING
?
YOU CAN REDUCE VIOLENCE,
SUICIDE AND THREATS.
SAFE SAY
SOMETHING

PROOF THAT

SAY SOMETHING

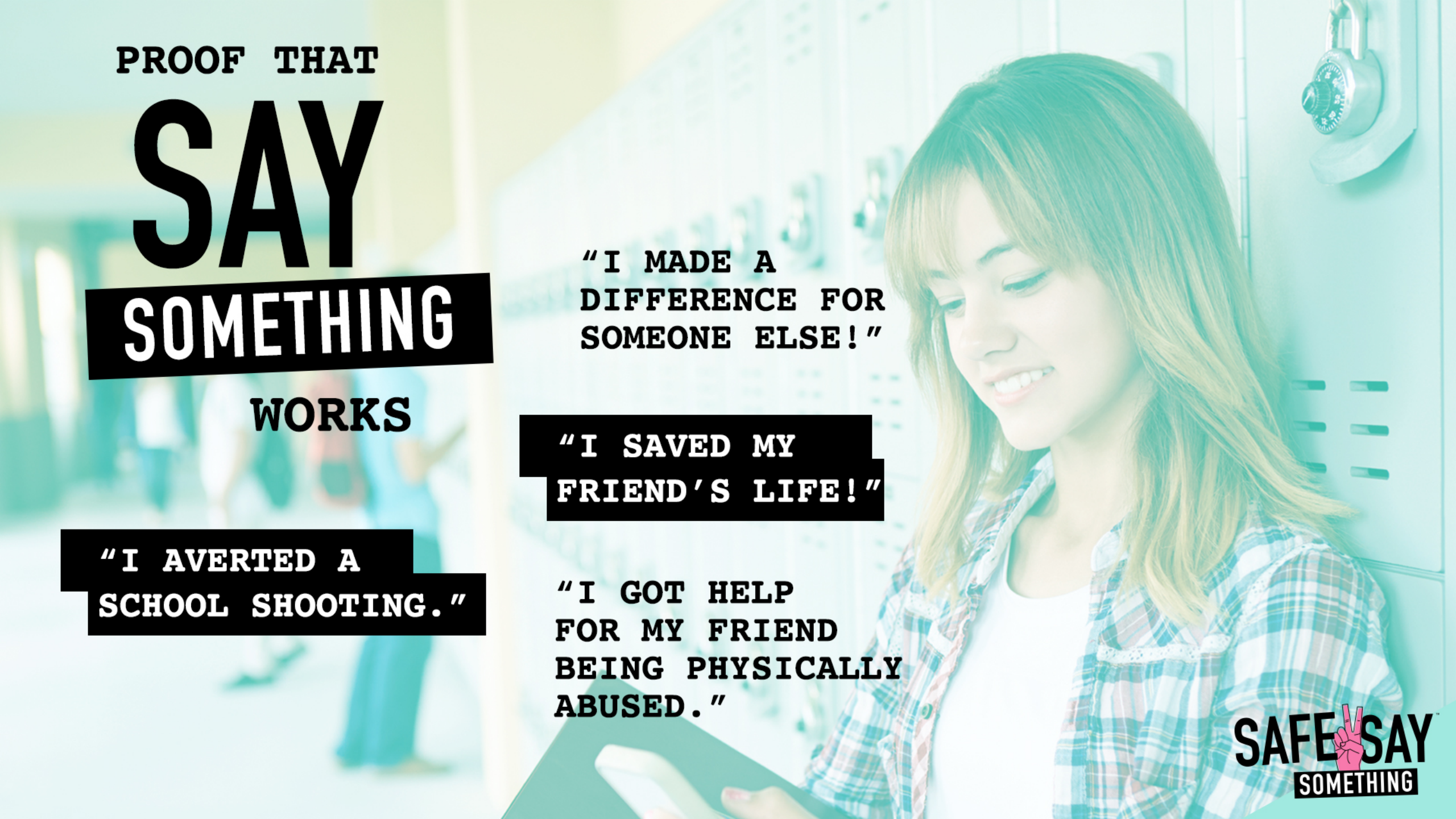
WORKS

"I AVERTED A SCHOOL SHOOTING."

"I MADE A DIFFERENCE FOR SOMEONE ELSE!"

"I SAVED MY FRIEND'S LIFE!"

"I GOT HELP FOR MY FRIEND BEING PHYSICALLY ABUSED."



SAFE SAY SOMETHING

SAFE SAY SOMETHING

TAKE THE PLEDGE

1 LOOK FOR **WARNING SIGNS**

SIGNALS AND THREATS

2 ACT **IMMEDIATELY**

TAKE IT SERIOUSLY

3 **SAY SOMETHING**

TO HELP CREATE A SAFER, HEALTHIER SCHOOL


SAFE SAY
SOMETHING