

Evergreen School District  
 Child Nutrition Services  
 K-8 Entrees Nov 2024-2025

**Ingredients and menu items are subject to change or substitution without notice.**  
**Allergen information is for entrée dishes only and does not include any condiments or side dishes.**  
**Please consult a medical professional for assistance in planning for or treating a medical condition.**

Week of Jan 6, 2025		Carb Count	Dairy	Eggs	Peanut	TreeNut	Sesame	Fish	Shellfish	Soy	Wheat	Beef	Poultry	Pork	Vegan (V)	Gluten Free (GF)
<b>Monday</b>	<b>Manufacturer</b>															
WG Strawberry Pop-Tart	Kellogg's	36g								X	X					
String Cheese	Land O Lakes	2g	X													GF
Bean & Cheese Burrito	Fernando's	40g	X							X	X					
Chicken & Cheese Tamale	Michael B's	45g	X										X			
<b>Tuesday</b>																
French Toast	Pillsbury	37g	X	X						X	X					
Garlic Cheese Toast	Tony Robert's	28.3g	X							X	X					
Chicken	Tyson	2g	?	?	?	?	?	?	?	?	?		X			
Roll	Shannon's	26g		?	?	?	?	?	?	X	X					
<b>Wednesday</b>																
Breakfast Pizza Bagel	Tony Robert's	23.16g	X								X					
Chimi Nada	Bell Tasty	43g	X							X	X					
Beef Fiestada Sandwich	Big Daddy's	31g	X	X						X	X	X				
<b>Thursday</b>																
<b>No School</b>																
<b>Friday</b>																
Cinnamon Swirl	Bake Crafter's	48g		X						X	X					
Penne Alfredo & Trees		45.5g	X	?	?	?	?	?	?	?	X					
Chicken Empanada	Albie's	36g	X							X	X		X			

Items in GREEN print are meatless

? = Manufactured on equipment or contains trace amounts of this allergen

Week of Jan 13, 2025		Carb Count	Dairy	Eggs	Peanut	TreeNut	Sesame	Fish	Shellfish	Soy	Wheat	Beef	Poultry	Pork	Vegan (V)	Gluten Free (GF)
<b>Monday</b>	<b>Manufacturer</b>															
Buttermilk Bar	Dave's	46g	X	X						X	X					
Grilled Cheese Sandwich	Integrated	32.86g	X							X	X					
Cheeseburger Slider	Integrated	27.76g	X							X	X	X				
<b>Tuesday</b>																
Snack n Waffle	Arlington's	37g	X	X							X					
Italian Nada	Bell Tasty Foods	31g	X							X	X					
Mini Chicken Corn Dog	Tyson	26g								X	X		X			
Fries	USDA	22g														
<b>Wednesday</b>																
Mini Pancake	Kellogg's	36g	X	X						X	X					
Cheezy Bites	Wild Mike's	28g	X								X					
Chicken Tikka Masala & Rice		27.99g	X	?	?	?	?	?	?	?	?		X			
<b>Thursday</b>																
Beef Sausage Mini Bagel	Integrated	18.58g	X				X			X	X	X				
Veggie Chik' Nuggets	Rebellyous Foods	13g								X	X				V	
Fries	USDA	22g														
Chicken Double Dog	Michael B's	29g								X	X		X			
<b>Friday</b>																
Danimals Strawberry Banana Yogurt	Dannon	12g	X													
Granola	Bake Crafters	15g														
Ciabatta Cheese Melt	E.S Food	28g	X							X	X					
Penne Pasta w/ Meat sauce		58.5g	?	?	?	?	?	?	?	X	X	X				
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Week of Jan 20, 2025		Carb Count	Dairy	Eggs	Peanut	TreeNut	Sesame	Fish	Shellfish	Soy	Wheat	Beef	Poultry	Pork	Vegan (V)	Gluten Free (GF)
Monday	Manufacturer															
No School																
Tuesday																
Pull-apart Soft Mini Bagels	Pillsbury	42g	X								X					
Cheese Pinwheel	E.S. Foods	38g	X							X	X					
Meatball Hoagie	Michael B's	32g	X	X							X	X				
Wednesday																
Breakfast Bun	Super Bakery	40g	X	?						X	X					
Bean & Cheese Chalupa	Integrated	23.01g	X							X	X					
Cherry Blossom Chicken & Rice		52g		X							X		X			
Thursday																
Vanilla Concha	The Popcorn Man	34g	X	X							X					
Italian Garlic Pull Apart	Pillsbury	32g	X								X					
Chicken Nuggets	Tyson	16g								X	X		X			
Fries	USDA	22g														
Friday																
Lemon Muffin	Elsa's Baking Co.	43g	?	X						?	X					
Pizza Stick	Conagra	32g	X							X	X					
Chicken Alfredo with a Twist		39.3g	X								X		X			
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Week of Jan 27, 2025		Carb Count	Dairy	Eggs	Peanut	TreeNut	Sesame	Fish	Shellfish	Soy	Wheat	Beef	Poultry	Pork	Vegan (V)	Gluten Free (GF)
<b>Monday</b>	<b>Manufacturer</b>															
Grape Filled Crescent Roll	Pillsbury	35g	X								X					
Cheese Pizza	Wild Mike's	36g	X								X					
Beef & Cheese Taco Stick	Integrated	28.97g	X							X	X	X				
<b>Tuesday</b>																
Bacon Scramble Breakfast Pizza	Schwan's	22g	X	X						X	X		X			
Pizzaboli	Tastybrands	35g	X								X					
Chicken Burger		42g								X	X		X			
Fries	USDA	22g														
<b>Wednesday</b>																
Mini Strawberry Filled Bagel	Pillsbury	42g	X								X					
Whole Grain Cheese Lasagna	Tasty Brand	29g	X								X					
Mandarin Chicken & Rice		44.86g	?	X	?	?	?	?	?	X	X		X			
<b>Thursday</b>																
Choc Chip Mini French Toast	Eggo	35g	X	X						X	X					
Cheese Calzone	Buena Vista	45g	X	?						X	X					
Chili Cheese Dog	Integrated	32.53g	X							X	X	X	X			
<b>Friday</b>																
Danimals Strawberry Banana Yogurt	Dannon	12g	X													
Granola	Bake Crafters	15g														
Mac & Cheese		47.74g	X	?	?	?	?	?	?	X	X					
Pepperoni Pizza Pocket	Nestle	36g	X	X						X	X	X	X	X		
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Item	Flavors	Brand	Size	Carbs (g)
Milk 1%	White Milk	Producers'	8 fl. oz.	16g
Milk Fat Free	Chocolate Milk	Producers'	8 fl. oz.	20g
100% Fruit Juice	Apple	Apple & Eve	4 fl. oz.	14g
100% Fruit Juice	Fruit Punch	Apple & Eve	4 fl. oz.	15g
100% Fruit Juice	Orange Tangerine	Apple & Eve	4 fl. oz.	12g
100% Fruit Juice	Kiwi Strawberry	Apple & Eve	4 fl. oz.	13g