



Available Daily:
Premium Deli,
Sandwiches
and Wraps,
Salad Bar,
Pizza Variety,
Tacos, Nachos
and Burritos

All Lunches
Include:
Entrée,
Bread/Grain,
Vegetable,
Fruit/Juice (e.g.
Fresh, Cup of
Fruit or Juice)
and Choice of
1% White or
Fat-Free White
or Chocolate
Milk.

Powering
potential.™



Student Lunch
Students \$2.75/ Specialty Lunch \$3.75
Adults \$5.03 + Tax
Adults \$6.03+Tax –Specialty Lunch

Free Day!

*Please note on “Free Days” the first meal will be free to all students and only applies to a full breakfast and lunch meal. Any a la carte items such as snacks, drinks and seconds must still be paid for with available funds.



January 2025

Harrison High School LUNCH MENU

	MON	TUES	WED 1	THUR 2	FRI 3
Daily Feature				Oven Roasted Chicken Cornbread	Macaroni & Cheese Whole Grain Dinner Roll
Pizza Special			HAPPY NEW YEAR	Veggie	BBQ Chicken
Deli Special				BBQ Chicken Wrap	Southwest Chicken Wrap w/ Jalapenos Jack Cheese Lettuce & Tomato
Mexi Special				Turkey Tacos	Bean and Veggie Tacos
Veggies and Fruits				Baked Sweet Potatoes Fresh Salad Pear Cup Banana	Green Leaf Salad Steamed Zucchini Broccoli Apple Slices Mixed Fruit Cup

What Makes a Lunch?
Select 3-5 Components

One must be a
FRUIT OR **VEGGIE**



This institution is an equal opportunity providers

Regardless of portion size, the FSMC is responsible for meeting all requirements under the Final Rule Nutrition Standards in the National School Lunch and School Breakfast Programs. This includes min-max calories, saturated fat and sodium along with specific component offerings for all fruits, vegetables, grains, meat/meat alternates and milk. This institution is an equal opportunity provider and employer. Menu subject to change.

If you have any questions or comments, please call the Food Service Department at 914-630-3114.
Christine Clementz RD,CDN
Food Service Director

January 2025

Harrison High School LUNCH MENU



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	MON 6	TUES 7	WED 8	THURS 9	FRI 10
Daily Feature	Orange Chicken Fried Rice	Roasted Turkey and Gravy Mashed Potato Dinner Roll	Burger Bar Beef Burger or Breaded Chicken with Bun Choices of Cheeses And Toppings	Grilled Cheese with Tomato Sweet Potato Tots	Texas French Toast Pork Sausages
Pizza Special	Veggie	Mushroom	Spinach	Buffalo Chicken	Garlic Broccoli
Deli Special	Honey Mustard Chicken	Egg Salad Red Onion Wrap	Vegetable Wrap Mushrooms Red Onion, Black Olives, Cheddar Cheese Lettuce & Tomato	Jerk Chicken Chicken	Chicken Caesar Wrap
Mexi Special	Beef Burrito	Crunchy Veggie Tacos with Cheddar Cheese	Beef Nachos Supreme	Bean Burrito	Soft Beef Tacos
Veggies and Fruits	Baby Carrots Romaine Salad Sautéed Green Beans Pineapple Cup Pear	Spinach Caesar Salad Red Pepper Strips Mixed Fruit Cup Applesauce	Crinkle Cut French Fries Baked Beans Carrot Sticks Green Leaf Salad Fresh Banana Peach Cup	Fresh Green Salad Tomato Salad Sautéed Spinach Fresh Apple Pear Cup	Broccoli Green Salad Celery Sticks Orange Slices Apple Sauce

Free Day!



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Powering potential.™

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aramark
STUDENT NUTRITION

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What Makes a Lunch?
Select 3-5 Components

MILK

GRAIN

VEGGIE

FRUIT

PROTEIN

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FRUIT

OR

VEGGIE

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Harrison High School

LUNCH MENU

	MON 13	TUES 14	WED 15	THURS 16	FRI 17
Daily Feature	Spicy Breaded Chicken On a Whole Grain Roll	Quesadilla or Chicken Quesadilla Salsa Fresca Steamed Rice	Burger Bar Beef Burger or Turkey Burger on a Bun Choices of Cheeses And Toppings	Chicken Francaise Spaghetti with Butter or Sauce	Fresh Made Whole Grain Pancakes Pork Sausages
Pizza Special	Buffalo Chicken	Pork and Beef Pepperoni Pizza	Peppers & Onions	Spinach	Mushrooms
Deli Special	Ham and Cheese Quesadilla	Mozzarella and Tomato	Tuna Wrap	Honey Mustard Chicken	Veggie Cheese Wrap
Mexi Special	Bean Burrito	Crunchy Beef Tacos	Beef Nachos Supreme	Turkey Tacos	Soft Cheese and Veggie Tacos
Veggies and Fruits	Butternut Squash Tomato Salad Romaine Salad Apple Slices Peaches	Steamed Corn Green Salad Mixed Fruit Pears	Steamed Broccoli French Fries Baked Beans Apple Slices Orange Wedges	Baby Carrots Romaine Salad Peach Cup Fresh Pear	Sweet Potato Fries Spinach Salad Pear Cup Fresh Apple Fruit Cup

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December 2024

**Harrison High School
LUNCH MENU**

	MON 20	TUES 21	WED 22	THURS 23	FRI 24
Daily Feature	Dr. Martin Luther King Jr. No School	Chicken Bowl Scallions, Shredded Carrots, Green Beans Rice	Breaded Chicken OR Beef Burger with Cheese And Toppings	Grilled Cheese with Tomato or Bacon	Brunch for Lunch Bar Texas French Toast Pork Sausage
Pizza Special		Pepperoni Pizza	Peppers & Onions	Spinach	Salad Pizza
Deli Special		Three Cheese Quesadilla	Grilled Chicken Sandwich	TLT Turkey Lettuce and Tomato	Pepper Jack Cheese and Chicken Wrap
Mexi Special		Veggie and Bean Crunchy Tacos	Nachos Supreme	Bean Burrito	Soft Beef Tacos
Veggies and Fruits		Sautéed Green Beans Broccoli Carrots Pears Banana	Broccoli Baked French Fries Baked Beans Apple Slices Orange Wedges	Chickpea Salad Sliced Tomato Baby Carrots Romaine Salad Mixed Fruit Cup Fresh Pear	Cucumber Slices Tater Tots Broccoli Fresh Apple Fresh Orange

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Harrison High School LUNCH MENU

	MON 27	TUES 28	WED 29	THUR 30	FRI 31
Daily Feature	Mac and Cheese Breadstick	Chicken ALT Grilled or Crispy		Black Bean or Chicken Rice Bowl with Salsa & Sour Cream	Broccoli Stromboli or Chicken Stromboli
Pizza Special	Broccoli	Veggie Pizza	Lunar New Year No School	Garlic Pizza	Spicy Chicken
Deli Special	Italian Combo	Mozzarella and Ham Melt		Honey Mustard Chicken	Wrap
Mexi Special	Crunchy Beef Tacos	Pepper and Onion Quesadilla		Bean Burrito	Soft Beef Tacos
Veggies and Fruits	Tomato Salad Celery Sticks Sautéed Spinach Pear Cup Peaches	Baby Carrots Caesar Salad Mixed Fruit Banana		Chickpea Salad Corn Romaine Salad Pineapple Cup Fresh Pear	Sweet Potato Tots Broccoli Cucumber Slices Applesauce Cup Orange

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