



JANUARY | 2025

SOMERSET HIGH SCHOOL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

30	31	1 NO SCHOOL	2 NO SCHOOL	3 NO SCHOOL
6 Cheeseburger OR Spicy Chicken Sandwich Lettuce & Tomato Baked Beans Tater Tots Fresh Veggie Bar Choice of Fruit & Milk	7 General Tso Chicken Pork Patty Sandwich Fried Rice, W.G. Roll Buttered Carrots, Seasoned Peas Fresh Veggie Bar Choice of Fruit & Milk	8 Fish Sandwich OR Breaded Chicken Sandwich Tater Tots Cole Slaw Fresh Veggie Bar Choice of Fruit & Milk	9 Ham & Cheese Sandwich w/ Lettuce & Tomato Little Caesar's Pizza Steamed Broccoli, Seasoned Corn Fresh Veggie Bar Choice of Fruit & Milk	10 Chicken Noddle Soup Grilled Cheese Sandwich OR Turkey & Cheese Sandwich w/ Lettuce & Tomato, Crackers, Sweet Potato Tots, Fresh Veggie Bar, Choice of Fruit & Milk
13 Cheese Ravioli & W.G. Breadstick OR Pizza Calzone Whole Kernel Corn Steamed Broccoli Fresh Veggie Bar Choice of Fruit & Milk	14 Chili Dog OR Breaded Chicken Sandwich Tater Tots, Baked Beans, W.G. Cookie, Fresh Veggie Bar, Choice of Fruit & Milk	15 Turkey & Gravy OR Salisbury Steak & Gravy Mashed Potatoes Sweet Peas W.G. Roll Fresh Veggie Bar Choice of Fruit & Milk	16 Sloppy Joe Sandwich OR Spicy Chicken Sandwich French Fries Cole Slaw Fresh Veggie Bar Choice of Fruit & Milk	17 Cheese Pizza OR Pepperoni Pizza Whole Kernel Corn Steamed Broccoli Fresh Veggie Bar Choice of Fruit & Milk
20 NO SCHOOL	21 Pork Patty Sandwich OR Spicy Chicken Tenders Mashed Potatoes Green Beans W.G. Roll Fresh Veggie Bar Choice of Fruit & Milk	22 Homemade Chili OR Cream of Tomato Soup Grilled Cheese Sandwich Crackers Sweet Potato Tots Fresh Veggie Bar Choice of Fruit & Milk	23 Little Caesar's Pizza OR Ham & Cheese Sandwich w/ Lettuce & Tomato Whole Kernel Corn, Steamed Broccoli Fresh Veggie Bar Choice of Fruit & Milk	24 Mexican Chicken & Rice OR Beef-a-Roni Whole Kernel Corn Buttered Carrots W.G. Roll Fresh Veggie Bar Choice of Fruit & Milk
27 Cheeseburger OR Breaded Chicken Sandwich Lettuce & Tomato Tater Tots Baked Beans Fresh Veggie Bar Choice of Fruit & Milk	28 Spaghetti & Meat sauce w/ W.G. Breadstick OR Pizza Calzone Whole Kernel Corn Steamed Broccoli Fresh Veggie Bar Choice of Fruit & Milk	29 Chicken Noddle Soup Grilled Cheese Sandwich OR Ham & Cheese Sandwich w/ Lettuce & Tomato, Sweet Potato Tots, Crackers, Fresh Veggie Bar Choice of Fruit & Milk	30 Sloppy Joe Sandwich OR Corn Dog French Fries Cole Slaw Fresh Veggie Bar Choice of Fruit & Milk	31 Taco Stick OR Chicken Quesadilla Mexican Rice Refried Beans Buttered Carrots Fresh Veggie Bar Choice of Fruit & Milk

News

This Institution is an equal opportunity provider. Menus are subject to change without notice, due to the availability of food items.

Whole Grains served Daily.

Choice of Milk served Daily.

Menu is subject to change based on available food items.

HEALTHIEST WINTER
Vegetables

 KALE

 BRUSSELS SPROUTS

 SWISS CHARD

 CARROTS

 PARSNIPS

 COLLARD GREENS

 RUTABAGAS

 RED CABBAGE

 RADISHES

 PARSLEY


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