

Athletic Department Fall 2024 Athlete Survey

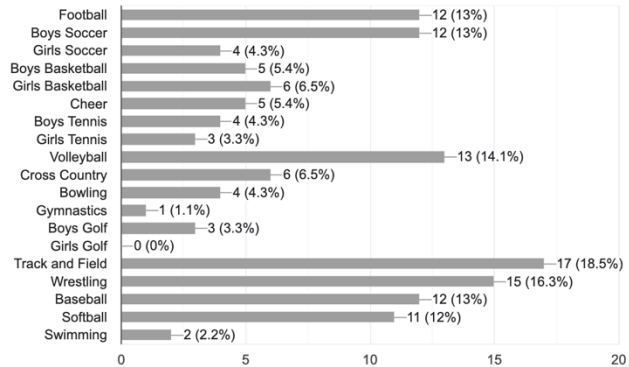
**91 students responded
out of 277 33%**

26% Seniors; 33% Juniors; 41% Sophomores.

47% Male; 53% Female

58% white; 23% Black; 7% Other; 4% Asian; 4%

Hispanic; 4% Native American



Survey Questions:

**NO.
Responding
Meeting or
Exceeding**

**Rating
Green:
Meeting or
Exceeding
Yellow: Needs
improvement
Red: Needs
Attention**

Overall, I enjoyed playing on my team.

85

My head coach made the sport enjoyable.

80

Our team got along and had good team morale.

80

I learned a lot from playing a sport this season.

82

I received a fair amount of playing time.

70

I improved as a player this season

85

The head coach had adequate knowledge of the rules, skills, and strategies our team needed to compete.

87

The head coach helped players improve to reach their fullest potential

81

The opportunity was available for each team member to communicate with the head coach.

88

My head coach listened to me.

80

My head coach let me and my teammates make decisions about the team.

62

Players on the team respected the head coach.

83

I trusted my head coach.

86

Instructions and advice given from the head coach to the players were clear and easily understood.	84	
The head coach understood I was a high school student and had other commitments besides athletics.	80	
My head coach focused on my grades and academics.	85	
My head coach fostered a strong sense of team unity	84	
Overall I felt supported by my head coach.	84	
Overall, I liked my head coach.	82	
The assistant coach had adequate knowledge of the rules, skills, and strategies.	83	
The assistant coach helped the players and team improve.	81	
The assistant coach was an integral part of our team's success	79	
The assistant coach worked to create a positive environment.	79	
The assistant coach exhibited confidence in his/her work.	85	
My team showed good sportsmanship during both wins and losses.	79	
My coaches displayed fairness during both wins and losses.	86	
How often did your coach use inappropriate language.	17	
How often did you use inappropriate language.	14	
My coaches encouraged play outside the rules.	12	
How often did your coach yell at another player, fan or ref?	11	
How often did you see your coach congratulate another team, player or coach?	72	
How often did you see parents or fans yelling at a coach, player or ref?	20	
How often did you see parents or fan "trying to coach" from the sidelines?	25	
How often did you see parents using inappropriate language.	12	

How often did you see parents congratulate another team	32	
I showed fairness and sportsmanship this season during wins and losses.	84	
Our uniforms/warm-ups looked nice and fit properly.	58	
The equipment (balls, bats, gear, etc.) was in a state of good condition.	65	
The playing facilities (gym, field, track, etc.) were in good condition and fit my needs.	77	
The locker room facilities were in good condition and fit my needs.	70	
Our time in the weight room helped me improve my strength and quickness.	59	
The hours and operation of the weight room fit my needs.	60	
The athletic trainer(s) provided effective care of my athletic injuries.	80	
The hours and operation of the training room fit my needs.	67	
Practices were a fair amount of time.	79	
Practices were well organized and structures.	75	
Practices helped me improve my skills.	79	
Practices helped our team improve.	85	
My coaches were fully engaged during practices.	82	
Our team played a fair number of games.	81	
The teams we played were near our team's ability level.	76	
Teachers and administrators showed up at the games to support my team.	65	
Overall I would rate my experience with the Athletic Program at CCHS as high or very high.	76	

**The Athletic Department identified a number of Strengths.
Here is how athletes responded to those STRENGTHS.**

Strength:	Yes	No	Rating
Strong effort to meet the needs of our student athletes- academically, social emotionally, being a trustworthy, accountable adult prepared for the future.	98%	2%	
High level of care and concern for student athletes.	98%	2%	
A sense of community, team, collaboration, sportsmanship, and a good athlete-to-coach relationship.	100%	0	
Offering a wide range and increasing number of sports making the district a leader in southern Illinois athletics.	96%	4%	
Providing top quality facilities that are well maintained and updated.	96%	4%	
Ensuring a healthy athlete-to-coach ratio to allow for personalization and individual skills development.	99%	1%	
Hiring and retaining a high quality talented and experienced coaching and assistant coaching staff.	96%	4%	
Ensuring administrative support for a high-quality athletic program and a positive working and learning environment.	98%	2%	
Providing an athletic training staff that is responsive, knowledgeable and engaging.	100%	0	
Offering seamless and consistent communication among players and between players and coaches to ensure everyone is on the same page regarding roles, expectations, and procedures.	98%	2%	

Suggestions for other possible STRENGTHS:

*Congratulate myself, team members, opposing team, coaches, and show them respect.

- *Better lunches and food prior to practices and games.
- *Cleaner facilities – locker room
- *Team Dynamic – Coaches recognize when kids are struggling – check in on them.
- *Having a girls track coach dedicated to girls' track would bring more girls to the sport.

**The Athletic Department identified a number of Weaknesses.
Here is how athletes responded to those WEAKNESSES.**

WEAKNESS:	Yes	No	Rating
Expectations of strength/speed/weight requirements and programs	52%	48%	
Need for feeder elementary school district alignment.	52%	48%	
Transportation needs to and from practices	43%	57%	
Additional space for teams to work/condition.	56%	44%	
Coordination and education for and between head coaches.	43%	57%	
Meeting the economic struggles and needs of families.	51%	49%	
Consistency in code of conduct/disciplinary standards and consequences for athletes.	41%	59%	
Supporting the “whole needs” of an athlete- academic, part-time jobs, extracurricular activities and family commitments.	53%	47%	
Lack of funds to fulfill increasing athletic program needs.	56%	44%	

Balancing athlete participation and enjoyment vs competition and winning.	43%	57%	
Suggestions for other possible WEAKNESSES:			
<ul style="list-style-type: none"> *Weight room availability for off-season athletes after school. *Study group for athletes only. *Appearance – Travel gear, new uniforms. *Support from other teams at events. *Additional facilities for practices and games (cheer/wrestling/baseball/softball/basketball). 			

The Athletic Department identified a number of Opportunities. Here is how athletes responded to those OPPORTUNITIES.			
OPPORTUNITY:	Yes	No	Rating
Explore incentives for being a three-sport athlete.	81%	19%	
Explore new ways to communicate and coordinate with feeder elementary districts, colleges, and junior sports programs to maximize opportunities for athletes and their families.	92%	8%	
Explore possibilities for a long-range facilities and equipment plan to better target allocation and funding opportunities.	90%	10%	
Look for new way to improve athletic director and head coach relationships.	80%	20%	

Explore new ways for offering conditioning, strength, and agility skill building during and after the school day as well as beyond the school day and year.	94%	6%	
Explore ways to target student athletes who need assistance in balancing athletics and academics.	93%	7%	
Explore mentorship opportunities between coaches and athletes.	87%	13%	
Foster diversity and inclusivity within the athletic program and booster club.	84%	16%	
Expand community and alumni engagement opportunities.	88%	12%	
Suggestions for other possible OPPORTUNITIES:			
<ul style="list-style-type: none"> *Bring in college athletes to share experiences and give advice to student-athletes. *Explore incentives for being a three sport athlete. *Create togetherness among teammates and athletes from other sports. *Keep the morale up by adding spirit leaders from different sports. *Intense practices including conditioning opportunities through scrimmaging. 			

The Athletic Department identified a number of Threats. Here is how athletes responded to those THREATS.			
THREAT:	Yes	No	Rating
Student motivation and effort for academic success.	81%	19%	
Struggling families (Poverty - Mental Illness)	75%	25%	
Economics	67%	33%	
Specialization and outside competing club sports.	59%	41%	
Health and safety	59%	41%	

Community interests and supports	60%	40%	
Personal connections and mentorships.	53%	47%	
Suggestions for other possible THREATS:			
<ul style="list-style-type: none"> *Student motivation and effort for academic success. *Student representation – travel gear and uniforms – want to look nice. *Ensure the facilities are clean and safe – especially the wrestling mats. *Home and background safety of student-athletes. *Communication between grade levels – being respectful and not being superior. 			