



January
2025
K-12



Breakfast
Eden Central



NYS Apples

Monday	Tuesday	Wednesday	Thursday	Friday
Happy New Year				
2025				
6 Yogurt Cup And Muffin 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	7 Breakfast Burrito w/Ham 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	8 Pancake Sandwich w/Sausage 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	9 Cinnamon and Sugar Donut 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	10 Apple Frudel 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
13 Yogurt Cup And Muffin 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	14 8" Breakfast Burrito w/Sausage 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	15 Hot Ham & Cheese On Bun 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	16 Caramel Mini Cinni 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	17 Breakfast Pizza w/Sausage 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
20 	21 Mini Blueberry Waffles 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	22 Bagel Sandwich w/Sausage, Egg & Cheese 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	23 8" Breakfast Burrito w/Ham 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	24 Mini French Toast 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
27 Yogurt Cup And Muffin 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	28 Cinnamon Roll 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	29 Asian Lunar New Year No School Today PK-12	30 Mini Strawberry Creamy Cheese Bagel 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	31 Whole Grain Donut w/Icing 4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz

NYS LOCAL FOODS

*Upstate Farms
Milk, Yogurt, Sour Cream
Preston Farms
Assorted Varieties of Apples
Eden Valley Growers
Assorted Fruits & Vegetables
used in Meal Program highlighted in green

Breakfast Options Daily

*Daily Entrée-1 (2g) or

*Cereal 2oz (2G)

Yogurt Cup w/1G

Smoothie w/1g

Offered with all Breakfasts

*Whole Grain (WG) Entrees

*Daily Selection of

Fresh or Prepared Fruit

100% juice -1/2 cup

may take up to 1 cup

*NYS School



PAY FOR MEALS ONLINE
MySchoolBucks.com

If your student has a particular food allergy,
please contact the food service office @
(716)716-992-3623

Student \$0.00
Adult \$3.10