

JANUARY 2025

Middle School Breakfast

MONDAY

TUESDAY



WEDNESDAY

THURSDAY

FRIDAY

Breakfast Classics

- Dairy and Protein: Yogurt and string cheese
- Grains: Assorted breakfast breads, pastries, and cereal bowls

<p>6</p> <p>Beef Sausage & Cheese Bagel ZeeZees Pear Cup</p>	<p>7</p> <p>Chicken Sausage & Cheese-Stuffed Waffle ZeeZees Mixed Fruit Cup</p>	<p>8</p> <p>Egg & Cheese Breakfast Bagel Raisins</p>	<p>9</p> <p>Chicken Sausage & Waffle Sandwich ZeeZees Peach Cup</p>	<p>10</p> <p>French Toast Sticks</p>
<p>13</p> <p>Beef Sausage & Cheese Bagel</p>	<p>14</p> <p>Chicken Sausage & Cheese-Stuffed Waffle</p>	<p>15</p> <p>Egg & Cheese Breakfast Bagel</p>	<p>16</p> <p>Chicken Sausage & Waffle Sandwich</p>	<p>17</p> <p>French Toast Sticks</p>
<p>20</p> 	<p>21</p> <p>Chicken Sausage & Cheese-Stuffed Waffle</p>	<p>22</p> <p>Egg & Cheese Breakfast Bagel</p>	<p>23</p> <p>Chicken Sausage & Waffle Sandwich</p>	<p>24</p> <p>French Toast Sticks</p>
<p>27</p> <p>Beef Sausage & Cheese Bagel</p>	<p>28</p> <p>Chicken Sausage & Cheese-Stuffed Waffle</p>	<p>29</p> <p>Egg & Cheese Breakfast Bagel</p>	<p>30</p> <p>Chicken Sausage & Waffle Sandwich</p>	<p>31</p> 



Daily Fresh Fruit & Beverages

- Our daily fruit basket includes apples, oranges, pears, and bananas.
 - 100% orange juice available every day.
- Choose from skim white, skim chocolate, or lactose-free 1% milk.






Morning Mocha Wednesdays

Students, enjoy a mid-week treat: FREE Mocha Latte when you choose complete breakfast every Wednesday!

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Middle School Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Deli Fresh				
Double Smucker's Uncrustables	Raspberry Crumble Parfait	Cobb Entree Salad & Flatbread	Double Smucker's Uncrustables	Buffalo Chicken Wrap
Custom Creations				
Big Daddy's Cheese or Pepperoni Pizza	Beef & Cheese Nachos	Classic Charbroiled Cheeseburger	Cincy Chili Spaghetti & Oyster Crackers	Crispy Chicken Sandwich
Vegan Options				
Mediterranean Salad & Flatbread	Fiesta Black Bean Burrito	Vegan Chickenless Crispy Sandwich	Vegan Bolognese Spaghetti Pasta & Roll	Vegan Chickenless Nuggets & Roll
6 Teriyaki Chicken & Brown Rice	7 Spicy Boneless Wings & Mini Waffles	8 Cowboy Burger	9 Chicken Tenders & Mini Maple Waffles	10 Kielbasa on Pretzel Bun
13 Spicy Crispy Chicken Sandwich	14 Penne & Grilled Chicken Alfredo	15 Cheesy Italian Sampler with Marinara	16 Chicken Tenders & Mini Maple Waffles	17 Buffalo Chicken Dip & Tostito Chips
20 	21 Philly Cheesesteak	22 Los Cabos Beef Chile Burrito	23 Chicken Tenders & Mini Maple Waffles	24 Kielbasa on Pretzel Bun
27 Mandarin Chicken & Brown Rice Fortune Cookie	28 Spicy Boneless Wings	29 Classic Charbroiled Cheeseburger Tangerine Dragon Fruit Slush	30 Chicken Tenders & Mini Maple Waffles	31 
Fruits & Vegetables				
Chilled Applesauce Cup Cool Tropics Mango Peach Fruit Slush Apples, Oranges, Bananas, & Pears Steamed Broccoli Florets Crispy Crinkle Cut French Fries	Strawberry Fruit Cup Fruit Punch Apples, Oranges, Bananas, & Pears Bush's Taco Fiesta Black Beans Seasoned Sweet Potato Wedges Sidekicks Cherry Smooth 'n Good Slush	Peach Fruit Cup Berry Juicy Juice Apples, Oranges, Bananas, & Pears Southern-Cooked Green Beans Crunchy Celery Sidekicks Cherry Smooth 'n Good Slush	Mixed Berry Fruit Cup Fruit Punch Apples, Oranges, Bananas, & Pears Sweet Golden Corn Orange-Glazed Carrots Sidekicks Cherry Smooth 'n Good Slush	Fresh Apple Slices Cool Tropics Hula Cooler Fruit Juice Slush Apples, Oranges, Bananas, & Pears Creamy Tomato Soup Green Peas
Daily Fresh Fruit & Beverages		A la Carte Special	Harvest of the Week	
<ul style="list-style-type: none"> Build a salad at our Farm-to-School Garden Bar. Our fruit basket includes apples, oranges, pears, and bananas. Enjoy 100% orange juice and fruit-infused water at our Hydration Stations. <ul style="list-style-type: none"> Choose from skim white, skim chocolate, or lactose-free 1% milk. Each lunch includes an entrée, two fruits, two vegetables, and a choice of milk. 		 Add a Smucker's PB&J Uncrustable to your lunch for just \$1 when you choose a complete lunch!	January 6-10: Kiwi & Spinach January 13-17: Plums & Mushrooms January 20-24: Pineapple Chunks & Celery January 27-31: Clementines & Cauliflower	