



January
2025
Pre-K



Lunch

West Valley



NYS Apples
NYS Carrots
NYS Beets
NYS Butternut
squash

NYS LOCAL FOODS
*Upstate Farms
Milk, Yogurt, Sour Cream
Preston Farms
Assorted Varieties of Apples
Preston Farms
Assorted Fruits & Vegetables
used in Meal Program
highlighted in green

Monday	Tuesday	Wednesday	Thursday	Friday
Happy New Year 2025				
6	7	8	9	10
Half of A Cheese steak Sub 1/5 Ham Sandwich	Taco In A Bag Half Of A Turkey Wrap	Assorted Pizza Half Of A Chicken Salad Sandwich	Chicken Nuggets(3) ¼ cup Alfredo Noodles ½ Ham Sandwich	Hamburger Or Cheesesburger ½ Turkey Sandwich
Vegetarian Beans 1/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Steamed Corn 1/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Carrots 1/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Steamed Cauliflower 1/4c NY Steamed Beets 1/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Steamed Broccoli 1/4c Fresh or Prepared Fruit 1/2c Milk-8oz
13	14	15	16	17
Popcorn Chicken (8) ½ Chicken Salad Wrap	Nacho Grande ½ Ham Sandwich	National Strawberry Ice Cream Day French Toast Sticks(2) Sausage & Strawberry Cup ½ Chicken Wrap	Cheese&Pepperoni Pizza ½ Turkey Sandwich	Meat Taco W/Cheese Lettuce, Tomatoe ½ Ham Sandwich
Green Beans 1/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Steamed Corn 1/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Vegetarian Beans 1/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Sweet Potatoes 1/4c NYS Carrots Sticks 1/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Steamed Broccoli 1/4c Fresh or Prepared Fruit 1/2c Milk-8oz
20	21	22	23	24
	Chicken Taco ½ Turkey Sandwich	Hamburger Or Cheese Burger ½ Turkey Sandwich	Chicken Patty On A Bun ½ Ham Sandwich	Assorted Pizza ½ Chicken Wrap
	Broccoli 1/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Green Beans 1/4c Fresh or Prepared Fruit 1/2c Milk-8oz	NYS Carrot Sticks 1/4c Vegetarian Beans 1/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Steamed Corn 1/4c Fresh or Prepared Fruit 1/2c Milk-8oz
27	28	30	31	
Cheese&Pepperoni Pizza ½ Ham Sandwich	Meat Taco W/Cheese Lettuce, Tomatoe ½ Turkey Sandwich	No School Happy Lunar New Year	SweetNSour Chicken Over ¼ cup Rice ½ Chicken Salad Sandwich	Meatball(3) Stroganoff Over ¼ cup Noodles ½ ham Sandwich
Steamed Carrots 1/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Steamed Corn 1/4c Fresh or Prepared Fruit 1/2c Milk-8oz		Green Beans 1/4c Mashed Garlic Parm Parsnips 1/4c Fresh or Prepared Fruit 1/2c Milk-8oz	Steamed Broccoli 1/4c Fresh or Prepared Fruit 1/2c Milk-8oz

Offered daily with all School Lunches:
Fresh or Prepared Fruit
(Must take ½ cup of Fruit or Vegetable - may take up to 1 cup)
NY State 8oz 1% or Skim White Milk
Fat Free Chocolate Milk

MY SCHOOL BUCKS PAY FOR MEALS ONLINE
MySchoolBucks.com

If your Student has a particular food allergy, please contact the food service office @ (716)771-8685

Student \$0.00