

What is a Lunch Meal?

Lunch includes 5 components:
Grain, Meat/Meat Alternate, Fruit, Vegetable &

Students Must choose at least 3 components and 1 must be 1/2 cup fruit or vegetable. Choose all 5 for a nutritious meal!

Kemblesville ELC Lunch Menu 2025

AVON GROVE CHARTER SCHOOL Lunch \$2.75

MONDAY

TUESDAY

WEDNESDAY THURSDAY

FRIDAY

Daily Milk Selection includes: 1% White Milk Non-Fat Chocolate Milk Non-Fat Strawberry Milk



To make a payment to your childs lunch account, please send in check or cash with the students name. Checks can be made payable to "AGCS".

Visit Schoolcafe.com for online payments and Free/Reduced price meal application.

+HAPPY!

* new *

YEAR+

School Closed

Stuffed Crust Pizza
Assorted Lunchables
Yogurt/Cheese Stick/Cinni
Swirl
PBJ Uncrustable/Cheese
Stick/ Goldfish Pretzels (2nd
& 3rd Grade Only)

Steamed Green Beans Veggie Juice Applesauce, Mandarin Cup Daily Milk Selection Sausage & Cheese Pizza Bagel
Assorted Lunchables
Yogurt/Cheese Stick/Cinni
Swirl
PBJ Uncrustable/Cheese
Stick/ Goldfish Pretzels (2nd &
3rd Grade Only)

Steamed Corn, Veggie Juice Sour Raisins, Diced Pears Daily Milk Selection

Mozzarella Sticks w/
Marinara
Ham & Cheese Sandwich
Yogurt/Cheese Stick/Mini
Cinnis

Steamed Corn, Veggie Juice Craisins, Mixed Fruit Cup Daily Milk Selection Chef's Choice Hot Entree T Ham & Cheese Sandwich Yogurt/Cheese Stick/ Mini Cinnis PBJ Uncrustable/Cheese

Smile Fries, Veggie Juice Applesauce, Diced Peaches Daily Milk Selection

& 3rd Grade Only)

Stick/ Goldfish Pretzels (2nd

Hamburger or Cheeseburge on Roll Lasagna Rollup w/Garlic Toast

Yogurt/Cheese Stick/Mini

Baked Beans, Veggie Juice Sour Raisins, Diced Pears Daily Milk Selection Chicken Gravy Crunchers
W/Biscuit
Cheese Steak on Club Roll

Cheese Steak on Club Roll Yogurt/Cheese Stick/Cinni Swirl

Steamed Onions/Peppers, Lettuce/Tomato Apple Slices, Mandarin Cup Daily Milk Selection Prima's Cheese Pizza Day!

Assorted Lunchables Yogurt/Cheese Stick/Cinni Swirl

PBJ Uncrustable/Cheese Stick/ Goldfish Pretzels (2nd & 3rd Grade Only)

> Broccoli Salad, Veggie Juice Banana, Grapes Daily Milk Selection

Hot Dog on Roll
Mac & Cheese Bites
Yogurt/Cheese Stick/Mini
Cinnis

Baby Carrots, Baked Beans Mixed Fruit Cup, Fruit Juice Daily Milk Selection Meatball Sandwich
Mini Cinnamon/Maple Cheese
Bites
Yogurt/Cheese Stick/ Mini
Cinnis

PBJ Uncrustable/Cheese Stick/ Goldfish Pretzels (2nd & 3rd Grade Only)

Smile Fries, Lettuce/Tomato Orange Wedges, Apple Sauce Daily Milk Selection Breaded Ravioli w/Pretzel Rod

Ham and Cheese on Roll Yogurt/Cheese Stick/Mini Cinnis

> Steamed Corn, Veggie Juice Mandarin Cup, Craisins Daily Milk Selection

10

Tangy Chicken w/Rice Sea Wonders w/ Roll Yogurt/Cheese Stick/ Mini

> Steamed Broccoli Cucumber Slices Apple Slices, Plum Daily Milk Selection

TEACHING IS A WORK OF HEART

School Closed In-Service Day

20

Martin Luther King Day

School Closed

French Toast w/Sausage 21
Ham & Cheese Sandwich
Yogurt/Cheese Stick/ Mini
Cinnis
PBJ Uncrustable/Cheese
Stick/ Goldfish Pretzels (2nd
& 3rd Grade Only)

Hashbrown, Veggie Juice Diced Pears, Mixed Fruit Cup Daily Milk Selection Sweet & Sour Meatballs w/Rice 22 Cheese Steak Pinwheels Yogurt/Cheese Stick/Mini Cinnis

Steamed Green Beans Veggie Juice Mandarin Cup, Sour Raisins Daily Milk Selection Buffalo Chicken & Cheese Empanadas 23 Garden Salad w/Soft Pretzel Yogurt/Cheese Stick/ Mini Cinnis

> Fiesta Black Beans Cucumber Slices Apple Slices, Fruit Juice Daily Milk Selection

Mini Pepperoni & Cheese
Calzones 24
Assorted Lunchables
Yogurt/Cheese Stick/Cinni
Swirl
PBJ Uncrustable/Cheese
Stick/ Goldfish Pretzels (2nd

Steamed Broccoli, Veggie Juice Banana, Grapes Daily Milk Selection

& 3rd Grade Only)

Stromboli
Spaghetti w/Meatballs &
Garlic Toast
Yogurt/Cheese Stick/ Mini
Cinnis

Steamed Broccoli Baby Carrots Strawberry Wiggles, Diced Pears Daily Milk Selection Bosco Sticks 28
Ham & Cheese Sandwich
Yogurt/Cheese Stick/ Mini
Cinnis
PBJ Uncrustable/Cheese
Stick/ Goldfish Pretzels (2nd &
3rd Grade Only)

Steamed Corn, Veggie Juice Diced Peaches Mandarin Orange Cup Daily Milk Selection Lunar New Year! **29**

Ramen Noodles w/egg Yogurt/Cheese Stick/Mini Cinni Assorted Lunchables

Fortune Cookie

Celery Sticks, Veg Juice Sour Raisins, Apple Sauce Daily Milk Selection Walking Taco
Egg & Cheese English
Muffin w/Sausage
Yogurt/Cheese Stick/ Mini
Cinnis

Fiesta Black Beans, Lettuce/Tomato Apple Slice, Fruit Juice Daily Milk Selection Round Cheesy Pizza
Assorted Lunchables
Yogurt/Cheese Stick/ Mini
Cinnis
PBJ Uncrustable /Cheese
Stick/ Goldfish Pretzels (2nd
& 3rd Grade Only)

Smile Fries, Veggie Juice Banana, Grapes Daily Milk Selection



JANUARY

Kemblesville ELC Breakfast Menu 2025

AVON GROVE CHARTER SCHOOL

BREAKFAST ON JAN 2 & 3 WILL BE CHEF'S CHOICE

MONDAY

TUESDAY

WEDNESDAY THURSDAY

FRIDAY

Chocolate Muffin Yogurt

Fruit Juice Raisin Daily Milk Selection Strawberry Pop Tart Cheese Stick

Fruit Juice Sour Raisins Daily Milk Selection Oatmeal Chocolate Chip
Benefit Bar

Fruit Juice Craisins Daily Milk Selection Banana Bread

Fruit Juice Clementine Daily Milk Selection Whole Grain 10
Glazed Donut

Fruit Juice Apple Slices Daily Milk Selection

13 Banana Muffin Yogurt

Fruit Juice Raisin Daily Milk Selection Mini Pancakes Cheese Stick

Fruit Juice Sour Raisins Daily Milk Selection 15 Trix Cereal Bar Yogurt

Fruit Juice Craisins Daily Milk Selection 16
Blueberry Bread

Fruit Juice Clementine Daily Milk Selection Whole Grain 17
Glazed Apple
Donut

Fruit Juice Apple Slices Daily Milk Selection

20 Chocolate Muffin Yogurt

Fruit Juice Raisin Daily Milk Selection 21 Strawberry Pop Tart Cheese Stick

Fruit Juice Sour Raisins Daily Milk Selection Oatmeal 22
Chocolate Chip
Benefit Bar

Fruit Juice Craisins Daily Milk Selection 23 Banana Bread

Fruit Juice Clementine Daily Milk Selection **24** Whole Grain Glazed Donut

Fruit Juice Apple Slices Daily Milk Selection

Banana Muffin Yogurt

Fruit Juice Raisin Daily Milk Selection 28 Mini Pancakes Cheese Stick

Fruit Juice Sour Raisins Daily Milk Selection Trix Cereal Bar Yogurt

Fruit Juice Craisins Daily Milk Selection 30 Blueberry Bread

Fruit Juice Clementine Daily Milk Selection Whole Grain ` Glazed Apple Donut

Fruit Juice Apple Slices Daily Milk Selection

WHAT DO SNOWMEN EAT FOR LUNCH?

I DON'T KNOW WHAT!? ICEBERGERS!

Students must choose at least 3
Items for a complete breakfast meal
and 1 must be ½ cup of fruit or fruit

*Ala Carte Items are charged at \$1.00 each