

MAYPEARL ISD



Menu items subject to availability!

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Meal Pricing	Breakfast	Lunch
Primary	2.70	3.60
LSK	2.70	3.60
M.S.	2.70	3.60
H.S.	2.70	3.70
Adult	3.90	4.70

LUNCH Menu

January-July 2025

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Popcorn Chicken, Seasoned Corn, Fries	Chicken Taco, Seasoned Pinto Beans, Chopped Salad	Mini Chicken Corndogs, Seasoned Corn, Seasoned Green Beans	Walking Taco, Seasoned Pinto Beans, Chopped Salad	Pizza, Seasoned Corn, Chopped Salad
2	Chicken Sandwich, Burger Salad, Seasoned Corn	Beef Nacho, Seasoned Pinto Beans, Chopped Salad	Cheeseburger, Tater Tots, Burger Salad	Chicken Nuggets, Mashed Potatoes, Seasoned Green Beans	Pizza, Seasoned Green Beans, Chopped Salad
3	Popcorn Chicken, Seasoned Green Beans, Chopped Salad	Cheeseburger, Tater Tots, Burger Salad	Crispy Beef Tostada, Seasoned Pinto Beans, Chopped Salad	Chicken Tenders, Mashed Potatoes, Roasted Broccoli	Pizza, Seasoned Corn, Chopped Salad
4	Burrito, Seasoned Pinto Beans, Seasoned Corn	Mini Chicken Corndogs, Seasoned Green Beans, Tater Tots	Chicken Sandwich, Tater Tots, Burger Salad	Chicken Nuggets, Mac and Cheese, Roasted Broccoli	Pizza, Seasoned Green Beans, Chopped Salad

OTHER DAILY SELECTIONS:

FF Chocolate and 1% White Milk

Fresh & Canned Fruit

Uncrustable w/graham cracker and cheese stick

Cheese Sandwich w/graham cracker and cheese stick

NUTRITION BITES:

- Make fruit more appealing: Make a fruit smoothie by blending fat-free or low-fat milk or yogurt with fresh or frozen fruit.
- Many children in the US fall short of meeting calcium, iron, vitamins D, potassium, fiber and whole grain recommendations.¹
- The intake of dairy products is especially important to bone health during childhood and adolescence, when bone mass is being built.²

January 2025						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

February 2025						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

March 2025						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

April 2025						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

May 2025						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

June 2025						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

July 2025						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Week 1 Meal Plan

Week 2 Meal Plan

Week 3 Meal Plan

Week 4 Meal Plan

1. 2015-2020 Dietary Guidelines for Americans
2. USDA. MyPlate.gov. <http://www.myplate.gov>.