

# January

2025

## HIGH SCHOOL MENU

Post Falls School District  
Nutrition Services



Mon	Tue	Wed	Thu	Fri
  		1	2	3
<b>6</b> <b>Breakfast</b> Breakfast Pizza  <b>Lunch</b> Chicken Sandwich	<b>7</b> <b>Breakfast</b> Muffin Yogurt  <b>Lunch</b> Crispito Chocolate Chip Cookie	<b>8</b> <b>Breakfast</b> Breakfast Sandwich  <b>Lunch</b> Osaka Chicken Rice Bowl Garlic Bread <span style="color: red; font-weight: bold;">NEW</span>	<b>9</b> <b>Breakfast</b> Biscuit & Gravy  <b>Lunch</b> Ribbq Sandwich Baked Chips	<b>10</b> 
<b>13</b> <b>Breakfast</b> Breakfast Burrito  <b>Lunch</b> Cheeseburger	<b>14</b> <b>Breakfast</b> Poptart Yogurt  <b>Lunch</b> Taco Burger	<b>15</b> <b>Breakfast</b> Fresh Fruit Smoothie  <b>Lunch</b> Sweet & Sour Chicken Rice Bowl Garlic Bread	<b>16</b> <b>Breakfast</b> Texas French Toast Sausage Links  <b>Lunch</b> Corndog Fruit Roll up	<b>17</b> 
<b>20</b>  NO SCHOOL	<b>21</b> <b>Breakfast</b> Breakfast Round Yogurt  <b>Lunch</b> Bean & Cheese Burrito Potato Choice	<b>22</b> <b>Breakfast</b> Egg & Cheese Quesadilla  <b>Lunch</b> Chicken Burrito Bowl Garlic Bread <span style="color: red; font-weight: bold;">NEW</span>	<b>23</b> <b>Breakfast</b> Mini Waffle Sausage Links  <b>Lunch</b> Bbbq Chicken Sandwich Fruit Roll Up	<b>24</b> 
<b>27</b> <b>Breakfast</b> Pancake on a Stick  <b>Lunch</b> Chicken Patty Sandwich Oatmeal Cranberry Cookie	<b>28</b> <b>Breakfast</b> Breakfast Bread Yogurt  <b>Lunch</b> Chicken & Cheese Quesadilla Salsa Rice	<b>29</b> <b>Breakfast</b> Breakfast Sandwich  <b>Lunch</b> Homemade Chili With Cinnamon Roll <span style="color: red; font-weight: bold;">Yum!</span>	<b>30</b> <b>Breakfast</b> Biscuit & Gravy  <b>Lunch</b> Chicken Nuggets Garlic Bread	<b>31</b> 

**ALL BREAKFASTS  
COME WITH FRUIT OR  
JUICE AND MILK**

**ALL LUNCHESES COME  
WITH FRUIT, VEGGIES  
AND MILK**

See the Nutrition Services  
homepage at [www.pfsd.com](http://www.pfsd.com)  
for more information.

<b>Meal Prices:</b>	
Milk—	\$0.60
Breakfast—	2.30
Reduced	\$.30
Lunch—	\$3.70
Reduced	\$.40
Adult lunch—	\$4.95

**Alternate lunch entrée  
choices:**

**Uncrustable PB&J ,  
Pizza, Chef Salad, Sub  
Sandwich**

**OR**

**Vegetarian** (string cheese,  
Yami yogurt, Goldfish crackers)

**ALL MENUS ARE SUBJECT TO CHANGE**

*This institution is an equal opportunity provider.*