



January
2025
Pre-K



Breakfast
West Valley



NYS Apples

Monday	Tuesday	Wednesday	Thursday	Friday
Happy New Year 2025				
6	7	8	9	10
2 French Toast Sticks W/Syrup	Half of A Bagel W/Cream Cheese	4oz Yogurt	1 oz Cereal Bowl	2oz Muffin
4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
13	14	15	16	17
Half of A Bagel W/Cream Cheese	1oz Cereal Bowl	2 French Toast Sticks W/Syrup	2oz Muffin	4oz Yogurt
4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
20	21	22	23	24
	1oz Cereal Bowl	Half of A Bagel W/Cream Cheese	4oz Yogurt	2oz Muffin
	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
27	28	29	30	31
2 French Toast Sticks W/Syrup	1z Cereal Bowl	No School Happy Lunar New Year	2oz Muffin	Half of A Bagel W/Cream Cheese
4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz		4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz

NYS LOCAL FOODS
*Upstate Farms
Milk, Yogurt, Sour Cream
Preston Farms
Assorted Varieties of Apples
Eden Valley Growers
Assorted Fruits & Vegetables
used in Meal Program
highlighted in green

Breakfast Options Daily

*Daily Entrée-1 (2g) or

Offered with all Breakfasts

*Whole Grain (WG) Entrees

*Daily Selection of
Fresh or Prepared Fruit
100% juice -1/2 cup
may take up to 1 cup

*NY State Non-Fat or 1% White Milk
8oz

MY SCHOOL BUCKS PAY FOR MEALS ONLINE
MySchoolBucks.com

If your student has a particular food allergy,
please contact the food service office @
(716)771-8685

Student \$0.00