

Name: \_\_\_\_\_  
Teacher's Name: \_\_\_\_\_

Date: \_\_\_\_\_  
Grade: \_\_\_\_\_

Grade 3  
Baseline Data Assessment  
Physical Education

1. What muscle is used in doing a push-up?
  - a. calves
  - b. bicep
  - c. back
  - d. quad
  
2. Which exercise improves cardio?
  - a. push-ups
  - b. crunches
  - c. jumping jacks
  - d. toe-touches
  
3. The part of the foot used to dribble a soccer ball is called \_\_\_\_\_.
  - a. outside
  - b. toe
  - c. inside
  - d. A and C
  
4. This is a soccer penalty ball is called \_\_\_\_\_.
  - a. handball
  - b. goal
  - c. passing
  - d. kicking
  
5. In floor hockey, the blade cannot come up past this part of the players body ball is called \_\_\_\_\_.
  - a. head
  - b. shoulder
  - c. chest
  - d. waist
  
6. What is the most important skill in basketball?
  - a. Shooting
  - b. Dribbling
  - c. Swiping
  - d. Passing

7. This part of the body is used to set the volleyball ball is called \_\_\_\_\_.
- a. feet
  - b. forearms
  - c. fingers
  - d. knee

8. A baseball team switches from offense to defense after this many outs.
- a. 1
  - b. 2
  - c. 3
  - d. 4

9. Name the most important muscle in the body, and explain why?

---

---

---

---

---

---

10. In a football game, the quarterback throws a pass, and the defense catches the ball. The play is called \_\_\_\_\_
- a. fumble
  - b. interception
  - c. touchdown
  - d. field goal

### **Grade 3 Physical Education Baseline Data Assessment Answer Key**

1. B (2.6)
2. C (2.5)
3. D (2.5)
4. A (2.6)
5. D (2.5)
6. B (2.5)
7. C (2.6)
8. C (2.5)

9. The heart. It supplies the body with oxygen to move, and it's the only muscle that never stops working. (2.5)

10. B (2.5)