



**January**  
2025  
K-6



# Lunch

## West Valley



NYS Apples  
NYS Carrots  
NYS Beets  
NYS Butternut  
squash

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Happy New Year 2025</b>				
6	7	8	9	10
Cheese Steak Sub W/Alfredo Cheese Ham Sandwich	Taco In A Bag Turkey Wrap	Assorted Pizza Chicken Salad Sandwich	Chicken Nuggets W/ Alfredo Noodles Ham Sandwich	Hamburger Or Cheeseburger Turkey Sandwich
Vegetarian Beans 3/4c Fresh or Prepared Fruit 1/2c <b>Milk-8oz</b>	Steamed Corn 3/4c Fresh or Prepared Fruit 1/2c <b>Milk-8oz</b>	Carrots 3/4c Fresh or Prepared Fruit 1/2c <b>Milk-8oz</b>	Steamed Cauliflower 1/2c <b>NY Steamed Beets 1/2c</b> Fresh or Prepared Fruit 1/2c <b>Milk-8oz</b>	Steamed Broccoli 3/4c Fresh or Prepared Fruit 1/2c <b>Milk-8oz</b>
13	14	15	16	17
Popcorn chicken W/Tator Tots Chicken Salad Wrap	Nacho Grande Ham Sandwich	<b>National Strawberry Ice Cream Day</b> French Toast Sticks Sausage Strawberry Cup	Cheese&Pepperoni Pizza Turkey Sandwich	Meat Taco W/ Cheese Lettuce, Tomatoe Ham Sandwich
Green Beans 3/4c Fresh or Prepared Fruit 1/2c <b>Milk-8oz</b>	Steamed Corn 3/4c Fresh or Prepared Fruit 1/2c <b>Milk-8oz</b>	Vegetarian Beans 3/4c Fresh or Prepared Fruit 1/2c <b>Milk-8oz</b>	Sweet Potatoes 1/2c <b>NYS Carrots Sticks 1/2c</b> Fresh or Prepared Fruit 1/2c <b>Milk-8oz</b>	Steamed Broccoli 3/4c Fresh or Prepared Fruit 1/2c <b>Milk-8oz</b>
20	21	22	23	24
	Chicken Taco Turkey Sandwich	Hamburger or Cheeseburger Chicken Salad Wrap	Chicken Patty On A Bun Ham Sandwich	Assorted Pizza Buffalo Chicken Wrap
	Broccoli 3/4c Fresh or Prepared Fruit 1/2c <b>Milk-8oz</b>	Green Beans 3/4c Fresh or Prepared Fruit 1/2c <b>Milk-8oz</b>	<b>NYS Carrot Sticks 1/2c</b> Vegetarian Beans 1/2c Fresh or Prepared Fruit 1/2c <b>Milk-8oz</b>	Steamed Corn 3/4c Fresh or Prepared Fruit 1/2c <b>Milk-8oz</b>
27	28	29	30	31
Cheese & Pepperoni Pizza Ham Sandwich	Meat Taco W/Cheese, Tomatoe, Lettuce Turkey Sandwich	No School Happy Lunar New Year	Sweet N Sour Chicken Over Rice Chicken Salad Sandwich	Meat Ball Stroganoff Over Noodles Ham Sandwich
Steamed Carrots 3/4c Fresh or Prepared Fruit 1/2c <b>Milk-8oz</b>	Steamed Corn 3/4c Fresh or Prepared Fruit 1/2c <b>Milk-8oz</b>		Green Beans 1/2c <b>Butternut Squash 1/2c</b> Fresh or Prepared Fruit 1/2c <b>Milk-8oz</b>	Steamed Broccoli 3/4c Fresh or Prepared Fruit 1/2c <b>Milk-8oz</b>

**NYS LOCAL FOODS**  
\*Upstate Farms  
Milk, Yogurt, Sour Cream  
Preston Farms  
Assorted Varieties of Apples  
Preston Farms  
Assorted Fruits & Vegetables  
used in Meal Program  
highlighted in green

**The Following Entrees Served Daily:**

6" Subs and Wraps (2M2G)  
Pre Made  
Salads Pre Made  
(Includes Flatbread) 2M2G  
Peanut Butter & Jelly  
Sandwich (2M2G)  
**Fruit & Yogurt Parfait**  
w/Flatbread(2M2G)

**Offered daily**  
**with all School Lunches:**  
Fresh or Prepared Fruit  
(Must take 1/2 cup of Fruit or Vegetable -  
may take up to 1 cup)  
**NY State 8oz 1% or Skim**  
**White Milk**  
**Fat Free Chocolate Milk**

**MY SCHOOL BUCKS** PAY FOR MEALS ONLINE  
MySchoolBucks.com

If your Student has a particular food allergy, please contact the food service office @ (716)771-8685

**Student \$0.00**