

ALASKA HIGH SCHOOL MENU

JANUARY 2025 WITH CARB COUNTS LISTED

Monday	Tuesday	Wednesday	Thursday	Friday
6	7	8	9	10
13	16	17	16	17
20	21	22	23	24
27	28	29	30	31
3	3	3	2	3
6	7	8	9	10
13	16	17	16	17
20	21	22	23	24
27	28	29	30	31
3	3	3	2	3
6	7	8	9	10
13	16	17	16	17
20	21	22	23	24
27	28	29	30	31
3	3	3	2	3
6	7	8	9	10
13	16	17	16	17
20	21	22	23	24
27	28	29	30	31
3	3	3	2	3

Allergy Notice: Menu items may contain tree nuts, peanuts/nut products, wheat, fish, eggs, soy, and various legumes. Students with allergies should contact the School Nurse or School Nutrition Director prior to eating any foods served in the cafeteria