



JANUARY LUNCH MENU 2025

Look out for our Harvest of the Month.
Cara Cara Orange






Available choices to accompany menu items:

- Non-fat chocolate milk
- 1% lowfat white milk
- 100% fruit juice
- Variety of fresh fruits and vegetables through our salad bar.
- Whole grain snacks

Vegetarian Options Available Daily!

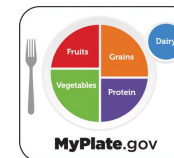
Check in with your school cafeteria staff for the vegetarian entrée of the day.

	Monday Lunes	Tuesday Martes	Wednesday Miercoles	Thursday Jueves	Friday Viernes
Week of: January 6	Bean & Cheese Burrito (M) Chicken & Cheese Tamale (C)	Garlic Cheese Toast (M) Chicken & Roll (C)	Chimi Nada (M) Beef Fiestada Sandwich (B)	Staff PD No School	Penne Alfredo & Trees (M) Chicken Empanada (C)
Week of: January 13	Grilled Cheese Sandwich (M) Cheeseburger Slider (B)	Italian Nada (M) Harvest of the month Mini Chicken Corn Dog w/ Fries (C)	Cheezy Bites (M) Chicken Tikka Masala & Rice (C)	Vegan Nuggets & Fries (M) 	Ciabatta Cheese Melt (M) Penne Pasta w/ Meat Sauce (B)
Week of: January 20	MLK Day No School	Cheese Pinwheel (M) Meatball Hoagie (B)	Bean & Cheese Chalupa (M) Cherry Blossom Chicken & Rice (C)	Italian Garlic Pull Apart (M) Chicken Nuggets & Fries (C)	Mozzarella Sticks & Marinara Sauce (M) Chicken Alfredo with a Twist (C) NEW!
Week of: January 27	Cheese Pizza (M) Beef & Cheese Taco Stick (B)	Pizzaboli (M) Chicken Burger & Fries (C)	Cheese Lasagna (M) Mandarin Chicken & Rice (C)	Cheese Calzone (M) Chili Cheese Dog (C, B)	Mac n Cheese (M) Pepperoni Pizza Pocket (C, P, B)

MENU KEY: (M) Meatless (C) Chicken (B) Beef (P) Pork (T) Turkey (F) Fish  Spicy  Vegan

Menu is subject to change without notice

This institution is an equal opportunity provider and employer. For CalFresh information, call 1-877-847-3663. Visit www.CaChampionsForChange.net for healthy tips. Child Nutrition Services (CNS) can be reached at (408) 223-4500, Monday-Friday, 7:30am -3:30pm



FREE Universal meals continue for all students!

EESD is a Provision 2 District for 2022-23. No income info will be collected in 2024-25. New students may need to complete an Alternative Income Form for funding.

A La Carte Menu

Milk \$0.75
Water \$1.00
Fruit Juice \$0.75
Whole Grain Crackers \$1.00

No credit is extended for a la carte purchases. We encourage online payments and parents can prepay securely at www.myschoolbucks.com and request a transfer or refund at www.eesd.org.

What Makes a Complete Lunch?

USDA requires that a student select a minimum of 3 different components:
Fruit, Vegetable, Protein, Grain, Milk

A COMPLETE LUNCH MUST INCLUDE A ½ CUP OF FRUIT OR VEGETABLE

