



2024-2025 UNION ATHLETICS INFORMATION

A SPORTS PHYSICAL IS MANDATORY

In order to tryout or participate in any athletic activity for the 2024-2025 school year, the athlete must provide a current sports physical to the coach at the time of tryouts.

Please do not give the original form to the coach; keep the original, and turn in a copy.

Only physicals dated on or after May 1, 2024 will be valid for the 2024-2025 school year.

SPORTS TRYOUT DATES

Please check our website periodically for information regarding sports tryout dates. Most sports will conduct tryouts during the month of May for the following school year. Tryout dates will be posted as soon as they are received from our coaches.

If you have any questions regarding any of our sports programs, please feel free to email the coach (email addresses listed below) or call the Athletic Department at 918-357-7410.

Listed below are school-sponsored sports, competition season and the grades of participation. Unless noted otherwise, the sports will meet as a class during the school day, in addition to before school and/or after school practices.

SPORT	SEASON	GRADES	
Baseball	Spring	Grades 9-12	
Basketball (boys)	Winter	Grades 8-12	
Basketball (girls)	Winter	Grades 7-12	
Cheer	Year-Round	Grades 7-12*	
Cross Country	Fall	Grades 7-12*	
Football	Fall	Grades 8-12	
Golf	Spring	Grades 7-12*	
Highsteppers (Dance)	Year-Round	Grades 7-12*	
Pom	Year-Round	Grades 7-12*	
Soccer	Spring	Grades 9-12	
Softball-Fast Pitch	Fall	Grades 7-12	
Softball-Slow Pitch	Spring	Grades 9-12	
Swimming	Winter	Grades 9-12	
Tennis	Spring	Grades 7-12	
Track	Spring	Grades 7-12*	
Volleyball	Fall	Grades 7-12	
Wrestling	Winter	Grades 7-12	

*Please note: the following will not meet during the school day. All practices are held before and/or after school.

- 7th & 8th Grade Cheer
- 7th & 8th Grade Cross Country
- 7th & 8th Grade Golf
- 7th & 8th Grade Highsteppers
- 7th & 8th Grade Pom
- 7th & 8th Grade Track

Athletic Coach Email Addresses

Baseball	Shawn Newkirk	newkirk.shawn@unionps.org
Basketball-Girls	Josh Berry	berry.joshua@unionps.org
Basketball-Boys	Rudy Garcia	garcia.rudy@unionps.org
Cheer	Taylor Williams	williams.taylor@unionps.org
Cross Country	Tim Dial	dial.timmy@unionps.org
Football		
Golf-Girls	Lindsay Jones	jones.lindsay@unionps.org
Golf-Boys	Tanner Bushyhead	bushyhead.jonathan@unionps.org
Highsteppers	Kristi Posey	posey.kristi@unionps.org
Pom	Brittany Friske	friske.brittany@unionps.org
Soccer-Girls	Jami Rozell	rozell.jami@unionps.org
Soccer-Boys	Aaron Ugbah	ugbah.aaron@unionps.org
Softball-Fast Pitch	Courtney Girty	girty.courtney@unionps.org
Softball-Slow Pitch	Chris Nakashima	nakashima.christopher@unionps.org
Swimming	Lynne Gorman	gorman.lynne@gmail.com
Tennis-Girls	Tyler Ashley	ashley.tyler@unionps.org
Tennis-Boys	Kevin Gannon	gannon.kevin@unionps.org
Track	Tim Dial	dial.timmy@unionps.org
Volleyball	Chadd McKee	mckee.chadd@unionps.org
Wrestling-Girls	Gerald Harris	harris.gerald@unionps.org
Wrestling-Boys	Danny Jefferson	jefferson.daniel@unionps.org