




NYS Apples
NYS Carrots
NYS Beets
NYS Butternut Squash

**January
2025**
6-12



Lunch
Middle & High School



Monday	Tuesday	Wednesday	Thursday	Friday
Happy New Year 2025				
			2 Cheese and Pepperoni Pizza BBQ Baked Beans 1/2c Steamed Broccoli 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	3 Chicken Tenders w/Garlic Pasta Glazed Carrots 1/2c 1C Romaine Lettuce=1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
6 Cheeseburger On Bun Potato Wedges 1/2c Vegetarian Beans 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	7 Nacho Grande w/Brown Rice Steamed Carrots 3/4c Mixed Vegetables 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	8 Spaghetti w/Meat Sauce and Bread Stick Grape Tomato Salad 1/2c Green Beans 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	9 Buffalo Chicken Pizza Corn 1/2c NY Steamed Beets 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	10 Macaroni & Cheese w/ Dinner Roll 1c Romaine = 1/2c Broccoli 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
13 Mozzarella Sticks w/Seasoned Rice Mixed Vegetables 1/2c Glazed Carrots 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz	14 Buffalo Chicken Finger Sub Steamed Corn 1/2c Black Beans 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	15 National Strawberry Ice Cream Day French Toast w/Syrup And Sausage Peas 1/2c Celery Sticks 1/2c Fresh or Prepared Fruit 1/2c Strawberry Cup Milk-8oz	16 Cheese and Pepperoni Pizza NYS Carrots 1/2c 1C Romaine Salad = 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	17 Twisted Alfredo Pasta Steamed Broccoli 1/2c Green Beans 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
20 	21 Sliced Beef Steak On Bun Broccoli 1/2c Green Beans 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	22 Turkey & Gravy w/Dinner Roll Mashed Potatoes 1/2c Sweet Corn 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	23 Cheese and Pepperoni Pizza NYS Carrots 3/4c 1C Romaine Salad = 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	24 Toasted Cheese Sandwich w/Tomato Soup Roasted Potatoes 1/2c Steamed Carrots 1/2c Sweet Corn 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
27 Chicken Pattie On Bun Vegetarian Beans 1/2c Broccoli 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	28 10" Soft Shell Burrito Cauliflower 1/2c Steamed Corn 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	29 Asian Lunar New Year No School Today PK-12	30 Cheese and Pepperoni Pizza Green Beans 1/2c Butternut Squash 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	31 Sloppy Joe On Bun 1C Romaine Lettuce=1/2c Steamed Carrots 3/4c Fresh or Prepared Fruit 1/2c Milk-8oz

NYS LOCAL FOODS
*Upstate Farms
Milk, Yogurt, Sour Cream
Preston Farms
Assorted Varieties of Apples
Eden Valley Growers
Assorted Fruits & Vegetables
used in Meal Program
highlighted in green

The Following Entrees Served Daily:

Fresh Salads
(Includes Flatbread) 2M2G

Peanut Butter & Jelly Sandwich (2M2G)

Fruit & Yogurt Parfait
w/Flatbread(2M2G)

Offered daily with all School Lunches:

Fresh or Prepared Fruit
(Must take 1/2 cup of Fruit or Vegetable – may take up to 1 cup)

NY State 8oz 1% or Skim White Milk
Fat Free Chocolate Milk

MY SCHOOL BUCKS PAY FOR MEALS ONLINE
MySchoolBucks.com

If your son/daughter has a particular food allergy, please contact the food service office @ (716)992-3623

Student \$0.00
Adult \$5.05+tax