|  |   | Norwell High Schoo   |  |   |
|--|---|--|--|---|
| Monday   | Tuesday   | Wednesday  | Thursday   | Friday  |
|  |   | HOLIDAY  | Jan 2<br>Meatball Sub<br>Cheeseburger<br>French Fries<br>Savory Green Beans<br>Caesar Side Salad<br>Teriyaki Chix Caesr Wrap<br>Fresh Fruit<br>Offered Daily<br>Carrot Sticks  | Jan 3<br>Big Daddys Pizza<br>B. Chicken Patty WG Bun<br>White Bean Hummus<br>French Fries<br>Peas<br>Farmer's Garden Salad<br>Dannon Yogurt<br>Fresh Fruit<br>Offered Daily<br>Carrot Sticks<br>Teriyaki Chix Caesr Wrap<br>Chicken Tenders |
| Jan 6<br>B. Chicken Quesadillas<br>Buffalo Chicken WG Roll<br>Cilantro Lime Rice<br>Peas<br>Carrots, Honey Glazed<br>Black Bean & Corn Salad<br>Buffalo Chicken Wrap<br>Peppers & Onions<br>Fresh Grapes<br>Fresh Fruit<br>Offered Daily<br>Carrot Sticks<br>Sal's Pizza | Jan 7<br>American Chop Suey<br>Garlic Knot WG<br>Greek Salad<br>Broccoli<br>A. Chicken Patty WG Bun<br>Fresh Fruit<br>Offered Daily<br>Pears<br>Fresh Strawberries<br>Carrot Sticks<br>Teriyaki Chix Caesr Wrap | A.Twin Tacos<br>Fiesta Corn & Bean Salad<br>Homemade Cornbread<br>Savory Green Beans<br>B. Chicken Patty WG Bun<br>Chicken Caesar Wrap<br>Fresh Fruit<br>Offered Daily<br>100 % Fruit Juice<br>Carrot Sticks           | Jan 9<br>BBQ Pork Sandwich<br>B. Chicken Patty WG Bun<br>French Fries<br>Mixed Vegetables<br>BBQ Beans w/ Bacon<br>Fresh Fruit<br>Offered Daily<br>Strawberry Cups<br>Chicken Caesar Wrap<br>Meatball Sub  | Jan 10<br>Stuffed Crust Pizza<br>B. Chicken Patty WG Bun<br>White Bean Hummus<br>Peas<br>French Fries<br>Farmer's Garden Salad<br>Fresh Fruit<br>Offered Daily<br>Carrot Sticks<br>MILK,Skim  |
| Jan 13<br>A. Pizza Sticks<br>A. Chicken Patty WG Bun<br>Caesar Salad<br>Buttered Egg Noodles<br>Roasted Zucchini<br>WG Dinner Roll<br>Orange Smiles<br>Fresh Fruit<br>Offered Daily<br>Teriyaki Chix Caesr Wrap  | Jan 14<br>A. Chicken Bowl<br>B. Chicken Patty WG Bun<br>Chicken Caesar Wrap<br>Warm Biscuit<br>Sweet Buttered Corn<br>Fresh Fruit<br>Peaches<br>Fresh Orange<br>Carrot Sticks                                   | Jan 15<br>A.Pasta & Meatballs<br>Garlic Bread<br>Caesar Side Salad<br>Savory Green Beans<br>A. Chicken Patty WG Bun<br>Fresh Fruit<br>Offered Daily<br>Fresh Strawberries<br>Carrot Sticks<br>Teriyaki Chix Caesr Wrap | Jan 16<br>General Tso's Chicken<br>FRIED RICE<br>Vegetable Lo Mein<br>Stir Fry Vegetables<br>Caesar Salad<br>Pinapple Tidbits<br>Fresh Fruit<br>Offered Daily<br>Fresh Strawberries<br>Carrot Sticks<br>Teriyaki Chix Caesr Wrap<br>Cheeseburger | Jan 17<br>Big Daddys Pizza<br>B. Chicken Patty WG Bun<br>White Bean Hummus<br>French Fries<br>Peas<br>Farmer's Garden Salad<br>Fresh Fruit<br>Offered Daily<br>Carrot Sticks<br>Teriyaki Chix Caesr Wrap                                    |

| Jan 20   | Jan 21   | Jan 22   | Jan 23  | Jan 24  |
|--|--|--|---|---|
| HOLIDAY  | A.BBQ Chicken<br>Garlic Mashed Potatoes<br>Cheeseburger<br>Roasted Zucchini &<br>Summer Squash<br>WG Dinner Roll<br>Fresh Fruit<br>Offered Daily<br>Chicken Caesar Wrap  | A. Nacho Platter<br>B. Chicken Patty WG Bun<br>Fiesta Corn & Bean Salad<br>Savory Green Beans<br>Homemade Cornbread<br>Fresh Grapes<br>Fresh Orange<br>Fresh Fruit<br>Offered Daily<br>100 % Fruit Juice<br>Celery Sticks<br>Greek Chicken Wrap<br>A. Galaxy Pizza | Steak and Cheese Sub<br>Cheeseburger<br>French Fries<br>WG Dinner Roll<br>Savory Green Beans<br>Caesar Side Salad<br>Teriyaki Chix Caesr Wrap<br>Fresh Fruit<br>Offered Daily<br>Fresh Strawberries<br>Carrot Sticks<br>Big Daddys Pizza<br>Asian Tangerine Chicken | Stuffed Crust Pizza<br>B. Chicken Patty WG Bun<br>White Bean Hummus<br>Peas<br>French Fries<br>Farmer's Garden Salad<br>Fresh Fruit<br>Offered Daily<br>Carrot Sticks<br>Teriyaki Chix Caesr Wrap |
| Jan 27   | Jan 28   | Jan 29   | Jan 30  | Jan 31  |
| Chicken Nuggets<br>A. Chicken Patty WG Bun<br>Buttered Egg Noodles<br>Fresh Broccoli<br>Mixed Vegetables<br>WG Dinner Roll<br>Fresh Fruit<br>Offered Daily<br>Strawberry Cups<br>Chicken Caesar Wrap | Burger Bar<br>A. Chicken Patty WG Bun<br>BBQ Beans w/ Bacon<br>POTATO SALAD<br>Mixed Vegetables<br>Fresh Fruit<br>Offered Daily<br>Strawberry Cups<br>Carrot Sticks<br>Teriyaki Chix Caesr Wrap<br>Ham & Cheese Croissant<br>A. Galaxy Pizza | NOLUNCH  | A. Mozzarella Sticks<br>Pasta Salad with Veggies<br>Sweet Buttered Corn<br>French Fries<br>Broccoli<br>Orange Smiles<br>Fresh Fruit<br>Offered Daily<br>Chicken Caesar Wrap<br>A. Chicken Patty WG Bun<br>Cheeseburger  | Big Daddys Pizza<br>B. Chicken Patty WG Bun<br>White Bean Hummus<br>French Fries<br>Peas<br>Farmer's Garden Salad<br>Fresh Fruit<br>Offered Daily<br>Carrot Sticks<br>Teriyaki Chix Caesr Wrap    |

Assorted Milk: 1% Milk, Skim Milk, FF Chocolate Milk. Offered Daily a Variety of PBJ Sandwhich, Salads, Hummus & Bagel Lunches.

Jan 2, 2025