

# What's on the Menu?

## Staples High School Lunch Menu January 1-3

Monday

Tuesday

Wednesday

Thursday

Friday

### create

Menu Items

Menu Items

Menu Items

Menu Items

Menu Items  
**Student Choice**  
**Flame**  
**BYO Burger**  
 Fries  
 Seasoned Corn

**Happy New Year!**

**Chicken Nuggets**  
 Tater Tots

### grilled

Hot Dog

Tomato Mozz Panini

Classic American  
 Cheeseburger

Classic American  
 Cheeseburger

Seasoned Fries

Seasoned Fries



Old World Style  
 Classic Cheese Pizza

Old World Style  
 Classic Cheese Pizza

Old World Style  
 Classic Cheese Pizza

Old World Style  
 Classic Cheese Pizza

Old World Style  
 Classic Cheese Pizza

Traditional Italian  
 Pepperoni Pizza

Traditional Italian  
 Pepperoni Pizza

Traditional Italian  
 Pepperoni Pizza

Traditional Italian  
 Pepperoni Pizza

Traditional Italian  
 Pepperoni Pizza



By the oz. Bar

By the oz. Bar

By the oz. Bar

By the oz. Bar

By the oz. Bar

**BYO**  
**Pasta Bar**

**BYO**  
**Pasta Bar**



This institution is an equal opportunity provider.

chartwells  
 serving up happy & healthy

# What's on the Menu?

Staples High School Lunch January 6-10

Monday

Tuesday

Wednesday

Thursday

Friday

## create

Menu Items

**Pasta & Meatballs**  
Seasoned Veggies

Menu Item

**Discovery Kitchen**  
**Great American Road Trip**  
**Beef Tacos**  
Rice  
Black Beans   
Mexican Street Corn (Elotes)

Menu Items

**Jerk Chicken**  
Rice & Beans  
Plantains

Menu Items

**General Tso's Popcorn**  
**Chicken**  
Rice  
Broccoli

Menu Items

**Student Choice**  
**Station**  
**Roast**  
**BYO Chicken Patty**  
**Sandwich**  
Fries

## grilled

Nashville Hot Chicken

Classic American  
Cheeseburger

Seasoned Fries

Chicken Pesto  
Ciabbata

Classic American  
Cheeseburger

Seasoned Fries

Chicken & Waffle

Classic American  
Cheeseburger

Seasoned Fries

**Discovery Kitchen**  
**Great American Road Trip**  
**Cuban Pork Sandwich**

Classic American  
Cheeseburger

Seasoned Fries

Chicken Parm grinder

Classic American  
Cheeseburger

Seasoned Fries



Old World Style  
Classic Cheese Pizza

Traditional Italian  
Pepperoni Pizza

Old World Style  
Classic Cheese Pizza

Traditional Italian  
Pepperoni Pizza

Old World Style  
Classic Cheese Pizza

Traditional Italian  
Pepperoni Pizza

Old World Style  
Classic Cheese Pizza

Traditional Italian  
Pepperoni Pizza

Old World Style  
Classic Cheese Pizza

Traditional Italian  
Pepperoni Pizza



By the oz. Bar

**Breakfast Bar**

By the oz. Bar

**Breakfast Bar**

By the oz. Bar

**Breakfast Bar**

By the oz. Bar

**Breakfast Bar**

By the oz. Bar

**Breakfast Bar**



Vegan



Vegetarian



Locally Grown

*This institution is an equal opportunity provider.*

chartwells  
serving up happy & healthy

# What's on the Menu?

## Staples High School Lunch Menu January 13-17

Monday

Tuesday

Wednesday

Thursday

Friday

### create

Menu Items

Menu Items

Menu Items

Menu Items

Menu Items

**Discovery Kitchen**  
**Great American Road Trip**  
**BBQ Pulled Pork**  
**Sandwich**  
 Fries  
 Carolina Coleslaw

**Chicken and Cheese**  
**Quesadillas**  
 Seasoned Black Beans

**BBQ Chicken Thighs**  
 Sweet Potato Fries  
 Seasoned Corn

**Philly Cheese Steak**  
**Bar**  
 Onions, Peppers,  
 Mushrooms  
 Onion Rings

**Early Dismissal**  
**Professional**  
**Development day**  
  
**Breakfast only**

### grilled

Berry Turkey Sandwich

Turkey Club

Chicken Quesadilla

Hot n' Spicy Burger

Classic American  
 Cheeseburger

Classic American  
 Cheeseburger

Classic American  
 Cheeseburger

Classic American  
 Cheeseburger

Seasoned Fries

Seasoned Fries

Seasoned Fries

Seasoned Fries



Old World Style  
 Classic Cheese Pizza

Old World Style  
 Classic Cheese Pizza

Old World Style  
 Classic Cheese Pizza

Old World Style  
 Classic Cheese Pizza

Traditional Italian  
 Pepperoni Pizza

Traditional Italian  
 Pepperoni Pizza

Traditional Italian  
 Pepperoni Pizza

Traditional Italian  
 Pepperoni Pizza



By the oz. Bar

By the oz. Bar

By the oz. Bar

By the oz. Bar

Mac & Cheese Bar

Mac & Cheese Bar

Mac & Cheese Bar

Mac & Cheese Bar



Vegan



Vegetarian



Locally Grown

This institution is an equal opportunity provider.

chartwells  
 serving up happy & healthy

# What's on the Menu?

## Staples School Lunch Menu January 20-24

Monday

Tuesday

Wednesday

Thursday

Friday

### create

Menu Items

**Martin Luther  
King Jr. Day  
No School**

Menu Item

**Penne Pasta**  
Meat sauce  
Mixed Veggies



Menu Items

**Cajun Chicken**  
Potato Wedges  
Greens Beans

Menu Items

**Chaat House**  
**Curry Chicken**  
Stewed  
Chickpeas & Spinach  
Couscous

Menu Items

**Pasta & Meatballs**  
Mixed Veggies



### grilled

Buffalo Chicken Wrap

**Discovery Kitchen**  
**Great American Road Trip**

Chicago Style Hot Dog

Meatball Sub

BYO Burger Bar

Tomato Mozz Panini

Classic American  
Cheeseburger

Classic American  
Cheeseburger

Classic American  
Cheeseburger

Classic American  
Cheeseburger

Classic American  
Cheeseburger

Seasoned Fries

Seasoned Fries

Seasoned Fries

Seasoned Fries

Seasoned Fries



Old World Style  
Classic Cheese Pizza

Old World Style  
Classic Cheese Pizza

Old World Style  
Classic Cheese Pizza

Old World Style  
Classic Cheese Pizza

Old World Style  
Classic Cheese Pizza

Traditional Italian  
Pepperoni Pizza

Traditional Italian  
Pepperoni Pizza

Traditional Italian  
Pepperoni Pizza

Traditional Italian  
Pepperoni Pizza

Traditional Italian  
Pepperoni Pizza

By the oz. Bar  
BYO Nacho Bar

By the oz. Bar  
BYO Nacho Bar

By the oz. Bar  
BYO Nacho Bar

By the oz. Bar  
BYO Nacho Bar

By the oz. Bar  
BYO Nacho Bar



Vegan



Vegetarian



Locally Grown

This institution is an equal opportunity provider.

chartwells  
serving up happy & healthy

# What's on the Menu?

## Staples School Lunch Menu January 27-31

Monday

Tuesday

Wednesday

Thursday

Friday

### create

Menu Items

Menu Items

Menu Items

Menu Items

Menu Items

**Chicken Nuggets**  
Fries

**Chicken Fajitas**  
Onions & Peppers  
Rice

**French Marinated  
Chicken Thighs**  
Green Beans  
Roasted Potatoes

**Sloppy Joe**  
Fries

**Greek Chicken or Beef  
Gyro**  
Couscous  
Tomato Cucumber Salad

### grilled

Hot Dog

Nashville Hot Chicken

Chicken & Waffles

Chicken Quesadilla

Tomato & Mozz Panini

Classic American  
Cheeseburger

Classic American  
Cheeseburger

Classic American  
Cheeseburger

Classic American  
Cheeseburger

Classic American  
Cheeseburger

Seasoned Fries

Seasoned Fries

Seasoned Fries

Seasoned Fries

Seasoned Fries



Old World Style  
Classic Cheese Pizza

Old World Style  
Classic Cheese Pizza

Old World Style  
Classic Cheese Pizza

Old World Style  
Classic Cheese Pizza

Old World Style  
Classic Cheese Pizza

Traditional Italian  
Pepperoni Pizza

Traditional Italian  
Pepperoni Pizza

Traditional Italian  
Pepperoni Pizza

Traditional Italian  
Pepperoni Pizza

Traditional Italian  
Pepperoni Pizza



By the oz. Bar

By the oz. Bar

By the oz. Bar

By the oz. Bar

By the oz. Bar

**Asian Noodle Bar**



**Asian Noodle Bar**



**Asian Noodle Bar**



**Asian Noodle Bar**



**Asian Noodle Bar**



Vegan



Vegetarian



Locally Grown

This institution is an equal opportunity provider.

chartwells  
serving up happy & healthy