

What is a Lunch Meal?

**Lunch includes 5 components:** Grain, Meat/Meat Alternate, Fruit, Vegetable &

Students Must choose at least 3 components and 1 must be 1/2 cup fruit or vegetable. Choose all 5 for a nutritious meal!

## State Road Lunch Menu 202

Lunch \$2.75 (4-8) A V O N Lunch \$3.25 (9-12) GROVE CHARTER SCHOOL

### MONDAY

**Daily Milk Selection** includes: To make a payment to your 1% White Milk childs lunch account, Non-Fat Chocolate Milk please send in check or Non-Fat Strawberry Milk cash with the students name. Checks can be made payable to "AGCS". Visit Schoolcafe.com for



School Closed

WEDNESDAY THURSDAY

> Stuffed Crust Pizza **PBJ Uncrustable** Yogurt/Cheese Stick/Mini Cinni Hard Boiled Egg/DicedCheese/ PB/Apples & Banana Bread Pack

Steamed Green Beans, Veggie Juice Whole Apple, Mandarin Cup Daily Milk Selection

FRIDAY

Prima's Cheese Pizza Day! **PBI Uncrustable** 

Yogurt/Cheese Stick/Mini Cinni Diced Ham & Cheese/Soft

Pretzel & Fruit Ccup

Steamed Corn, Veggie Juice Applesauce, Diced Pears Daily Milk Selection

Mozzarella Sticks w/ Marinara Chicken Alfredo Yogurt/Cheese Stick/Mini Cinni PBI Uncrustable

> Steamed Corn, Veggie Juice Sour Raisins, Mixed Fruit Cup Daily Milk Selection

**Chef's Choice Hot Entree** Breaded Dill Chicken Sandwich Ham & Cheese Club Hard Boiled Egg/DicedCheese/ PB/crackers & Banana Bread Pack

online payments and

Free/Reduced price meal

application.

TUESDAY

Crinkle Fries, Pickles Fruit Juice, Diced Peaches Daily Milk Selection Rice Krispie Treat (9-12 Only) Hamburger or Cheeseburger on Roll Lasagna Rollup w/Garlic Toast Yogurt/Cheese Stick/Mini Cinni **Chicken Wrap** 

> Baked Beans, Celery Sticks **Applesauce, Fruit Juice** Daily Milk Selection

Chicken Gravy Crunchers 9 w/Biscuit **Cheese Steak on Club Roll PBI Uncrustable** Garden Salad w/ Soft Pretzel

> Steamed Onions/Peppers, Lettuce/Tomato Apple Slices w/PB. Mandarin Cup Daily Milk Selection Teddy Grahams (9-12 Only)

10 Ruffalo Chicken Pizza **PBJ Uncrustable** Yogurt/Cheese Stick/Mini Cinni Diced Ham & Cheese/Soft Pretzel & Grapes Pack

> Broccoli Salad, Veggie Juice Banana, Grapes
> Daily Milk Selection

**Hot Dog on Roll** Mac & Cheese Bites Yogurt/Cheese Stick/Mini Garden Salad w/ Soft Pretzel

> Baby Carrots, Baked Beans Whole Apple, Fruit Juice
> Daily Milk Selection
> Chat Snax (All grades)

**Meatball Sandwich** Mini Cinnamon/Maple Cheese Bites

Ham & Cheese Club Hard Boiled Egg/DicedCheese/ PB/Apples & Banana Bread Pack

Shoe String Fries, Lettuce/Tomato Orange Wedges, Applesauce
Daily Milk Selection
Blueberry/Lemon Bites (9-12 Only)

BBQ Chicken Chili w/Corn 15 **Bread Poppers** Breaded Ravioli w/ Pretzel Rod Yogurt/Cheese Stick/Mini Cinni

Steamed Corn, Veggie Juice Mandarin Cup, Craisins

**Daily Milk Selection** 

**Chicken Wrap** 

16 Tangy Chicken w/Rice Fish Sticks w/ Roll **PBI Uncrustable** Garden Salad w/ Soft Pretzel

Steamed Cauliflower w/Cheese Sauce **Cucumber Slices** Apple Slices w/PB, Plum Daily Milk Selection Nutri Grain Bar (9-12 Only)

TEACHING IS A

School Closed **In-Service Day** 

**Martin Luther** 

School Closed

King Day

French Toast w/Sausage 21 Chicken Parmesan Sandwich Ham & Cheese Club Hard Boiled Egg/DicedCheese/ PB/Apples & Banana Bread Pack

> Hashbrown, Veggie Juice Whole Pear, Mixed Fruit Cup Daily Milk Selection Bug Bites (9-12 Only)

Sweet & Spicy Mango 22 Meatballs w/Rice **Cheese Steak Pinwheels** Yogurt/Cheese Stick/Mini Cinni Chicken Wrap

Steamed Green Beans, Veggie Juice Mandarin Cup, Sour Raisins Daily Milk Selection

Buffalo Chicken & Cheese Empanadas Chicken, Cheese & Salsa Tamale PBJ Uncrustable Garden Salad w/ Soft Pretzel

Fiesta Black Beans **Cucumber Slices** Apple Slices w/PB, Fruit Juice Daily Milk Selection Goldfish Pretzel (9-12 Only)

Mini Pepperoni & Cheese 24 Calzones **PBJ Uncrustable** Yogurt/Cheese Stick/Mini Cinni Diced Ham & Cheese/Soft Pretzel & Grapes Pack

> Steamed Broccoli, Veggie luice Banana, Grapes Daily Milk Selection

Stromboli Spaghetti W/Meatballs & **Garlic Toast** Yogurt/Cheese Stick/Mini Cinni Garden Salad w/ Soft Pretzel

Steamed Green Beans, Baby Carrots Strawberry Wiggles, Diced Pears
Daily Milk Selection

**Bosco Sticks Breaded Chicken Patty on Roll** Ham & Cheese Club Hard Boiled Egg/DicedCheese/ PB/Apples & Banana Bread Pack

> Steamed Corn, Pickles Whole Apple, Mandarin Cup **Daily Milk Selection** lmom Cookies (9-12 only)

Lunar New Year! 29

**Chicken Veggie Dumplings** w/Rice Ramen Noodles w/egg Yogurt/Cheese Stick/Mini Cinni **Chicken Wrap** 

> \*Fortune Cookie\* Celery Sticks. Veg Juice Sour Raisins, Applesauce Daily Milk Selection

**30 Walking Taco** Egg & Cheese English Muffin w/or w/o Sausage **PBI Uncrustable** Garden Salad w/ Soft Pretzel

Fiesta Black Beans, Lettuce/Tomato Apple Slices w/PB, Fruit Juice Daily Milk Selection Goldfish Crackers (9-12 Only)

31 French Bread Pizza PBJ Uncrustable Yogurt/Cheese Stick/Mini Cinni Diced Ham & Cheese/Soft Pretzel & Grapes Pack

> Crinkle Fries, Veggie Juice Banana, Grapes Daily Milk Selection

Breakfast is free for all students during the 2024-2025 school year!

# JANUARY

### State Road Breakfast Menu 2025

AVON GROVE CHARTER SCHOOL

#### MONDAY

**Bagel w/cream** cheese or jelly **Assorted Donuts** 

**Fruit Juice** Clementine **Daily Milk Selection** 

#### **TUESDAY**

Stuffed Hashbrown **Assorted Pastries** 

**Fruit Juice Sour Raisins Daily Milk Selection** 

### WEDNESDAY THURSDAY

**Bagel w/cream** cheese or jelly **Assorted Muffins** Yogurt

**Fruit Juice** Craisins **Daily Milk Selection** 

Pizza Bagel Assorted **Breakfast Bars Cheese Stick Fruit Juice** Apple Slices w/ PB

**Daily Milk Selection** 

**Fruit Juice** Banana **Daily Milk Selection** 

FRIDAY

Sausage & Cheese **Fruit & Yogurt** Parfait Mini Pancakes

\*\*BREAKFAST ON JAN 2 & 3 WILL BE CHEF'S CHOICE\*\*

Students must choose at least 3 Items for a complete breakfast meal and 1 must be ½ cup of fruit or fruit Juice.

\*Ala Carte Items are charged at \$1.00 each





WHAT DO SNOWMEN EAT **FOR LUNCH?** I DON'T KNOW. WHAT!? **ICEBERGERS!**