

UMASD Lunch Program 24-25 SY

Prices:

Elementary Schools Lunch : \$3.00

Middle and High School Lunch: \$3.25

All Students on the Free and Reduced Meals Program receive a free lunch meal.

A reimbursable meal includes a protein(meat/meat alternate), a grain source, a fruit (2 choices), a vegetable(2 choices), and milk. Students may take all five meal components or they may decline two items, however they must take a fruit or vegetable. Three meal components must be chosen for a meal to be reimbursable. Otherwise, we would have to charge the student a la carte pricing per item.

The student and parent/guardian will then be responsible for any charges incurred.

The 5 meal components are:

Grains

Meat/meat Alternate- protein

Fruit

Vegetables

Milk

Example #1 of a Reimbursable Meal

Spaghetti with Meatballs, Green Beans,
Grapes, and Milk

or

Spaghetti with Meatballs, Grapes, and
Milk

or

Spaghetti with Meatballs, Green Beans

Example #2 of a Reimbursable Meal

Cheeseburger on Whole Grain Bun with
French Fries, and Apple Slices

or

Cheeseburger on Whole Grain Bun with
French Fries

or

Burger (no bun) with French Fries,
Apple Slices, and Milk