



St. Helens School District
St. Helens, OR
Job Description

Job Title: Athletic Trainer
Reports To: Building Administrator

JOB SUMMARY

THE HOURS FOR THIS POSITION WILL BE 2:00 PM TO 10:30 PM TO SUPPORT ATHLETIC ACTIVITIES.

The Athletic Trainer (ATC) reports to the Athletic Director (AD). The ATC attends scheduled practices and interscholastic athletic contests and coordinates with the AD based on the hours of athletic training coverage available per week. Any additional athletic training coverage is to be planned ahead of time between the AD and ATC.

ESSENTIAL DUTIES AND RESPONSIBILITIES

Essential duties of this position include the following. Employees in this position perform some or all of the following tasks. Other duties may be assigned.

1. Provide on-site injury care and evaluation as well as appropriate acute care treatments, follow-up treatment and rehabilitation as necessary with team physician to provide:
 - a. Coverage for home varsity football games.
 - b. On site visits to evaluate and treat athletes from all sports when needed.
 - c. Follow-up injury care after physician's visits as needed.
 - d. Therapeutic rehabilitation.
 - e. Assistance on all matters pertaining to the health and well-being of student athletes.
2. Determine when an athlete may safely return to full participation from an injury (following a physician's authorization when needed).
3. Maintain complete records of all athletic injuries and treatments rendered.
4. Notify parents or legal guardian and recommend appropriate medical care when the ATC deems a significant injury has occurred.
5. Communicate with coaching staff regarding student athlete's injury status.
6. Provide assistance to the coaching staff in the development and implementation of injury prevention and strength and conditioning programs.
7. Supervise athletic training room (ATR).
8. Select and maintain equipment and supplies necessary to run an athletic training room and provide appropriate care.

RELATIONSHIPS AND RESPONSIBILITIES

1. ATC and Student Athletes
 - a. The main concern of the ATC should be the health of the student athlete.
 - b. The student athlete is to report health concerns, including injury, to the ATC as soon as possible.
 - c. Only important and medically necessary information regarding the injury will be shared with the coach.

- d. Parents of the injured student athlete will be notified as soon as possible after significant injury has occurred.
 - e. The student athlete is responsible for follow-up treatment of their injury.
 - f. The student athlete may be medically disqualified from play if treatment requirements and/or full clearance from a physician is not met.
2. Coach and Athletic Training Students (ATS)
 - a. The ATS works under the direct supervision of the ATC.
 - b. Under NO circumstances is the ATS to communicate athletic information to anyone other than the ATC unless directed by the ATC.
 - c. The ATS must NEVER be allowed to make return to play decisions, analyze or diagnose injuries, or assist in the treatment of athletic injuries except under the direct supervision of the ATC.
3. ATC and Coaches
 - a. All medical decisions will go through the ATC.
 - b. The ATC will communicate with the coaches about injured athletes.
 - c. If a coach seeks further clarification regarding a student-athlete's status, they are responsible for contacting the ATC to further discuss.
4. ATC, Coaches and Visiting Teams
 - a. Visiting teams should be made aware of the availability of medical personnel on site, prior to the game starting.
 - b. If a visiting team is traveling with their own ATC, they will assume medical responsibility for their team. SHSD personnel will be available to lend assistance as needed.
5. ATC and Physician
 - a. The ATC works under and in conjunction with the team physician as well as community physicians in caring for student athletes.
 - b. The ATC and physician will work together in developing treatment programs as necessary for student athlete's safe return to activity.
 - c. When a team physician is present at an athletic event, the final decision regarding the status of the student athlete will be made in conjunction between the physician and ATC.
6. ATC and Parent
 - a. It is the responsibility of the ATC to contact the parent/guardian after a significant injury has been sustained.
 - b. The ATC will inform the parent/guardian about the injury and necessity for referral as indicated.
 - c. All parent/guardian questions shall be answered by the ATC in a timely manner.
 - d. Ultimately parents/guardians have the final say regarding any healthcare decisions for their student, but the ATC can medically disqualify a student athlete until they are seen by a physician, and meet return to play criteria as outlined.
 - e. The ATC and parents/guardians should work together to insure a safe return to play for the student athlete.

SUPERVISORY RESPONSIBILITIES

1. None

QUALIFICATIONS

To perform this job successfully, an individual must be able to perform each essential duty satisfactorily. The requirements listed below are representative of the knowledge, skill and/or ability required. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

1. Bachelors' degree in athletic training, or a related field such as Kinesiology or Sports Medicine, and one (1) year of substantive and progressively responsible experience in providing athletic trainer services within a high school or collegiate setting, or a Masters' Degree in athletic training or a related field such as Kinesiology or Sports Medicine.
2. Athletic Trainer certification through the Board of Certification (BOC) and fulfill the requirements to hold a current Oregon state registration.
3. Possess, or the ability to obtain within the current school year, a valid athletic trainer registration by the Oregon Health Authority/Health Licensing Office.
4. Possess, or the ability to obtain within the current school year, an Emergency Cardiac Care Certification, including adult, pediatric, secondary rescuer, AED, airway obstruction and barrier devices.
5. Possess, or the ability to obtain within the current school year, certification as a Certified Wrestling Body Composition Assessor from the Oregon School Activities Association (OSAA).
6. Able to organize work and set priorities for accomplishing work in a timely and effective manner.
7. Able to work collaboratively and effectively with other staff, parents, employees, and supervisors using tact, discretion and professional judgment.
8. Must possess a valid Oregon or Washington Driver's License.

DESIRED QUALIFICATIONS

9. Possess, or the ability to obtain within the current school year, American Heart Association (AHA) certified instructor in First Aid, CPR and AED
10. Bilingual and bicultural skills.

PHYSICAL DEMANDS & WORK ENVIRONMENT

The physical demands described here are representative of those that must be met by an employee to successfully perform the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

1. The physical demands and work environment described here are representative of those that must be met by an employee to successfully perform the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.
2. While performing the duties of this job, the employee is frequently required to sit, stand, reach, climb stairs, squat, kneel, talk, move about, hear and speak in a variety of environmental settings; Frequently focuses on the computer screen.
3. May be required to lift up to sixty (60) pounds. Regular physical activities and body movements when guiding athletic activities and leading stretching exercises; frequently observes activities to evaluate athletic movements.
4. Medium strength is required to position patients for examination. May assist patients as needed, helping them on and off exam tables; may require lifting when administering first aid.
5. Exposure to blood, body fluids and other potentially infectious material during the course of duties.

6. Exposure to outdoor weather conditions over extended periods during attendance at school events.
7. Requires attendance at meetings or activities outside of normal working hours, includes travel to event sites.

OTHER

Note: This is not necessarily an exhaustive or all-inclusive list of responsibilities, skills, duties, requirements, efforts, functions or working conditions associated with the job. This job description is not a contract of employment or a promise or guarantee of any specific terms or conditions of employment. The school district may add to, modify or delete any aspect of this job (or the position itself) at any time as it deems advisable.

Prepared By: St. Helens SD

Prepared Date: 2/3/2023

I have read and understand this job description.

Signature: _____

Date: _____