



January 2025

HIGH SCHOOL

BREAKFAST MENU

MON	TUES	WED	THURS	FRI
<p><i>Meal Applications can be filled out anytime during the school year visit www.Chclc.org</i> <i>Breakfast \$2.10</i> <i>Lunch \$3.35</i></p>		1 School Closed	2 Cherry Frudel	3 Apple Cinnamon Muffin Week 4
6 School Closed	7 Maple Madness Waffle	8 Mini Confetti Pancakes	9 Cinnamon Toast Crunch Breakfast Pocket	10 Cheese Omelet Week 5
13 Trix Frech Toast	14 Blueberry Breakfast Bread	15 Apple Cinnamon Muffin	16 French Toast Sticks	17 Egg & Turkey Sausage Burrito Week 1
20 School Closed	21 Eggoji (Eggo) Waffle	22 Strawberry Cream Cheese Frudel	23 Banana Breakfast Bread	24 Dutch Waffle Week 2
27 French Toast Benefit Bar	28 Strawberry Cream Cheese Frudel	29 School Closed	30 Mini Confetti Pancakes	31 Turkey Sausage Pancake Wrap (on a stick) Week 3

Daily Additional Options:

- Assorted WG Cereals
- Assorted WG Pop Tarts
- Low-fat Yogurt
- Breakfast Sandwich on WG Bagel:
 - Egg & Cheese
 - Egg, Chicken Sausage & Cheese
- Fresh Fruit and Juice

*** Menus are subject to change based on product availability**

WG = Whole Grain

Please advise your school nurse of any Food Allergies

For any questions or concerns, contact the Aramark Food Service office at 856-424-2316



This menu ensures students receive a balanced meal from all the major food groups: Dairy, Grain, Fruit, Vegetables, and Protein. It offers a variety of high-quality ingredients and flavors, eliminates added trans fats, and limits sugars and sodium. The menu also features brand-name foods that are specifically formulated for k-12 student nutrition, including whole grain rich bread and grain products for added fiber and other essential nutrients.