



January 2025

Jericho HS and MS Lunch Menu

Daily Lunch Offerings:

- Nacho Bar(HS)
- Burritos-(HS)
- Hummus w/pita & fresh veggies
- Yogurt Parfait w/ granola or graham crackers & fruit
- Cheese, Ham(P) , Turkey or Tuna Sandwich/Wrap
- **Bagel Boss** Bagel served with / 2 LF String Cheeses
- Entrée salads served with a WG croutons
- Cheese(V), Pepperoni(P) or Specialty Pizza
- Grilled Cheese
- Hamburger/Cheeseburger
- Spicy Chicken Patty

Student Lunch \$3.15

Adult Meal Price \$5.50

**Powering
potential.**

| MON | TUES | WED | THURS | FRI |
|--|--|--|--|--|
| *LTO Street Corn Chowder* Cheesy Street Corn Vegetarian Corn Chowder served with WG Braided Breadstick | | ¹ Schools Closed | ² Bacon(P) Cheeseburger(B) or Veggie Burger(V) Baked Curly Fries Fresh Red Delicious Apple | ³ Sweet & Sour Chicken Served with Lo Mein Edamame Fresh Clementines |
| ⁶ Grilled 3 Cheese Sandwich (Cheddar, American & Swiss) Baked Curly Fries Vegetarian Beans Fresh Banana | ⁷ Chicken Dumplings served with Vegetable Fried Rice Roasted Broccoli Fresh Clementines | ⁸ WG French Toast Sticks Scrambled Eggs Baked Tater Tots Cucumber Coins Fresh Cantaloupe | ⁹ Homemade Mac & Cheese Steamed Green Beans Cherry Tomatoes Fresh Red Grapes | ¹⁰ BBQ Chicken Meatball Sub Melt Kale Side Salad Fresh Apple Slices |
| ¹³ Breaded Honey Mustard Chicken Melt Sweet Corn, Celery Sticks Fresh Banana | ¹⁴ Turkey Barbacoa Quesadilla served w/ sour cream & salsa Seasoned Black Beans Fresh Honeydew Melon | ¹⁵ WG Pancakes w/ syrup Chicken Sausage Patties Baked Crinkle Fries Fresh Red Grapes | National Bagel Day ¹⁶ Homemade Pizza Bagels(V) Spinach Salad Baby Carrots Fresh Strawberries | ¹⁷ Chicken Katsu Rice Bowl (chicken topped w/ cucumber carrot ginger salad served over WG rice) Roasted Broccoli Fresh Apple |
| ²⁰ Schools Closed | ²¹ Burger(Beef or Veggie) topped with Jalapeno Cheese Sauce and Salsa Sweet Corn Fresh Red Delicious Apple | ²² WG Dutch Waffles Turkey Sausage Patties Baked Tater Tots Celery Sticks Fresh Cantaloupe | ²³ Penne Pasta with Homemade Meat(B) Sauce or Marinara(V) Roasted Carrots Fresh Honeydew Melon | ²⁴ Chicken Carnitas Tacos (chicken, shredded lettuce & cheddar cheese) Spicy Sriracha Black Beans Fresh Orange Wedges |
| ²⁷ WG French Toast Sticks Scrambled Eggs Baked Tater Tots Fresh Banana | ²⁸ *LTO* Burrito Bowl (choice of chicken, rice, cheddar, salsa & sour cream) Seasoned Pinto Beans Applesauce Cup | ²⁹ Schools Closed | ³⁰ *LTO* Homemade Mac & Cheese Steamed Green Beans Cherry Tomatoes Fresh Green Grapes | ³¹ *LTO* Chicken & Waffle Sandwich topped w/ maple bacon gravy(P) Baked Curly Fries Fresh Cantaloupe |

Menus are subject to change.

Any questions, please call the Lunch Office (516) 203-3600 x3258 or x3333

Available Daily:

Fresh Fruits & Vegetables - Apples, Oranges, Carrots, & Celery
 Beverages - 100% Apple Juice, 100% Tropical Punch, 1% White Milk, Fat-Free White Milk & Fat Free Choc Milk
Items with a (P) contain pork. Items with a (B) contain beef.
Items with a (V) are vegetarian
WG denotes whole grain rich products

All Lunches Must Include Choice of:
 Fruits and/or Vegetable
 And May Include:
 1% Low-Fat Milk

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 STUDENT NUTRITION

This institution is an equal opportunity provider.

