January 2025

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|-----------------------------------|---|--|--|
| 30 | 31 | 1 NO SCHOOL | 2 | 3 |
| | | | Chocolate Frosted Long John | Breakfast Flatbread |
| | | | Cocoa Puffs Whole Grain Toast | Lucky Charms Graham Crackers |
| | | | Fruit Selection Choice of Milk | Fruit Selection Juice Selection Choice of Milk |
| 6 | 7 | 8 | 9 | 10 |
| Cinnamon Toast Crunch | Breakfast Toaster Sandwich | Coffee Cake | Easy Egg Bake | Chocolate Chip Brekkie |
| Cereal Bar Honey Nut Cheerios Graham Crackers | Chex Whole Grain Toast | Cheese Stick Cinnamon Toast Crunch Graham Crackers | Whole Grain Toast Cocoa Puffs Whole Grain Toast | Lucky Charms Graham Crackers |
| Fruit Selection Choice of Milk | Fruit Selection Choice of Milk | Fruit Selection Choice of Milk | Fruit Selection Choice of Milk | Fruit Selection Juice Selection Choice of Milk |
| 13 | 14 | 15 | 16 | 17 |
| Fluffy Pancakes | Breakfast Sandwich | Blueberry Muffin | Cinnamon Roll | Breakfast Banana Split Yogurt |
| Cheerios Graham Crackers | Chex Whole Grain Toast | Cheese Stick Cinnamon Toast Crunch | Cocoa Puffs Whole Grain Toast | Parfait Lucky Charms |
| Fruit Selection | Fruit Selection | Graham Crackers | Fruit Selection | Graham Crackers |
| Choice of Milk | Choice of Milk | Fruit Selection Choice of Milk | Choice of Milk | Juice Selection Fruit Selection Choice of Milk |
| 20 NO SCHOOL | 21 | 22 | 23 | 24 |
| | Sausage Breakfast Pizza | Banana Chocolate Loaf Cheese Stick | Cinnamon Cream Cheese Filled Bagel | Breakfast Bowl |
| | Chex Whole Grain Toast | Cinnamon Toast Crunch Graham Crackers | Cocoa Puffs Whole Grain Toast | Lucky Charms Graham Crackers |
| | Fruit Selection Choice of Milk | Fruit Selection Choice of Milk | Fruit Selection Choice of Milk | Fruit Selection Juice Selection Choice of Milk |
| 27 | 28 | 29 | 30 | 31 |
| /anilla Frosted Long John | Chicken Breakfast Biscuit | Chocolate Chip Muffin | Mini Eggo Waffles | Yogurt Parfait with Blueberries |
| Honey Nut Cheerios Graham Crackers | Chex Whole Grain Toast | Cheese Stick Cinnamon Toast Crunch Graham Crackers | Cocoa Puffs Whole Grain Toast | & Granola Lucky Charms Graham Crackers |
| Fruit Selection Choice of Milk | Fruit Selection Choice of Milk | Fruit Selection Choice of Milk | Fruit Selection Choice of Milk | Juice Selection Fruit Selection |

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Student Breakfast FREE
Adult Breakfast \$3.00
Extra Entrée \$1.25
Extra Milk \$.50

Milk Choice of White Skim Milk or Chocolate Milk is included in with Breakfast. For Questions Please Contact Food Service at: kgarza@rcw.k12.mn.us



Your MENUS plus more Information on our app Taker Food4Life®



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