

Career Technology Center Lunch Menu January 2025

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 No School Happy New Year!	2 Chicken & Vegetable Dumplings Tender Broccoli Mixed Fruit	3 Pizzeria Style Pepperoni Pizza Green Beans Diced Peaches
6 Chicken Cheese Steak Hoagie Baked Fries Applesauce	7 Beef & Cheddar Nachos with Brown Rice Sweet Corn Banana	8 Chicken Nuggets with Buttered Noodles Seasoned Green Beans Tropical Fruit	9 Pasta with Meat Sauce & Sliced Bread Steamed Broccoli Diced Pears	10 French Bread Pizza Mixed Vegetables Diced Peaches
13 Meatball Hoagie Green Beans Apple Slices	14 Chicken & Cheese Nachos with Brown Rice Mixed Vegetables Diced Peaches	15 Macaroni & Cheese with Sliced Bread Tender Broccoli Pineapple Tidbits	16 Sweet & Spicy BBQ Chicken Rice Bowl Corn Diced Pears	17 Pizzeria Style Cheese Pizza Buttered Carrot Coins Tropical Fruit
20 No School Martin Luther King Day	21 Beef & Cheddar Nachos with Brown Rice Golden Corn Cinnamon Applesauce	22 Pierogies with Sliced Bread Tater Tots Mandarin Oranges	23 Chili Con Carne with Brown Rice Seasoned Green Beans Diced Peaches	24 Pizzeria Style Buffalo Chicken Pizza Steamed Broccoli Pineapple Tidbits
27 French Toast Sticks with Syrup & Sausages Tater Tots Crisp Apple	28 Chicken & Cheese Nachos with Brown Rice Mixed Vegetables Tropical Fruit	29 Korean BBQ Meatball Bowl w/Sliced Bread Tender Broccoli Diced Pears	30 Chicken Parmesan Sandwich Green Beans Banana	31 Italian Dunkers with Dipping Sauce Buttered Corn Pineapple Tidbits

What makes a meal?

You must choose at least 3 of 5 components available for the school lunch price.
Choice of Meat or Meat Alternate
Choice of Vegetable, Choice of Fruit*
Choice of Grain/Bread, and Choice of Milk
*Students must choose at least one fruit or vegetable

Milk Options

FF Chocolate Milk
1% White Milk

Fruit & Veggie Options

Broccoli Florets | Baby Carrots
Dark Leafy Greens | Legume Salads
Celery & Cucumber
*May choose two 1/2 cup servings
Crisp Apple | Sliced Peaches | Mixed Fruit
Fresh Orange | Banana | Pineapple Tidbits
Diced Pears | Applesauce

*K-8 may choose up to 1/2 cup serving.
9th-12th may choose two 1/2 cup servings

Alternate Menu Options

Monday-Italian Hoagie
Tuesday-Breaded Chicken Wrap
Wednesday-Chicken Caesar Wrap
Thursday-Buffalo Chicken Wrap
Friday-Turkey & Cheese Hoagie

Daily-Breaded Chicken Sandwich