



# WEST VALLEY CENTRAL SCHOOL

*School and Community  
Working Together*

VOLUME 31, No. 6

JANUARY 2025

## JANUARY CALENDAR OF EVENTS

**EARLY WINTER BREAK**  
1/1 - 1/3

**FINANCIAL AID NIGHT**  
1/8

**MARTIN LUTHER KING JR  
DAY (SCHOOL CLOSED)**  
1/20

**LUNAR NEW YEAR  
(SCHOOL CLOSED)**  
1/29

**END OF 2ND QUARTER**  
1/31

**WINTER BALL**  
1/31

## *The Classes at WVCS Were Busy Making Christmas Cards*

The classes of WVCS were busy making Christmas cards, crafts, and placemats to give to the three nursing homes in our area. Pre-K and kindergarten colored pictures; first grade drew pictures; second grade made candy canes and Christmas tree crafts; third grade made stand up figures; fifth and sixth graders made wooden ornaments for The Pines; fourth grade made 80 Christmas Cards for Jennie B. and Fiddlers Green. Even the high schoolers added to the fun. A special shoutout to Connie Kaz for organizing this amazing act of kindness.



SCAN TO VIEW  
EVENT CALENDAR



**WINTER  
COMMUNITY  
EDUCATION  
PAGES 6-8**





## SUPERINTENDENT'S CORNER

By Mr. Donald Putnam, Superintendent

Dear West Valley Community,

Governor Hochul took a proactive step last year by enlisting the Rockefeller Institute to conduct an in-depth review of our education funding formula. The goal? Enhancing our education system and ensuring it meets the needs of every student! After a thorough research process, the Institute shared its insightful recommendations in December, paving the way for exciting changes.

In light of these recommendations, the Board of Education is gearing up to create a strategic and sustainable budget for the 2025-2026 school year in the coming months. They are engaging in productive discussions about the potential for sharing services with neighboring school districts, such as the shared superintendent position, which has helped increase collaboration between districts and created opportunities to enrich our students' educational journeys. This initiative ensures our students receive a well-rounded education tailored to their diverse needs.

The upcoming budget will address immediate priorities and strategically align with the district's long-term goals. With careful planning, the Board is committed to maintaining and elevating the high-quality education and opportunities that all our students deserve.



## WELCOME TO THE QUARTER CENTURY!

By Mr. Amodio, Principal/Curriculum Coordinator

I would like to wish the West Valley community a Happy New Year! We are fast approaching the mid-point of the school year as the second quarter and first semester ends on January 31. Please see the January Regents Schedule included in this newsletter. Although we are only about halfway through the school year, we will begin meeting with staff and students to begin planning for the next school year.

In developing student schedules for next year, students will meet with Mr. LaBrake to determine required and elective courses. We will continue to be responsive to our students, tailoring our offerings based on their interests and needs. While this may not mean the development of new courses, courses students had interest in that were not offered this year could be available next year.

Congratulations go out to our girls modified basketball players and Coach Harbison as they completed a successful season including two big wins against Olean and Franklinville. We are so proud of the Lady Wildcats for the commitment they made this season. We are looking forward to great things in the future from these athletes. As we wrap up the girls modified season, we will be entering the boys modified basketball season. As the Winter season rolls along, come on out to some of our varsity girls and boys basketball games, a bowling match, or even an indoor track meet.



## #WeAreWestValley



### RESULTS OF THE CAPITAL PROJECT VOTE

December 11, 2024, the capital project vote passed with 103 yes votes and 34 no votes. Thank you to all who took the time to vote!  
**#WeAreWestValley**

### Emergency Evacuation Recap

On Monday, December 16, as students and staff were arriving at school, we evacuated the building due to a possible gas leak. We then decided to evacuate students to one of our off-site locations. Finally, we made the decision to dismiss students and transport them back home based on the uncertainty of being able to re-enter the building.

Students, staff, and our families did an outstanding job implementing our emergency plans. We are working internally to reflect, evaluate, and assess our practices and update as needed. With that said I would like to share some important reminders to families when these types of situations occur:

- Communication to families from the school regarding emergency situations and/or evacuations will occur when it is safe to do so and when enough accurate information is gathered to provide to parents.
- Although students with access to a cell phone can message parents at any time during an emergency, it is critical to wait for information from the school or law enforcement.
- Parents should never show up at an emergency site disclosed by a student without direction from the school or law enforcement to do so.
- Parents, community members, news media, etc. are not permitted to be present inside of the reunification site without expressed permission from the site coordinator or law enforcement.
- Students will not be released to families or dismissed until we have concluded our processes, accounted for all students and staff, deemed it is safe, and/or have received a directive from law enforcement, if applicable.

The safety of our students and staff is of the utmost importance and we continue to review our practices with respect to emergency situations to provide the best care possible in these situations. Please let us know if you have any questions or concerns regarding our emergency procedures.



## BOARD CORNER

### HOW THE BOARD AGENDA IS DEVELOPED

Board meetings are the place where the board conducts its business in public. Even though an agenda is not required for school board meetings, it is good business practice to use one. The use of an agenda will help the board stay focused, and ensure that meetings are productive, orderly, and don't drag on indefinitely without purpose. Board members, employees of the school district, and residents of the school district may suggest agenda items by contacting the superintendent, who in turn will communicate the suggestion to the president of the board. To ensure there will not be any surprises on the agenda it is helpful for the president, vice president and superintendent to set time aside on the Wednesday before the meeting to discuss potential agenda items. The board president should also seek input from and communicate with all other board members so that everyone understands the purpose of the agenda items brought before them. The district clerk ensures that board members and administrators have the agenda to view by 5 p.m. on Thursday. This gives them ample time for any additions, changes, or deletions to the agenda before it is sent out to the public on Friday. The board meetings are typically held the third Tuesday of each month and there are times that the agenda is amended at the meeting. Item(s) could be brought to the board's attention on the day of the meeting that would be beneficial for the district to act on at the current meeting rather than to wait for the next. It is not a practice that is encouraged on a regular basis but sometimes it is unavoidable.

The board typically uses a consent agenda format instead of the traditional agenda. Benefits of using a consent agenda for routine items within the agenda help move the meeting forward and keep the participants engaged. Items will be grouped within the designated sections of the agenda that are similar in nature and will be voted on as one. Generally, consent agenda items are considered self-explanatory and non-controversial. Board Docs is the program the district uses to store board meeting information. This program is easier to maneuver for researching historical information, more user friendly, and provides a quicker turnaround time for the district clerk to prepare documents.

## 26<sup>TH</sup> ANNUAL FINANCIAL AID NIGHT

The **26th Annual Financial Aid Night** will take place on Wednesday, January 8, 2025, from 6:00-7:00 p.m. A representative from St. Bonaventure University's Financial Aid Office will provide information for 11th and 12th graders and their parents/guardians on the financial aid process, including completion of the FAFSA (Free Application for Federal Student Aid), grants, scholarships, and various student and parent loans.

Financial aid is money that comes in many forms. It generally consists of a combination of grants (actual cash that you do not have to pay back), scholarships (actual cash awarded for academic achievement), and loans (must be paid back). These types of aid come from a variety of sources: the college itself, individual states, private donors, and the federal government (by far the largest source of aid). Once you've filled out the FAFSA by scanning the QR code, colleges will extend to you the types of aid for which you are eligible.



### JANUARY REGENTS 2025 EXAM SCHEDULE

<b>JANUARY 21</b> <b>Tuesday</b>	<b>JANUARY 22</b> <b>Wednesday</b>	<b>JANUARY 23</b> <b>Thursday</b>	<b>JANUARY 24</b> <b>Friday</b>
<b>8:00 a.m.</b>	<b>8:00 a.m.</b>	<b>8:00 a.m.</b>	<b>8:00 a.m.</b>
English Language Arts	Geometry U.S. History & Government	Global History & Geography II	Living Environment
<b>11:45 a.m.</b>	<b>11:45 a.m.</b>	<b>11:45 a.m.</b>	<b>Uniform Admission Deadlines</b>
Physical Setting/ Earth Science Physical Setting/ Chemistry	Algebra I Physical Setting/ Physics*	Algebra II	<b>Morning:</b> Examinations - 10:00 a.m. <b>Afternoon:</b> Examinations - 2:00 p.m.

\*Available in Restricted Form only.

FRANKLINVILLE CSD & WEST VALLEY CSD  
PRESENT

# FROZEN JR.

MARCH 14 & 15, 2025

SHOW TIME 7:00 PM

FCS AUDITORIUM

Music & Lyrics by  
**Kristen Anderson-Lopez**  
& **Robert Lopez**

Book By  
**Jennifer Lee**





## FREE COMMUNITY

### CLOTHES CLOSET

St. John the Baptist Church  
Location: behind the church in Bingham Hall  
Wednesday from 1-4:00 p.m.  
(or by appointment)

Besides clothing and shoes, we accept bedding, kitchen and household items, and books for Cattaraugus County residents. Donations of gently worn undamaged, clean, and seasonal items are welcome. Upon request, we can fulfill a need of furniture items.

For questions or to make an appointment, please call Jacque Conrad at 716-942-3836.



## Holiday Cheer



## WEST VALLEY FOOD PANTRY

Ashford Food Pantry is open:

Wed., January 1 *(Closed, unless for an emergency - please call.)*

Wed., January 8 from 12-4 p.m. | Wed., January 15 from 3-7 p.m.

Wed., January 22 from 12-4 p.m. | Wed., January 29 from 3-7 p.m.

If you are a new client to the Food Pantry, please call Kris Aldrow 716-942-6690 or Amy Frank 716-942-6657 to set a time. If you need emergency food, please call and we will set up a day and time. The food pantry is located at the Ashford Town Barn on Fox Valley Road in West Valley.

### THE FOOD PANTRY IS IN NEED OF THE FOLLOWING ITEMS:

CANNED FRUIT  
SIDE RICE/NOODLE DISHES  
SPAGHETTI SAUCE

CANNED VEGETABLES  
SALAD DRESSING

PAPER TOWELS  
TOILET PAPER

We would like to thank the community for their continued support.





## HUMPTY DUMPTY

Students in the STEAM Lab with Mrs. Thiel designed their own unbreakable Humpty Dumpties. Then, Mr. Collins—also known as the King of All the Land—put their creations to the ultimate test!



## BREAKFAST WITH SANTA DECEMBER 8, 2024



*Mrs. Sayers, Santa, and Victoria Parish.*

## DR. STEPHEN KOURY LEADS HANDS-ON RESEARCH PROJECT AT WEST VALLEY

On Thursday, December 19, Dr. Stephen Koury from the University at Buffalo worked with West Valley students on a hands-on research project. As part of their ongoing study, students amplified DNA and ran it through a reaction. They then uploaded the data to a program that identified bacteria from a sample collected at Scoby Dam.

This project was the second step in a larger research initiative, with the students planning to present their findings at a symposium at the end of the school year. This unique opportunity allowed students to dive deep into scientific research, gaining valuable experience in the process.



# West Valley Central School District **Community Education**



Winter 2025

We're excited to offer a diverse range of classes and activities designed to enrich your personal and professional life. From practical workshops on financial planning and estate management to engaging courses in pickleball and crocheting, there's something for everyone. Please review the important registration guidelines and class details carefully to ensure a smooth and enjoyable experience.

We look forward to your participation in one or more classes this winter!



## CROCHET CLASS FOR BEGINNERS

*Instructor: Andrea Proctor*

Ready to turn yarn into art? Join our Crochet Class and unlock your creative potential! No experience needed – just a passion for creating and a love for learning.



**Multi-purpose Conference Room,  
West Valley Central School**

**Date:** Held on the following Tuesdays - 2/4, 2/11, 2/25, 3/4, 3/11, 3/18 and 3/25

**Time:** 6:00-7:30 p.m.

**Cost:** \$105 for 7 sessions, the total cost of supplies is \$25, or you may purchase it on your own.

**Minimum enrollment:** 6

**Registration deadline:** January 20, 2025

## STAINED GLASS CLASS FOR BEGINNERS

*Instructor: Melissa Pearl*

Stained glass is a hands-on course in which participants will learn the fundamental techniques of stained glass, including assembling glass pieces to create beautiful designs. You will explore the basics of foiling, soldering, and the proper use of tools. By the end of the course, you will have crafted your own stained-glass project to take home and will have the skills to continue the exploration of this timeless art form. No prior experience is necessary — just a passion for creativity and learning!



**Multi-purpose Conference Room, West Valley Central School**

**Date:** TBD

**Time:** TBD

**Cost:** TBD

**Registration deadline:** January 20, 2025



## CORNHOLE

*Instructors: Matt Birt & Alex Marino*

Enjoy cornhole for fun and exercise. Some instruction will be given. (Students 16 and older may attend with an adult participant.)



**Auditorium, West Valley Central School**

**Date:** Held on the following Tuesdays - 2/4, 2/11, 2/25, 3/4, 3/11 and 3/18

**Time:** 5:00-6:00 p.m.

**Cost:** \$35 for 6 sessions

**Minimum enrollment:** 10

**Registration deadline:** January 20, 2025

**\*Dates/times may be adjusted in the even of home sporting events.**

## RUBBER STAMP CARD MAKING CLASS

*Instructor: Jody Enser*

How would you like to impress your friends and family with handmade cards? Each class you will make 8 cards, 2 each of 4 different designs. The designs/ occasions change for each month. All supplies are included.



**West Valley Central School**

**Date:** Held on the following days - 2/25, 3/25, 4/22 and 5/19

**Time:** 5:30-8:00 p.m.

**Cost:** \$60 for 4 sessions

**Minimum enrollment:** 2

**Registration deadline:** January 20, 2025

## EVENTS BY JESS

*Instructor: Jessi Dash*

An experienced florist will instruct participants in a series of workshops covering floral design, indoor plants, succulents, spring bulb garden to name some examples. These workshops are make and take.



**West Valley Central School**

**Date:** TBD on enrollment

**Time:** TBD

**Cost:** TBD

**Registration deadline:** January 20, 2025

**Please fill out your  
Registration Form below.**

## REGISTRATION FORM

*West Valley Central School  
Community Education | Winter 2025*

*Please fill out completely and print legibly.*

Name \_\_\_\_\_

Street \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_

Phone Number \_\_\_\_\_

Email for notification \_\_\_\_\_  
(please print carefully)

Course Name \_\_\_\_\_

I am 21 years of age or older      Yes      No  
(please circle)

Instructor to pick up supplies  
for additional cost      Yes      No  
(please circle)

*For Office Use:*

Date Received \_\_\_\_\_

Check # \_\_\_\_\_

Class Fee \_\_\_\_\_

## REGISTRATION

Please complete a separate registration form for each person and each class. Include your phone number to be contacted when the cost of class is determined. Make copies of the registration slip included or 3x5 cards are acceptable. Be sure to include the correct course name. Registration can be dropped off at the school or mailed to the address below. Reminder: we will not accept cash as a form of payment.

## MAIL REGISTRATION FORMS AND CHECK TO:

West Valley Central School  
Community Education Department  
5359 School St  
West Valley, NY 14171

## CHECKS PAYABLE TO

WVCSD

## IMPORTANT NOTES

Registration and payment with the Continuing Education Office are required BEFORE you will be permitted in class. Instructors will not accept course payment or registrations. Please adhere to registration deadlines.

- You will NOT be notified if you have successfully registered.
- You will be notified if you have been closed out or if a course is canceled. In these instances, your check will be returned.
- We will not accept cash. No phone registration will be accepted.
- Students in the program must be at least 21 years old unless otherwise noted.
- Registration is required for all classes.
- Classes will not run if West Valley Central School District's day or evening activities are canceled due to inclement weather. In the event of such closing, you should attend the next scheduled class. In the case of single classes, you will be notified of a rescheduled date.
- Once class begins, there are no refunds except for verified medical conditions.

**Submit your registration form by mail or in person to complete your enrollment:**

West Valley Central School  
Community Education Department  
5359 School St, West Valley, NY 14171

## ENTERING OUR SCHOOL:

As part of the district's security protocol, the only exterior door that will be unlocked is the main entrance in front of school.



## CONTACT CAROLYN BOBERG

Email: [cboberg@wvalley.org](mailto:cboberg@wvalley.org)  
Phone: 716-942-3100, ext. 4102 from M-F, 7:00 a.m. – 5:00 p.m

No classes will take place when school is closed

## WEATHER CLOSINGS

When school is closed due to inclement weather, all night classes are cancelled as well. Monitor local TV stations throughout the day for closing information or visit the school district website at: [www.wvalley.org](http://www.wvalley.org).



# WEST VALLEY MENUS

## JANUARY 2025 - GRADES PRE-K - BREAKFAST MENU

Monday	Tuesday	Wednesday	Thursday	Friday
		Winter Break No School	Winter Break No School	Winter Break No School
2 French Toast Sticks W/Syrup ----- 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	Half of A Bagel W/Cream Cheese ----- 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz Yogurt ----- 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	1 oz Cereal Bowl ----- 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	2oz Muffin ----- 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
6	7	8	9	10
Half of A Bagel W/Cream Cheese ----- 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	1oz Cereal Bowl ----- 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	2 French Toast Sticks W/Syrup ----- 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	2oz Muffin ----- 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz Yogurt ----- 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
13	14	15	16	17
Martin Luther King, Jr. Day No School	1oz Cereal Bowl ----- 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	Half of A Bagel W/Cream Cheese ----- 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz Yogurt ----- 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	2oz Muffin ----- 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
20	21	22	23	24
2 French Toast Sticks W/Syrup ----- 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	1oz Cereal Bowl ----- 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	Happy Lunar New Year No School	2oz Muffin ----- 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	Half of A Bagel W/Cream Cheese ----- 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
27	28	29	30	31

**MENUS SUBJECT TO CHANGES**

**REMEMBER, if you are approved for free Lunch, you are automatically approved for Breakfast!**  
If your child has a food allergy, please notify us at 716-257-3483, ext. 5950.

## JANUARY 2025 - GRADES PRE-K - LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
		Winter Break No School	Winter Break No School	Winter Break No School
Half of A Cheese steak Sub OR 1/5 Ham Sandwich ----- Vegetarian Beans 1/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Taco In A Bag OR Half Of A Turkey Wrap ----- Steamed Corn 1/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Assorted Pizza Half Of A OR Chicken Salad Sandwich ----- Carrots 1/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Chicken Nuggets (3), ¼ cup Alfredo Noodles OR ½ Ham Sandwich ----- Steamed Cauliflower 1/4c NY Steamed Beets 1/4c Fresh or Prepared Fruit 1/2c, Milk-8oz	Hamburger Or Cheeseburger OR ½ Turkey Sandwich ----- Steamed Broccoli 1/4c Fresh or Prepared Fruit 1/2c Milk-8oz
6	7	8	9	10
Popcorn Chicken (8) OR ½ Chicken Salad Wrap ----- Green Beans 1/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Nacho Grande OR ½ Ham Sandwich ----- Steamed Corn 1/4c Fresh or Prepared Fruit 1/2c Milk-8oz	National Strawberry Ice Cream Day French Toast Sticks (2), Sausage & Strawberry Cup OR ½ Chicken Wrap ----- Vegetarian Beans 1/4c, Fresh or Prepared Fruit 1/2c, Milk-8oz	Cheese & Pepperoni Pizza OR ½ Turkey Sandwich ----- Sweet Potatoes 1/4c, NYS Carrots Sticks 1/4c, Fresh or Prepared Fruit 1/2c, Milk-8oz	Meat Taco W/Cheese, Lettuce, Tomato OR ½ Ham Sandwich ----- Steamed Broccoli 1/4c, Fresh or Prepared Fruit 1/2c, Milk-8oz
13	14	15	16	17
Martin Luther King, Jr. Day No School	Chicken Taco OR ½ Turkey Sandwich ----- Broccoli 1/4c, Fresh or Prepared Fruit 1/2c, Milk-8oz	Hamburger Or Cheese Burger OR ½ Turkey Sandwich ----- Green Beans 1/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Chicken Patty On A Bun OR ½ Ham Sandwich ----- NYS Carrot Sticks 1/4c, Vegetarian Beans 1/4c, Fresh or Prepared Fruit 1/2c, Milk-8oz	Assorted Pizza OR ½ Chicken Wrap ----- Steamed Corn 1/4c Fresh or Prepared Fruit 1/2c Milk-8oz
20	21	22	23	24
Cheese & Pepperoni Pizza OR ½ Ham Sandwich ----- Steamed Carrots 1/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Meat Taco W/Cheese, Lettuce, Tomato OR ½ Turkey Sandwich ----- Steamed Corn 1/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Happy Lunar New Year No School	Sweet N' Sour Chicken Over ¼ cup Rice OR ½ Chicken Salad Sandwich ----- Green Beans 1/4c, Mashed Garlic Parm, Parsnips 1/4c, Fresh or Prepared Fruit 1/2c, Milk-8oz	Meatball (3) Stroganoff Over ¼ cup Noodles OR ½ ham Sandwich ----- Steamed Broccoli 1/4c Fresh or Prepared Fruit 1/2c Milk-8oz
27	28	29	30	31

**K-12 BREAKFAST MENU, PG. 10**  
**K-6 LUNCH MENU, PG. 10**



# JANUARY 2025 - GRADES K-12 - BREAKFAST MENU

Monday	Tuesday	Wednesday	Thursday	Friday
		Winter Break No School	Winter Break No School	Winter Break No School
Chocolate Cherry Granola Bake ----- 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	Bagel W/Assorted Toppings ----- 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	Breakfast Wrap ----- 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	Cinn Crunch Muffin Top ----- 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	Muffin W/Graham Fish ----- 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
6	7	8	9	10
Cinnamon Roll ----- 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	Frudel ----- 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	Bagel Breakfast Sandwich ----- 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	French Toast Sticks W/Syrup ----- 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	Caramel Cini Minni ----- 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
13	14	15	16	17
Martin Luther King, Jr. Day No School	Frudel ----- 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	Croissant Breakfast Sandwich ----- 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	Trix Muffin ----- 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	Chocolate Cherry Granola Bake ----- 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
20	21	22	23	24
Muffin W/ Graham Fish ----- 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	Cinnamon Roll ----- 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	Happy Lunar New Year No School	Breakfast Wrap ----- 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	Bagel W/ Assorted Toppings ----- 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
27	28	29	30	31

**MENUS SUBJECT TO CHANGES**

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# JANUARY 2025 - GRADES K-6 - LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
		Winter Break No School	Winter Break No School	Winter Break No School
Cheese Steak Sub W/Alfredo Cheese OR Ham Sandwich ----- Vegetarian Beans 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Taco In A Bag OR Turkey Wrap ----- Steamed Corn 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Assorted Pizza OR Chicken Salad Sandwich ----- Carrots 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Chicken Nuggets W/ Alfredo Noodles OR Ham Sandwich ----- Steamed Cauliflower 1/2c, NY Steamed Beets 1/2c, Fresh or Prepared Fruit 1/2c Milk-8oz	Hamburger Or Cheeseburger OR Turkey Sandwich ----- Steamed Broccoli 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz
6	7	8	9	10
Popcorn chicken W/Tator Tots OR Chicken Salad Wrap ----- Green Beans 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Nacho Grande OR Ham Sandwich ----- Steamed Corn 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	National Strawberry Ice Cream Day French Toast Sticks, Sausage, Strawberry Cup ----- Vegetarian Beans 3/4c, Fresh or Pre- pared Fruit 1/2c, Milk-8oz	Cheese & Pepperoni Pizza OR Turkey Sandwich ----- Sweet Potatoes 1/2c, NYS Carrots Sticks 1/2c, Fresh or Prepared Fruit 1/2c, Milk-8oz	Meat Taco W/ Chees, Lettuce, Tomato OR Ham Sandwich ----- Steamed Broccoli 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz
13	14	15	16	17
Martin Luther King, Jr. Day No School	Chicken Taco OR Turkey Sandwich ----- Broccoli 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Hamburger or Cheeseburger OR Chicken Salad Wrap ----- Green Beans 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Chicken Patty On A Bun OR Ham Sandwich ----- NYS Carrot Sticks 1/2c, Vegetarian Beans 1/2c, Fresh or Prepared Fruit 1/2c, Milk-8oz	Assorted Pizza OR Buffalo Chicken Wrap ----- Steamed Corn 3/4c, Fresh or Prepared, Fruit 1/2c Milk-8oz
20	21	22	23	24
Cheese & Pepperoni Pizza OR Ham Sandwich ----- Steamed Carrots 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Meat Taco W/Cheese, Tomato, Lettuce OR Turkey Sandwich ----- Steamed Corn 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Happy Lunar New Year No School	Sweet N' Sour Chicken Over Rice OR Chicken Salad Sandwich ----- Green Beans 1/2c, Butternut Squash 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	Meat Ball Stroganoff Over Noodles OR Ham Sandwich ----- Steamed Broccoli 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz
27	28	29	30	31

**7-12 LUNCH MENU, PG. 11**





# JANUARY 2025 - GRADES 7-12 - LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
		Winter Break No School	Winter Break No School	Winter Break No School
Cheese Steak Sub W/ Alfredo Cheese OR Ham Sandwich ----- Steamed Carrots 3/4c, Vegetarian Beans 1/2c, Fresh or Prepared Fruit 1/2c, Milk-8oz	Taco In A Bag OR Turkey Wrap ----- Peas 1/2c Mixed Vegetables 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	Assorted Pizza OR Chicken Salad Sandwich ----- Grape Tomato Salad 1/2c, Green Beans 1/2c, Fresh or Prepared Fruit 1/2c, Milk-8oz	Chicken Nuggets W/ Alfredo Noodles OR Ham Sandwich ----- Corn 1/2c, NY Steamed Beets 1/2c, Fresh or Prepared Fruit 1/2c, Milk-8oz	Hamburger or Cheeseburger OR Turkey Sandwich ----- 1c Romaine = 1/2c, Broccoli 1/2c, Fresh or Prepared Fruit 1/2c, Milk-8oz
Popcorn Chicken W/Tator Tots OR Chicken Salad Wrap ----- Mixed Vegetables 1/2c, Glazed Carrots 3/4c, Fresh or Prepared Fruit 1/2c, Milk-8oz	Nacho Grande OR Ham Sandwich ----- Steamed Corn 1/2c Black Beans 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	National Strawberry Ice Cream Day French Toast Sticks, Sausage, Strawberry Cup ----- Peas 1/2c, Green Beans 1/2c, Fresh or Prepared Fruit 1/2c, Milk-8oz	Hot Dog W/ Assorted Toppings OR Turkey Sandwich ----- NYS Carrots 1/2c, 1C Romaine Salad = 1/2c, Fresh or Prepared Fruit 1/2c, Milk-8oz	Taco W/Seasoned Rice OR Ham Sandwich ----- Celery Sticks 1/2c, Steamed Broccoli 1/2c, Fresh or Prepared Fruit 1/2c, Milk-8oz
Martin Luther King, Jr. Day No School	Chicken Taco OR Turkey Sandwich ----- Cucumber Slices 1/2c, Green Beans 1/2c, Fresh or Prepared Fruit 1/2c, Milk-8oz	Hamburger Or Cheese Burger OR Chicken Salad Wrap ----- BBQ Baked Beans 1/2c, Steamed Carrots 1/2c, Fresh or Prepared Fruit 1/2c, Milk-8oz	Chicken Patty On A Bun OR Ham Sandwich ----- NYS Carrots 1/2c, 1C Romaine Salad = 1/2c, Fresh or Prepared Fruit 1/2c, Milk-8oz	Chicken Wing Pizza OR Buffalo Chicken Wrap ----- Roasted Potatoes 1/2c, Sweet Corn 1/2c, Fresh or Prepared Fruit 1/2c, Milk-8oz
General Tso Or Sweet N Sour Chicken Over Rice OR Ham Sandwich ----- Vegetarian Beans 1/2c, Baby Carrots 1/2c, Fresh or Prepared Fruit 1/2c, Milk-8oz	Taco W/ Seasoned Rice OR Turkey Sandwich ----- Cauliflower 1/2c, Steamed Corn 1/2c, Fresh or Prepared Fruit 1/2c, Milk-8oz	Happy Lunar New Year No School	Chicken Nuggets OR Chicken Salad Sandwich ----- Green Beans 1/2c, Butternut Squash 1/2c, Fresh or Prepared Fruit 1/2c, Milk-8oz	Meat Ball Stroganoff Over Noodles OR Ham Sandwich ----- 1C Romaine Lettuce=1/2c, Peas 1/2c, Fresh or Prepared Fruit 1/2c, Milk-8oz

**MENUS SUBJECT TO CHANGES**

**REMEMBER, if you are approved for free Lunch, you are automatically approved for Breakfast!**  
If your child has a food allergy, please notify us at 716-257-3483, ext. 5950.



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## NEW YEAR NEW EXPERIENCES

**Start the New Year with an exciting opportunity for your child!**

We are thrilled to announce a special promotion for our Before and After School Program at **West Valley Central School**. To welcome 2025 with open arms, we are offering an incredible 50% off tuition for the entire month of January!\*

Our program is designed to provide a safe, nurturing environment where students can thrive outside of regular school hours. From homework assistance and STEAM to fitness and team-building exercises, there's something for everyone!

**Don't miss out on this limited-time offer to enhance your child's learning journey!**

### Before & After School Program

**Ages:** K - 12 years

**Before School:** Drop off as early as 6:30 a.m.

**After School:** Pick up as late as 6:00 p.m.

EXPLORE NEW EXPERIENCES

MAKE NEW FRIENDS

ENGAGE IN ENRICHING ACTIVITIES

HAVE FUN



**Spaces are filling up fast, secure your spot today!**

[healthykidsprograms.com](https://healthykidsprograms.com)

[tnregistration@healthykidsprograms.com](mailto:tnregistration@healthykidsprograms.com)

845-330-0200



\*This offer only applies to parent pay families



## WEST VALLEY CENTRAL SCHOOL

5359 School St. • West Valley, NY 14171

(716) 942-3100

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## HOLIDAYS AT WEST VALLEY



**It's time  
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**\$50.00**

Split payment option:  
\$25 now & \$25 in June.



**NAME:** \_\_\_\_\_

**HR TEACHER:** \_\_\_\_\_

**GRADE:** \_\_\_\_\_

**PLEASE SEND TO MRS. MUMBACH**

