

Blind Brook HS-MS Lunch Menu January 2025

	<p>MENU SUBJECT TO CHANGE</p>	<p>1</p> 	<p>2</p> <p>Chicken Tenders & Waffles Edamame Pineapple</p>	<p>3</p> <p>Orange Chicken Fried Rice Roasted Broccoli Melon</p>
<p>6</p> <p>Baked Salmon Brown Rice Sugar Snap Peas Mixed Fruit</p>	<p>7</p> <p>Chicken & Cheese Quesadilla Black Beans Mixed Blend Vegetables Grapes</p>	<p>8</p> <p>Pasta with Meat Sauce or Marinara Italian Green Beans Whole Orange</p>	<p>9</p> <p>Chicken Wings (Plain, BBQ, or Buffalo) Baked Waffle Fries Broccoli Apple Slices</p>	<p>10</p> <p>Macaroni & Cheese California Blend Vegetables Pineapple Chunks</p>
<p>13</p> <p>Baked Breaded Chicken Oven Roasted Potatoes Baby Carrots Melon</p>	<p>14</p> <p>Fish ~n~ Chips (Baked Breaded Fish w/Fries) Edamame Mixed Fruit</p>	<p>15</p> <p>Beef Nachos Lettuce, tomato, Cheese & Salsa Jalapenos Grapes</p>	<p>16</p> <p>Chicken Stir Fry Fried Rice Broccoli Florets Whole Orange</p>	<p>17</p> <p>Chicken Parmesan with Spaghetti Tossed Salad Apple Slices</p>
<p>20</p> <p>Martin Luther King Day NO SCHOOL</p>	<p>21</p> <p>Orange Chicken Brown Rice Baby Carrots Melon</p>	<p>22</p> <p>Meatless Baked Ziti Italian Green Beans Mixed Fruit</p>	<p>23</p> <p>Turkey Barbacoa Burrito Black Beans Grapes</p>	<p>24</p> <p>Chicken Wings (Plain, BBQ, or Buffalo) Tater Tots Orange Wedge</p>
<p>27</p> <p>Macaroni & Cheese Mixed Vegetables Whole Apple</p>	<p>28</p> <p>General Tso's Chicken Fried Rice Cauliflower Pineapple Chunks</p>	<p>29</p> <p>Lunar New Year NO SCHOOL</p>	<p>30</p> <p>Baked Salmon Brown Rice Roasted Broccoli Mixed Fruit</p>	<p>31</p> <p>Baked Breaded Chicken Oven Roasted Potatoes Baby Carrots Grapes</p>

[More info...](#)

Lunch Alternatives Available Daily: Grab & Go Sandwiches & Salads, Fruit & Yogurt Parfaits
 Rotating Grill Selections: Chicken Tenders, Chicken Filet, or Spicy Chicken Filet Sandwiches,
 Fruit Selections: Apples, Oranges, Bananas, Seasonal fresh fruit, or 100% Fruit Juice Apple or Cranberry
 Hamburger/Cheeseburger, Cheese, Pepperoni or Specialty Pizza

Adult Lunch \$5.80

