

January Elementary Lunch

ALL STUDENTS AT THAMES RIVER MYSTIC RIVER & CATHERINE KOLNASKI WILL EAT BREAKFAST AND LUNCH AT NO COST TO THE FAMILIES THIS SCHOOL YEAR!!

LUNCH PRICING
FULL PAY- \$3.25
MILK ONLY-.50
STAFF LUNCH-\$5.00

Thanks to the State of Connecticut all students eligible for reduced price meals will eat at no cost this school year

Bento Boxes served daily as an alternate lunch, please check your students school for the weekly options

This Institution is an equal opportunity provider

STUDENT NUTRITION PROGRAM



GROTON PUBLIC SCHOOLS

Mon	Tue	Wed	Thu	Fri
		1 NEW YEARS DAY NO SCHOOL	2 CHICKEN NUGGETS DINNER ROLL TATER TOT POTATOS STEAMED PEAS	3 CHEESE PIZZA CAESAR SALAD
6 GRILLED CHEESE TOMATO SOUP OYSTER CRACKERS	7 BRUNCH! FRENCH TOAST STICKS TURKEY SAUSAGE HASH BROWN POTATOS	8 TURKEY & PROVALONE GRINDER COOL RANCH DORITO CUCUMBER CUPS	9 BREADED CHICKEN FILET ON A WHEAT ROLL SWEET POTATO FRIES	10 STUFFED CRUST PIZZA CAESAR SALAD
13 MOZZARELLA STICKS MARINARA SAUCE ROASTED GREEN BEANS TEXAS TOAST	14 GRILLED HAM & CHEESE ON A CROISSANT NACHO DORITO CELERY STICKS	15 CHICKEN & WAFFLES CINNAMON ROASTED CARROTS	16 NACHOS! SEASONED BEEF &CREAMY CHEESE SAUCE TORTILLA CHIPS STEAMED CORN SEASONED BROWN RICE	17 CHEESE PIZZA CAESAR SALAD
20 MARTIN LUTHER KING DAY NO SCHOOL	21 ALL BEEF HOT DOG ON A WHEAT ROLL VEGETARIAN BAKED BEANS TATER TOTS	22 PASTA WITH MEAT SAUCE GARLIC KNOT ROASTED GREEN BEANS	23 CHICKEN CAESAR WRAP LAYS KETTLE CHIPS CARROT STICKS	24 STUFFED CRUST PIZZA CAESAR SALAD
27 MIKES CHEESE BITES MARINARA SAUCE ROASTED BROCCOLI DINNER ROLL	28 MINI CORN DOGS HONEY MUSTARD DIPPING SAUCE ROASTED POTATOS	29 CHICKEN QUESADILLA SEASONED RICE STEAMED CARROTS	30 MANAGERS CHOICE	31 CHEESE PIZZA PIZZA CAESAR SALAD

8 oz low fat or fat-free milk, our fantastic fruit tray and rainbow veggie tray offered with every school lunch