


**Willmar Middle School (6<sup>th</sup>-8<sup>th</sup>), Lake Park (6<sup>th</sup>-12<sup>th</sup>), and ALC (9<sup>th</sup>-12<sup>th</sup>)**

**January 2025 Lunch Menu**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
	<b>Offered Daily: Skim or Lowfat Chocolate Milk</b>	9 <sup>th</sup> – 12 <sup>th</sup> Grade Students are offered Additional Food Items.	<b>This Institution is an Equal Opportunity Provider</b>	<b>No School: January 1-3, 2025 Winter Break</b>
<b>New!</b> Jan 6 Cowboy Jack Burger on Wheat Bun with BBQ Sauce <b>or</b> Stuffed Crust Cheese Pizza Onion Rings Baby Whole Carrots and Celery Sticks Chilled Mixed Fruit Chilled Mandarin Orange Sections (9-12)	Jan 7 Chicken Fajita Meat with Shredded Cheese, Soft Shell, and Cilantro Lime Brown Rice <b>or</b> Cheese Quesadilla Pizza Steamed Black Beans Romaine Lettuce Fresh Whole Apple Chilled Diced Pears (9-12)	Jan 8 Mandarin Orange Chicken with Seasoned Brown Rice <b>or</b> Meatball Sub Sandwich on Homemade Sub Roll Garden Green Peas Baby Whole Carrots Petite Banana Chilled Applesauce (9-12)	Jan 9 Tator Tot Casserole with Dinner roll <b>or</b> BBQ Pork on Wheat Bun Crisp Caesar Salad with Dressing Fresh Cucumber Slices with Ranch Dip Chilled Peaches Chilled Pineapple Tidbits (9-12)	Jan 10 Pizza Crunchers with Sauce and Cheese <b>or</b> Chicken Ranch Wrap Creamy Coleslaw Fresh California Blend Vegetables with Ranch Dip Fresh Fruit Selection Chilled Diced Pears (9-12)
Jan 13 Chicken Alfredo with Whole Grain Rotini Pasta and Garlic Toast <b>or</b> Hot Turkey and Cheese on Wheat Bun <b>or</b> Domino's Pizza (ALC Only) Steamed Broccoli Baby Whole Carrots Chilled Diced Pears Chilled Strawberry Slices (9-12)	<b>New!</b> Jan 14 Chicken Enchilada Casserole with Cilantro Lime Brown Rice <b>or</b> Cheese Quesadilla Pizza with Romaine Lettuce Steamed Black Beans Chilled Mandarin Orange Sections Chilled Diced Peaches (9-12)	Jan 15 Sloppy Joe on Wheat Bun <b>or</b> Stuffed Crust Cheese Pizza Seasoned Green Beans Baby Whole Carrots Fresh Whole Apple Chilled Mixed Fruit (9-12)	Jan 16 <b>Kick'n Chicken:</b> Popcorn Chicken with Chicken Gravy <b>or</b> Yogurt Parfait with Sunflower Seeds Whole Grain Buttermilk Biscuit Mashed Potatoes Golden Whole Kernel Corn Red Grape Cluster Chilled Diced Pears (9-12)	Jan 17 Pepperoni <b>or</b> Cheese Domino's Pizza <b>or</b> Individual Round Cheese Pizza (Lake Park Only) <b>or</b> Buffalo Chicken Wrap Crinkle Cut Carrots Fresh California Blend Vegetables with Ranch Dip Fresh Fruit Selection Chilled Applesauce (9-12)
Jan 20 <b>No School</b>  <b>Please note: First Entrée Listed = Main Choice; Second Entrée Listed = Alternate Choice</b>  <b>Menu Subject to Product Availability</b>	Jan 21 <b>Farm to School Day!</b> Minnesota Beef Hot Dog on Whole Grain Bun <b>or</b> Honey BBQ Chicken Sandwich Baked Beans Creamy Coleslaw Red Grape Cluster Chilled Diced Pears (9-12)	Jan 22 <b>Orange You Glad Day:</b> Boneless Chicken Wings Sauce Selection Seasoned Brown and Wild Rice Blend <b>or</b> Stuffed Crust Cheese Pizza Crinkle Cut Carrots Fresh Yam Sticks with Ranch Dip Orange Smiles Chilled Applesauce (9-12)	Jan 23 <b>Taste of Italy:</b> Italian Meat Sauce with Whole Grain Rotini Pasta and Garlic Toast <b>or</b> Yogurt Parfait with Sunflower Seeds and Sliced Whole Wheat Bread Golden Whole Kernel Corn Fresh Cucumber Slices with Ranch Dip Petite Banana Chilled Mixed Fruit (9-12)	Jan 24 <b>Brunch for Lunch:</b> Whole Grain French Toast Sticks with Maple Syrup and Colby Cheese Omelet <b>or</b> Chicken Caesar Wrap Batter Bites Fresh California Blend Vegetables with Ranch Dip Fresh Fruit Selection Chilled Mandarin Orange Sections (9-12)
Jan 27 Ground Beef Stroganoff with Whole Grain Rotini Pasta and Whole Wheat Bread Stick <b>or</b> Buffalo Chicken Pizza Crinkle Cut Carrots Garden Green Salad with Lite Ranch Dressing Fresh Whole Apple Chilled Mixed Fruit (9-12)	<b>New!</b> Jan 28 Bean & Cheese Pupusas <b>or</b> Chicken Quesadilla Pizza Steamed Black Beans Curtido Slaw Light Sour Cream, Salsa Orange Smiles Chilled Pineapple Tidbits (9-12)	Jan 29 Honey Garlic Glazed Popcorn Chicken with Seasoned Brown Rice <b>or</b> Chicken Patty on a Wheat Bun Spinach Salad Fresh Mini Sweet Peppers Chilled Berry Blend Chilled Sliced Pears (9-12)	Jan 30 Homemade Lasagna with Garlic Toast <b>or</b> Whole Grain Breaded Chicken Sandwich Golden Whole Kernel Corn Celery Sticks with Ranch Dip Red Grape Clusters Chilled Applesauce (9-12)	Jan 31 French Bread Garlic Cheese Pizza with Italian Dipping Sauce <b>or</b> Turkey Ranch Wrap Steamed Broccoli Fresh California Blend Vegetables with Ranch Dip Fresh Fruit Selection Chilled Mixed Fruit (9-12)

**Allergy Information: The menus may contain one or more of the following ingredients:  
milk, eggs, soy, wheat, peanuts, or tree nuts  
Deli Meat is sliced lowfat turkey breast or turkey ham**

