

Middle School Lunch Menu

Norwell Middle School

Monday

Tuesday

Wednesday

Thursday

Friday

Jan 1

HOLIDAY

Jan 2

Chicken Patty on a Bun  
Buffalo Chicken Patty  
B. Bagel Grab and Go  
UnCrustable PBJ wg  
Teriyaki Chicken  
Caesar Salad  
Potato Smiles  
BBQ Baked Beans  
snack carrot&ranch dippinstix  
MILK,Skim  
Fresh Fruit

Jan 3

Stuffed Crust Pizza  
UnCrustable PBJ wg  
Teriyaki Chicken  
Caesar Salad  
B. Bagel Grab and Go  
Caesar Salad  
Fresh Fruit  
Offered Daily  
MILK,Skim  
FRUIT JUICE,ASSORTED  
snack carrot&ranch dippinstix  
C.SausageEgg&CheeseBagel

Jan 6

French Toast Sticks  
B. Bagel Grab and Go  
UnCrustable PBJ  
B.Greek Chicken Salad  
w/Feta Cheese  
Sausage  
Potato Smiles  
Orange Juice  
FRUIT JUICE,ASSORTED  
Fresh Strawberries  
Strawberry Cups

Jan 7

Chicken Fajitas  
B. Bagel Grab and Go  
B.Greek Chicken Salad  
w/Feta Cheese  
UnCrustable PBJ wg  
Sweet Buttered Corn  
Fiesta Rice  
Black Bean & Corn Salad  
Fresh Fruit  
Offered Daily  
Fresh Strawberries

Jan 8

Homemade Pizza  
B. Bagel Grab and Go  
B.Greek Chicken Salad  
w/Feta Cheese  
UnCrustable PBJ wg  
Caesar Salad  
MILK,Skim  
Fresh Fruit  
Offered Daily  
snack carrot&ranch dippinstix  
100 % Fruit Juice

Jan 9

Cheese Ravioli  
with Meatballs  
B. Bagel Grab and Go  
Teriyaki Chicken  
Caesar Salad  
UnCrustable PBJ wg  
Garlic Bread  
Apple  
MILK,Skim  
Fresh Fruit  
Pears

Jan 10

Sal's Pizza  
B. Bagel Grab and Go  
Teriyaki Chicken  
Caesar Salad  
UnCrustable PBJ  
Caesar Salad  
MILK,Skim  
Fresh Fruit  
FRUIT JUICE,ASSORTED  
snack carrot&ranch dippinstix

Jan 13

Chicken Patty on a Bun  
Buffalo Chicken Patty  
B. Bagel Grab and Go  
UnCrustable PBJ wg  
Teriyaki Chicken  
Caesar Salad  
Potato Smiles  
BBQ Baked Beans  
snack carrot&ranch dippinstix  
MILK,Skim  
Fresh Fruit

Jan 14

ClipperBasket MozzStx&Nug  
B. Bagel Grab and Go  
Teriyaki Chicken  
Caesar Salad  
UnCrustable PBJ wg  
Roasted Potato Puffs  
WG Dinner Roll  
Apple  
MILK,Skim  
Fresh Fruit  
snack carrot&ranch dippinstix

Jan 15

Homemade Pizza  
B.Greek Chicken Salad  
w/Feta Cheese  
UnCrustable PBJ wg  
B. Bagel Grab and Go  
Caesar Salad  
MILK,Skim  
Fresh Fruit  
Offered Daily  
snack carrot&ranch dippinstix  
100 % Fruit Juice

Jan 16

General Tso's Chicken  
B. Bagel Grab and Go  
UnCrustable PBJ wg  
Teriyaki Chicken  
Caesar Salad  
Stir Fry Vegetables  
Steamed Rice  
WG Dinner Roll  
MILK,Skim  
Turkey & Cheese Sub  
Fresh Fruit  
Fresh Grapes

Jan 17

Big Daddys Pizza  
Teriyaki Chicken  
Caesar Salad  
B. Bagel Grab and Go  
UnCrustable PBJ wg  
Caesar Salad  
MILK,Skim  
Fresh Fruit  
Offered Daily  
Orange Smiles  
snack carrot&ranch dippinstix  
FRUIT JUICE,ASSORTED  
Fresh Strawberries  
C.SausageEgg&CheeseBagel

Jan 20

HOLIDAY

Jan 21

Chicken Tenders  
B. Bagel Grab and Go  
UnCrustable PBJ wg  
Teriyaki Chicken  
Caesar Salad  
Mixed Vegetables  
Rice Pilaf  
WG Dinner Roll  
Pears  
MILK,Skim  
Fresh Fruit

Jan 22

Homemade Pizza  
B.Greek Chicken Salad  
w/Feta Cheese  
UnCrustable PBJ wg  
B. Bagel Grab and Go  
Caesar Salad  
MILK,Skim  
Fresh Fruit  
Offered Daily  
snack carrot&ranch dippinstix  
100 % Fruit Juice

Jan 23

B.Baconburger w/ lett&tom  
UnCrustable PBJ wg  
B. Bagel Grab and Go  
Teriyaki Chicken  
Caesar Salad  
Onion Rings  
Peaches  
MILK,Skim  
snack carrot&ranch dippinstix  
Fresh Fruit  
Offered Daily  
Fresh Strawberries

Jan 24

Stuffed Crust Pizza  
UnCrustable PBJ wg  
Teriyaki Chicken  
Caesar Salad  
B. Bagel Grab and Go  
Caesar Salad  
Fresh Fruit  
Offered Daily  
MILK,Skim  
FRUIT JUICE,ASSORTED  
snack carrot&ranch dippinstix  
C.SausageEgg&CheeseBagel

Jan 27

Steak and Cheese Sub  
B. Bagel Grab and Go  
UnCrustable PBJ wg  
Teriyaki Chicken  
Caesar Salad  
Roasted Potato Wedges  
Peaches  
MILK,Skim  
snack carrot&ranch dippinstix  
Fresh Fruit  
Offered Daily  
Stuffed Crust Pizza  
Fresh Strawberries

Jan 28

A.Chicken&BroccoliAlfredo  
over Pasta  
B. Bagel Grab and Go  
UnCrustable PBJ wg  
Teriyaki Chicken  
Caesar Salad  
Garlic Knot WG  
Fresh Fruit  
MILK,Skim  
Orange Smiles

Jan 29

NO LUNCH

Jan 30

Holiday Chicken Nuggets  
B. Bagel Grab and Go  
UnCrustable PBJ wg  
Potato Puffs  
Teriyaki Chicken  
Caesar Salad  
Mixed Vegetables  
WG Dinner Roll  
Pears  
MILK,Skim  
snack carrot&ranch dippinstix  
Fresh Fruit

Jan 31

Sal's Pizza  
Teriyaki Chicken  
Caesar Salad  
UnCrustable PBJ  
B. Bagel Grab and Go  
Caesar Salad  
MILK,Skim  
Fresh Fruit  
FRUIT JUICE,ASSORTED  
snack carrot&ranch dippinstix

Assorted Milk Offered Daily, 1% Milk, Skim Milk and FF Chocolate Milk

Dec 31, 2024