





2025

FFVP

Happy New Year!

1/8 + 1/9



Blood Oranges
4 grams carbs. per serving

Jicama5 grams carbs. per serving

with Ranch Dressing!

1/15 + 1/16



9 grams carbs. per clementine



Lemonade Apples
15 grams carbs. per apple

1/22 + 1/23



Kumquats
grams carbs, per serving

Bell Peppers

with
Ranch
Dressing!

6 grams carbs. per serving

3 grams carbs. per serving

1/29 + 1/30



Calamondin

3 grams carbs. per serving



Cotton Candy Grapes

7 grams carbs. per serving

Cincinnati Public Schools

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