

January 2025

Auburndale School District Breakfast menu

Monday

Tuesday

Wednesday

Thursday

Friday





Breakfast Trivia

Which country in the world today eats the most cereal?

Morocco

What culture is credited with inventing pancakes?

The Romans –dating back to the 1st century CE

		1 No School Happy New Year!	2 Cereal bar, raisins, string cheese, juice & milk	3 Cereal bar, applesauce, string cheese, juice & milk
6 Muffin, string cheese, raisins, juice & milk	7 Strawberry pancakes, applesauce, juice & milk	8 Raspberry & Yogurt parfait, granola, raisins & milk	9 Breakfast bagel pizza, applesauce, juice & milk	10 Cheerio cereal bar, string cheese, juice, raisins & milk
13 Banana muffin, string cheese, raisins, juice & milk	14 Pancake & Sausage on a stick, applesauce, juice & milk	15 Strawberry overnight oats, Goldfish graham, raisins & milk	16 Mini French Toast, applesauce, juice & milk	17 No School
20 No School	21 Apple cinnamon muffin, string cheese, raisins, juice & milk	22 Orange smoothie, Goldfish graham, raisins & milk	23 Breakfast burrito, applesauce, juice & milk	24 Golden Graham cereal bar, string cheese, raisins, juice & milk
27 Chocolate chip muffin, string cheese, raisins, juice & milk	28 Strawberry pancakes, applesauce, juice & milk	29 Peach & Yogurt parfait, granola, raisins & milk	30 Breakfast bagel pizza, applesauce, juice & milk	31 Cheerio cereal bar, string cheese, juice, raisins & milk

This institution and the USDA are equal opportunity providers.

Menus are subject to change.

Low-fat White & Chocolate Milk Provided
All grains are Whole Grain Rich

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Monday

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Did you know?

Lemons float but limes sink.

Carrots taste sweeter in the winter.

Broccoli contains more protein than steak.

		<p>1</p> <p>No School Happy New Year!</p>	<p>2</p> <p>Mini corn dogs, dinner roll, baked beans, sweet potato fries, pears, baby carrots, sugar snap peas & milk</p>	<p>3</p> <p>Pizza Dippers, marinara sauce, confetti rice, steamed broccoli, applesauce, baby carrots, sugar snap peas & milk</p>
<p>6</p> <p>Hot dog on a bun, Baked Lay's, green beans, peaches, baby carrots, celery & milk</p>	<p>7</p> <p>Pulled pork on a bun, baked beans, cole slaw, applesauce, lettuce, baby carrots, broccoli, cucumbers & milk</p>	<p>8</p> <p>Teriyaki chicken, rice, steamed broccoli, bread stick, mandarin orange cup, lettuce, tomato, onions, peppers, carrots & milk</p>	<p>9</p> <p>Hamburger on a bun, potato emoji's, pears, lettuce, tomato, onions, peppers, shredded carrots & milk</p>	<p>10</p> <p>Mac & Cheese, dinner roll, carrot coins, blueberries, applesauce, baby carrots, broccoli, cucumbers & milk</p>
<p>13</p> <p>Breaded chicken patty on a bun, carrot coins, pears, lettuce, tomato, onions, peppers & milk</p>	<p>14</p> <p>Cheese quesadilla's, confetti rice, mandarin oranges, lettuce, tomato, onion, peppers, salsa, black beans & milk</p>	<p>15</p> <p>Hot Ham & Cheese on a bun, cole slaw, baked beans, peaches, lettuce, baby carrots, broccoli, cucumbers & milk</p>	<p>16</p> <p>Shredded pork roast w/ gravy, mashed potatoes, green beans, applesauce, banana, lettuce, baby carrots, broccoli & milk</p>	<p>17</p> <p>No School</p>
<p>20</p> <p>No School</p>	<p>21</p> <p>Soft shell taco, banana bread, corn, mandarin oranges, lettuce, tomato, onions, peppers, black beans, cheese, salsa & milk</p>	<p>22</p> <p>Grilled chicken on a bun, baked beans, pears, blueberries, lettuce, tomato, onions, peppers & milk</p>	<p>23</p> <p>Meatball sub, green beans, peaches, lettuce, baby carrots, broccoli, cucumbers, cheese & milk</p>	<p>24</p> <p>Pancakes, egg patty, sausage, hash brown, applesauce, lettuce, baby carrots, broccoli, cucumbers & milk</p>
<p>27</p> <p>Hamburger on a bun, potato emoji's, pears, blueberries, lettuce, tomato, onion, peppers & milk</p>	<p>28</p> <p>Chicken fajita wrap, cheese, salsa, mandarin oranges, green beans, dinner roll, lettuce, tomato, onions, peppers, black beans & milk</p>	<p>29</p> <p>Sloppy Joe on a bun, baked beans, banana, cole slaw, lettuce, baby carrots, broccoli & milk</p>	<p>30</p> <p>Twisted Chicken Alfredo, steamed broccoli, bread stick, peaches, lettuce, baby carrots, cucumbers, broccoli & milk</p>	<p>31</p> <p>Pizza Dippers, marinara sauce, pasta salad, applesauce, corn, lettuce, veggies & milk</p>

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Additional Fruit, Veggies, Grain or Protein will be offered to the High School students daily, Low-fat White & Chocolate Milk Provided, all grains are Whole Grain Rich

