



# ROOSEVELT & WESTON BREAKFAST & LUNCH MENU January 2025

**NOTES**

Available Daily BREAKFAST: Cereals/ Cereal Bars/ Pop Tarts/ Fresh Fruit/ 100% Fruit Juice/Low Fat Milk

Available Daily LUNCH: Cheese Sandwich/ Fresh Fruit & Vegetables / Low Fat Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>CONTAINS WHEAT:</b> all pasta; breaded chicken; all sandwich bread, buns, and breadsticks; all breakfast entrees (excluding smoothies &amp; egg dishes); all pizza items; tortilla chips</p> <p><b>CONTAINS SOY:</b> chicken patties, chicken nuggets, all beef items (excluding hot dogs)</p> <p><b>CONTAINS DAIRY:</b> all pizza items; all salads (cheese); all hot vegetables (butter); all sandwiches with cheese</p>		1	2	3
			<p>Waffles</p> <p>-----</p> <p>Chicken Mashed Potato Bowl</p> <p>Hamburger Corn</p> <p>Turkey &amp; Cheese Sandwich</p>	<p>Cinnamon Toast Crunch Bar</p> <p>-----</p> <p>Pizza</p> <p>Chicken Patty Sandwich</p> <p>Green Beans</p> <p>Sun Butter &amp; Jelly Sandwich</p>
6	7	8	9	10
<p>Cinnamon Pop Tart</p> <p>-----</p> <p>Rotini &amp; Meatballs</p> <p>Beef Hot Dog</p> <p>Broccoli</p> <p>Yogurt Muffin Pack</p>	<p>Fruit Strudel</p> <p>-----</p> <p>Beef Nachos</p> <p>Chicken Nuggets</p> <p>Black Beans</p> <p>Chicken Ham &amp; Cheese Sandwich</p>	<p>Cocoa Puffs Bar</p> <p>-----</p> <p>Personal Pizza</p> <p>Hamburger</p> <p>Celery</p> <p>Sun Butter &amp; Jelly Sandwich</p>	<p>French Toast Sticks</p> <p>-----</p> <p>Pancakes &amp; Chicken Sausage</p> <p>Chicken Patty Sandwich</p> <p>Corn</p> <p>Turkey &amp; Cheese Sandwich</p>	<p>Cinnamon Toast Crunch Cereal</p> <p>-----</p> <p>Pizza</p> <p>Cheeseburger</p> <p>Carrots</p> <p>Sun Butter &amp; Jelly Sandwich</p>
13	14	15	16	17
<p>Lucky Charms Cereal</p> <p>-----</p> <p>Pasta w/ Alfredo Sauce &amp; Diced Chicken</p> <p>Chicken Nuggets</p> <p>Carrots</p> <p>Yogurt Muffin Pack</p>	<p>Double Chocolate Chip Muffin</p> <p>-----</p> <p>Beef Nachos</p> <p>Hamburger</p> <p>Black Beans</p> <p>Chicken Ham &amp; Cheese Sandwich</p>	<p>Cinnamon Pop Tart</p> <p>-----</p> <p>Personal Pizza</p> <p>Chicken Patty Sandwich</p> <p>Cucumber</p> <p>Sun Butter &amp; Jelly Sandwich</p>	<p>Waffles</p> <p>-----</p> <p>Sweet &amp; Sour Chicken &amp; Rice</p> <p>Cheeseburger</p> <p>Broccoli</p> <p>Turkey &amp; Cheese Sandwich</p>	<p>Cocoa Puffs Breakfast Bar</p> <p>-----</p> <p>Pizza</p> <p>Beef Hot Dog</p> <p>Potato Smiles</p> <p>Sun Butter &amp; Jelly Sandwich</p>
20	21	22	23	24
	<p>Fruit Strudel</p> <p>-----</p> <p>Beef Nachos</p> <p>Chicken Patty Sandwich</p> <p>Baked Beans</p> <p>Chicken Ham &amp; Cheese Sandwich</p>	<p>Cinnamon Toast Crunch Bar</p> <p>-----</p> <p>Pizza Sticks &amp; Marinara</p> <p>Cheeseburger</p> <p>Grape Tomato</p> <p>Sun Butter &amp; Jelly Sandwich</p>	<p>Pancakes</p> <p>-----</p> <p>Chicken Mashed Potato Bowl</p> <p>Beef Hot Dog</p> <p>Corn</p> <p>Turkey &amp; Cheese Sandwich</p>	<p>Cocoa Puffs Cereal</p> <p>-----</p> <p>Pizza</p> <p>Chicken Nuggets</p> <p>Green Beans</p> <p>Sun Butter &amp; Jelly Sandwich</p>
27	28	29	30	31
<p>Cocoa Puffs Bar</p> <p>-----</p> <p>Macaroni &amp; Cheese</p> <p>Chicken Patty Sandwich</p> <p>Broccoli</p> <p>Yogurt Muffin Pack</p>	<p>Blueberry Muffin</p> <p>-----</p> <p>Cheeseburger</p> <p>Black Beans</p> <p>Chicken Ham &amp; Cheese Sandwich</p> <p><b>½ DAY</b></p>	<p>Cheerios Cereal</p> <p>-----</p> <p>Personal Pizza</p> <p>Beef Hot Dog</p> <p>Cucumber</p> <p>Sun Butter &amp; Jelly Sandwich</p>	<p>French Toast Sticks</p> <p>-----</p> <p>Meatball Parm Sub</p> <p>Chicken Nuggets</p> <p>Carrots</p> <p>Turkey &amp; Cheese Sandwich</p>	<p>Cinnamon Pop Tart</p> <p>-----</p> <p>Pizza</p> <p>Hamburger</p> <p>Potato Smiles</p> <p>Sun Butter &amp; Jelly Sandwich</p>