

Upper Merion School District
Effective Date: July 1, 2024 – June 30, 2025
NOTICE TO EMPLOYEES IN CASE OF WORK-RELATED INJURIES

1. If you suffer a work-related injury, your employer or its insurance company must pay for reasonable and necessary surgical and medical services and supplies, orthopedic appliances and prosthesis, including training for their use. First, you **MUST** report the injury to your supervisor who will provide you with an SDIC claim reporting packet. Please contact your district Workers Compensation Coordinator:

Anita Watson - Benefits Manager 610-205-6416

2. Next, please call SDIC @ (800) 445-6965 or report your claim online at www.sdicwc.org (click the "Report a Claim" button). When you call SDIC with your report of injury, you will be assigned a claim number for use when seeing a panel physician. Please contact your designated claims adjuster for all inquiries.
3. To ensure that reasonable and necessary medical treatment will be paid by your employer or the insurance company, you **must** treat with one of the health care providers listed in the panel below for the first ninety (90) days from the date of first treatment.
4. If a panel provider below refers you to another licensed specialist, your employer or their insurer will pay for the reasonable and necessary services.
5. If you still need treatment after the initial ninety (90) day period, and your employer has provided the list as set forth below, you may choose to go to another health care provider for treatment. You must notify your employer of this action within five (5) days of your visit to said provider.
6. If a panel physician prescribes invasive surgery, you may obtain a second opinion from any physician of your choice. If the second opinion is different than the listed physician's opinion, you may determine which course of treatment to follow; however, the second opinion must contain a specific and detailed treatment plan. If you choose the second opinion, the procedures in that opinion must be performed by one of the listed panel physicians for the first ninety (90) days.
7. If you are faced with a medical emergency, you may secure assistance from a hospital, physician, or health care provider of your choice for your work-related injury. However, when the emergency is resolved, you must seek treatment from a panel provider listed below.
8. The Commonwealth has no direct jurisdiction over out of state providers under PA Workers' Compensation Act. Treatment with out of state providers may result in you being billed for excess amounts over the PA Act 44 Fee Schedule. Your insurance company is not responsible for any fees over and above the fee schedule. If you prefer to seek treatment with an out of state provider, you should discuss this possibility with your provider prior to initiating treatment.
9. If you require a prescription for your work-related injury or disease, **do not use your personal health plan prescription card**. Please use the Mitchell International First Fill sheet provided in the claim package.

Name	Address	Scheduling	Area of Specialty
Patient First	400 E Germantown Pike East Norriton, PA 19401	610-994-0063	Occupational Medicine
Concentra Medical Centers	170 N Henderson Rd Ste 306 King of Prussia, PA 19406	610-337-1558	Occupational Medicine
Jefferson Urgent Care - Flourtown	1820 Bethlehem Pike Flourtown, PA 19031	215-836-1354	Occupational Medicine
Main Line Health Urgent Care at Exton	154 Exton Square Mall Exton, PA 19341	484-565-1293	Urgent Care
Rothman Orthopaedics	234 Mall Blvd Ste G30 King of Prussia, PA 19406	267-339-3776	Orthopedics
Tower Health Medical Group Orthopaedics	420 W Linfield-Trappe Road Suite 1100 Limerick, PA 19468	800-385-7472	Orthopedics
Wills Eye Physicians Katzman Eye	901 E 8th Ave Ste 101 King of Prussia, PA 19406	610-265-1188	Ophthalmology
Northern Ophthalmic Associates Inc	1330 Powell St Ste 503 Norristown, PA 19401	610-272-6888	Ophthalmology

Claimants may use nearest or any locations for all providers listed above.

One Call® PT Network	Call Toll Free for Closest Location	1-855-629-6226	Physical Therapy
NovaCare Rehabilitation	Call Toll Free for Closest Location	1-866-723-NOVA	Physical Therapy
One Call® Chiropractic Network	Call Toll Free for Closest Location	1-855-629-6226	Chiropractic
One Call® Diagnostic Network	Call Toll Free for Closest Location	1-855-629-6226	Diagnostics
One Call® DME/Home Health Network	Call Toll Free for Closest Location	1-855-629-6226	DME/Home Health
One Call® Dental Network	Call Toll Free for Closest Location	1-855-629-6226	Dental