

**All Meals:**  
Served with choice of white milk, chocolate milk or soy milk

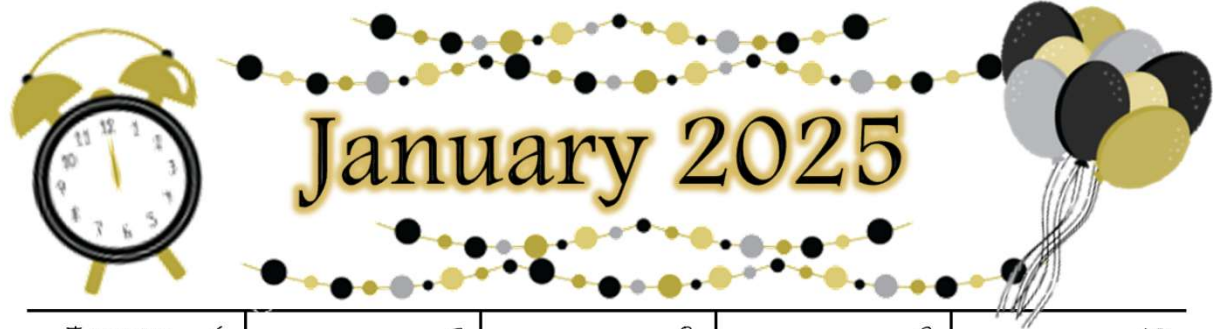
**Breakfast:**  
Served with assorted fruits, milk

**Lunch:**  
Served with assorted fruits & veggies or salad bar, milk

**Daily Alternative Options:**

**Breakfast:**  
Cereal, fruit, milk

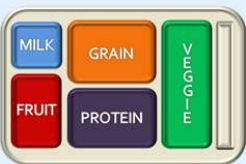
**Lunch:**  
Turkey or Ham Sandwich, fruits, veggies, side dish, milk



	January 6	7	8	9	10
Breakfast	Pancake on a Stick	Fruit & Yogurt Parfait & UBR	Breakfast Sandwich	Strawberry Shortcake	Scrambled Eggs, Hashbrown, English Muffin
Lunch	Chicken Nuggets, Ball Park Nachos (Tortilla Chips and Cheese Sauce)	Teriyaki Dippers, Rice, Stir Fry Veggies, Fortune Cookie	Cheeseburger, Fries, Baked Beans	Grilled Cheese Sandwich, Tomato Soup or Chicken Noodle Soup	Meatloaf, Mashed Potatoes, Steamed Carrots, Dinner Roll
Breakfast	13	14	15	16	No School 17
Lunch	French Toast Sticks & Sausage	Biscuits & Gravy	Muffins Scrambled Eggs & Yogurt	Breakfast Burrito	End of Semester - No School
Breakfast	No School 20	21	22	23	24
Lunch	Mini Corndogs, Coleslaw, Baked Beans	Chicken Cordon Bleu Sandwich, Fries	Super Nachos, Corn Salad	Hoagie Sandwich (Ham or Turkey) OR PB&J Uncrustable, String Cheese, Sun Chips	
Breakfast		Banana Bread & Hard Boiled Eggs	Breakfast Sandwich	Fruit & Yogurt Parfait & UBR	Waffles & Sausage
Lunch		Pizza, Roasted Cauliflower, Caesar Salad	Dutch Waffle, Hashbrown Patty, Sausage, Yogurt	Popcorn Chicken, Mashed Potatoes, Gravy, Corn, Dinner Roll, Cookie	Macaroni & Cheese, Steamed Broccoli, Garlic Breadsticks
Breakfast	27	28	29	30	31
Lunch	Muffin, Yogurt & Scrambled Eggs	Biscuits & Gravy	Breakfast Burrito	Pancakes & Sausage	Bagel w/ Cream Cheese & Sausage
Breakfast	February 3	4	5	6	7
Lunch	Chicken Nuggets, Fries, Baked Beans	Chicken Taco Soup, Cheese Quesadilla, Creamy Berry Salad	Sloppy Joes, Tater Tots, Corn, Sun Chips	Country Fried Steaks, Mashed Potatoes, Country Gravy, Green Beans, Dinner Roll	Sweet & Sour Chicken, Oven Fried Rice, Stir Fry Veggies, Fortune Cookie
Breakfast	Pancake on a Stick	Fruit & Yogurt Parfait & UBR	Breakfast Sandwich	Strawberry Shortcake	Scrambled Eggs, Hashbrown, English Muffin
Lunch	Max Stix (Cheese filled Breadsticks) w/ Marinara Dipping Sauce, Roasted Veggies	Spaghetti, Corn Breadsticks	Oven Roasted Chicken, Scalloped Potatoes, Peas, Dinner Roll	BBQ Pulled Pork Sandwich, Coleslaw, Baked Beans	Hoagie Sandwich (Ham or Turkey) OR PB&J Uncrustable, String Cheese, Sun Chips

**What Makes a Lunch?**

Select 3-5 Components



One must be a



**What Makes A Great Breakfast?**

Select 3 Components!



Be sure to choose between

