

Name_____ Date_____

P.E. Teacher_____ Grade/Section_____

Grade 6
Base Line Data Assessment
Physical Education

Part 1: Multiple Choice: (2pts each)

Circle the letter that represents the correct answer.

1. The most important part of the bowling delivery is a bowler's_____.
 - a. release
 - b. attitude
 - c. stance
 - d. follow through

2. A gliding step which usually connects two steps is called_____.
 - a. glissade
 - b. accent
 - c. balance
 - d. posture

3. Joints and muscles are prepared for vigorous exercise by_____.
 - a. rope climbing and sit ups
 - b. warm-ups and stretching
 - c. pushups and jumping rope
 - d. jogging and weight training

4. Jogging for 20 minutes will improve_____.
 - a. muscle strength
 - b. muscle endurance
 - c. flexibility
 - d. heart/lung endurance

5. The game of football is started by a_____.
- a. snap
 - b. kickoff
 - c. release
 - d. jump off
6. Hockey is thought to have dated back as far as_____.
- a. 3000 BC
 - b. early
 - c. 200 BC
 - d. Ancient Greece
7. Tapping the ball or puck is called_____.
- a. hitting
 - b. passing
 - c. dribbling
 - d. scoring
8. Jumping to catch the Frisbee is called_____.
- a. swill
 - b. skying
 - c. pivot
 - d. hammer
9. A bad throw is referred to as_____.
- a. hammer
 - b. cut
 - c. swill
 - d. pivot
10. The last leg on a relay team is called the _____.
- a. beginner
 - b. middle
 - c. anchor
 - d. last

11. The score in a tennis match is 15, 30, and _____.

- a. 40
- b. 60
- c. 80
- d. 0

12. The game starts with a _____ toss.

- a. flip
- b. hand
- c. coin
- d. ball

13. Any stroke that is made from the side of the body, opposite the racket side is called a _____ stroke.

- a. forward
- b. side
- c. backhand
- d. overhead

Open Ended/Critical Thinking: (10pts each)

Answer each question using complete sentences.

14. Describe the game of handball. Be sure to include a description of the playing field and equipment needed to play the game.

15. Compare and contrast the differences between catching a ball above the waist from catching a ball below the waist. When would you apply the two different types of catcher?

GRADE 6
PHYSICAL EDUCATION BASE LINE DATA ASSESSMENT
ANSWER KEY

Question	NJCCCS/CPI	Answer
1	2.5.2.A.1, 2.5.4.A.1, 2.5.6.A.1	A
2	2.5.2.A.1, 2.5.4.A.1, 2.5.6.A.1	A
3	2.6.2.A.2, 2.6.4.A.2	B
4	2.6.2.A.2, 2.6.4.A.2	D
5	2.5.2.A.1, 2.5.4.A.1, 2.5.6.A.1	B
6	2.5.2.A.1, 2.5.4.A.1, 2.5.6.A.1	D
7	2.5.2.A.1, 2.5.4.A.1, 2.5.6.A.1	C
8	2.5.2.A.1, 2.5.4.A.1, 2.5.6.A.1	A
9	2.5.2.A.1, 2.5.4.A.1, 2.5.6.A.1	A
10	2.5.2.A.1, 2.5.4.A.1, 2.5.6.A.1	C
11	2.5.2.A.1, 2.5.4.A.1, 2.5.6.A.1	A
12	2.5.2.A.1, 2.5.4.A.1, 2.5.6.A.1	C
13	2.5.2.A.1, 2.5.4.A.1, 2.5.6.A.1	C
14	2.5.2.A.1, 2.5.4.A.1, 2.5.6.A.1	The game of handball is a competitive game in which a ball is hit with the hand against a wall alternately by opposing players.
15	2.5.2.A.1, 2.5.4.A.1, 2.5.6.A.1	When catching a ball above the head your hands are above your head. When catching a ball below the waist your hands are toward the ground. If the ball is hit high you catch it above your head. If the ball of hit on the ground you catch it below your waist.