

Breakfast Menu

Suffern Central Elementary

January 2025

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday



2 Egg and Cheese Sandwich ✓
Cinnamon Toast Crunch Cereal ✓
Graham Crackers
Fresh Orange
Apple Juice



3 Brown Sugar Cinnamon Pop Tart
Cheerios Cereal ✓
Graham Crackers
Fresh NY Local Apple
100% Orange
Tangerine

6 Graham Crackers
Red. Sugar Cocoa Puffs Cereal ✓
Mini Cinnamon Pull Apart Roll ✓
Corn Flakes Cereal ✓
Fresh Orange
Apple Juice

7 Bacon, Egg and Cheese Breakfast Sandwich P
Red. Sugar Froot Loops Cereal ✓
Graham Crackers
Fresh NY Local Apple
100% Orange
Tangerine

8 Whole Grain French Toast Slices ✓
Cinnamon Toast Crunch Cereal ✓
Graham Crackers
Fresh NY Local Apple
100% Apple Juice



9 Egg and Cheese Sandwich ✓
Cinnamon Toast Crunch Cereal ✓
Graham Crackers
Fresh Orange
Apple Juice

10 WG Donut ✓
Apple Cinnamon Cheerios Cereal ✓
Graham Crackers
Fresh NY Local Apple
100% Orange
Tangerine

13 Strawberry Pop Tart
Red. Sugar Cocoa Puffs Cereal ✓
Graham Crackers
Fresh Orange
Apple Juice



14 Bacon, Egg and Cheese Breakfast Sandwich P
Red. Sugar Froot Loops Cereal ✓
Graham Crackers
Fresh NY Local Apple
100% Orange
Tangerine

15 Graham Crackers
Red. Sugar Cocoa Puffs Cereal ✓
Apple Cinnamon Cheerios Cereal ✓
WG Donut ✓
Fresh NY Local Apple
100% Orange
Tangerine

Egg and Cheese Sandwich ✓
Cinnamon Toast Crunch Cereal ✓
Graham Crackers
Fresh Orange
Apple Juice

17 Mini Cinnamon Pull Apart Roll ✓
Corn Flakes Cereal ✓
Graham Crackers
Fresh Orange
Apple Juice



21 Bacon, Egg and Cheese Breakfast Sandwich P
Red. Sugar Froot Loops Cereal ✓
Graham Crackers
Fresh NY Local Apple
100% Orange
Tangerine

22 Fresh NY Local Apple
Whole Grain French Toast Slices ✓
Cinnamon Toast Crunch Cereal ✓
100% Apple Juice

23 Egg and Cheese Sandwich ✓
Cinnamon Toast Crunch Cereal ✓
Graham Crackers
Fresh Orange
Apple Juice

24 WW Honey Bun ✓
Red. Sugar Cocoa Puffs Cereal ✓
Graham Crackers
Fresh NY Local Apple
100% Orange
Tangerine

27 Strawberry Pop Tart
Red. Sugar Froot Loops Cereal ✓
Graham Crackers
Fresh NY Local Apple
Orange Juice



28 Bacon, Egg and Cheese Breakfast Sandwich P
Red. Sugar Froot Loops Cereal ✓
Graham Crackers
Fresh NY Local Apple
100% Orange
Tangerine



30 Egg and Cheese Sandwich ✓
Cinnamon Toast Crunch Cereal ✓
Graham Crackers
Fresh Orange
Apple Juice

31 WG Donut ✓
Apple Cinnamon Cheerios Cereal ✓
Graham Crackers
Fresh NY Local Apple
100% Orange
Tangerine

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

All grains listed are whole wheat or whole grain
Choice of Milk: 1% or Fat Free White Milk

Available Daily

Assorted Red. Sugar Cereals, Muffins, Bagels w/ cream cheese or butter
Fresh Fruit (Sliced Apples, Bananas and/or Orange Wedges)

If you have any questions regarding this menu please contact your Food Service Director

Janet Ginocchio @ iginocchio1@sufferncentral.org

