



**January**  
**2025**  
7-12



**Lunch**  
West Valley



NYS Apples  
NYS Carrots  
NYS Beets  
NYS Butternut  
Squash

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
			No School	No School
6	7	8	9	10
Cheese Steak Sub W/ Alfredo Cheese Ham Sandwich	Taco In A Bag Turkey Wrap	Assorted Pizza Chicken Salad Sandwich	Chicken Nuggets W/ Alfredo Noodles Ham Sandwich	Hamburger or Cheeseburger Turkey Sandwich
Steamed Carrots 3/4c Vegetarian Beans 1/2c Fresh or Prepared Fruit 1/2c <b>Milk-8oz</b>	Peas 1/2c Mixed Vegetables 1/2c Fresh or Prepared Fruit 1/2c <b>Milk-8oz</b>	Grape Tomato Salad 1/2c Green Beans 1/2c Fresh or Prepared Fruit 1/2c <b>Milk-8oz</b>	Corn 1/2c <b>NY Steamed Beets 1/2c</b> Fresh or Prepared Fruit 1/2c <b>Milk-8oz</b>	1c Romaine = 1/2c Broccoli 1/2c Fresh or Prepared Fruit 1/2c <b>Milk-8oz</b>
13	14	15	16	17
Popcorn Chicken W/Tato Tots Chicken Salad Wrap	Nacho Grande Ham Sandwich	<b>National Strawberry Ice Cream Day</b> French Toast Sticks Sausage Strawberry Cup	Hot Dog W/ Assorted Toppings Turkey Sandwich	Taco W/ Seasoned Rice Ham Sandwich
Mixed Vegetables 1/2c Glazed Carrots 3/4c Fresh or Prepared Fruit 1/2c <b>Milk-8oz</b>	Steamed Corn 1/2c Black Beans 1/2c Fresh or Prepared Fruit 1/2c <b>Milk-8oz</b>	Peas 1/2c Green Beans 1/2c Fresh or Prepared Fruit 1/2c <b>Milk-8oz</b>	<b>NYS Carrots 1/2c</b> 1C Romaine Salad = 1/2c Fresh or Prepared Fruit 1/2c <b>Milk-8oz</b>	Celery Sticks 1/2c Steamed Broccoli 1/2c Fresh or Prepared Fruit 1/2c <b>Milk-8oz</b>
20	21	22	23	24
	Chicken Taco Turkey Sandwich	Hamburger Or Cheese Burger Chicken Salad Wrap	Chicken Patty On A Bun Ham Sandwich	Chicken Wing Pizza Buffalo Chicken Wrap
	Cucumber Slices 1/2c Green Beans 1/2c Fresh or Prepared Fruit 1/2c <b>Milk-8oz</b>	BBQ Baked Beans 1/2c Steamed Carrots 1/2c Fresh or Prepared Fruit 1/2c <b>Milk-8oz</b>	<b>NYS Carrots 1/2c</b> 1C Romaine Salad = 1/2c Fresh or Prepared Fruit 1/2c <b>Milk-8oz</b>	Roasted Potatoes 1/2c Sweet Corn 1/2c Fresh or Prepared Fruit 1/2c <b>Milk-8oz</b>
27	28	29	30	31
General Tso Or Sweet N Sour Chicken Over Rice Ham Sandwich	Taco W/ Seasoned Rice Turkey Sandwich	No School Happy Lunar New Year	Chicken Nuggets Chicken Salad Sandwich	Meat Ball Stroganoff Over Noodles Ham Sandwich
Vegetarian Beans 1/2c Baby Carrots 1/2c Fresh or Prepared Fruit 1/2c <b>Milk-8oz</b>	Cauliflower 1/2c Steamed Corn 1/2c Fresh or Prepared Fruit 1/2c <b>Milk-8oz</b>		Green Beans 1/2c <b>Butternut Squash 1/2c</b> Fresh or Prepared Fruit 1/2c	1C Romaine Lettuce=1/2c Peas 1/2c Fresh or Prepared Fruit 1/2c <b>Milk-8oz</b>

**NYS LOCAL FOODS**  
\*Upstate Farms  
Milk, Yogurt, Sour Cream  
Preston Farms  
Assorted Varieties of Apples  
Eden Valley Growers  
Assorted Fruits & Vegetables  
used in Meal Program  
highlighted in green

**The Following Entrees  
Served Daily:**  
6" Subs and Wraps (2M2G)  
Pre Made  
Salads Pre made  
(Includes Flatbread) 2M2G  
Peanut Butter & Jelly  
Sandwich (2M2G)  
**Fruit & Yogurt Parfait**  
w/Flatbread(2M2G)

**Offered daily  
with all School Lunches:**  
Fresh or Prepared Fruit  
(Must take 1/2 cup of Fruit or Vegetable -  
may take up to 1 cup)  
**NY State 8oz 1% or Skim  
White Milk**  
**Fat Free Chocolate Milk**

			Milk-8oz	
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# Happy New Year 2025

**MY SCHOOL BUCKS** PAY FOR MEALS ONLINE  
MySchoolBucks.com

If your son/daughter has a particular food allergy, please contact the food service office @ **(716)771-8685**

**Student \$0.00**